

IV Koszaliński Bieg Sylwestrowy

Miejsce: KOSZALIN - 2012-12-29

Organizator: TKKF KOSZALIN

CENTRUM KULTURY 105
W KOSZALINIE

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| Miejsce Open | Numer | Nazwisko | Imię | Płeć | Miejsce płeć M / K | Kategoria | Miejsce kat. M / K | Miejscowość | Klub | DYSTANS | Wynik | km/h | min/km | Międzyczas 1 | Międzyczas 2 | Międzyczas 3 | Międzyczas 4 |
|--------------|-------|--------------|------------|------|--------------------|-----------|--------------------|--------------------------------|------------------------------|---------|----------------|--------------|----------------|--------------|--------------|--------------|--------------|
| 1 | 75 | CICHOCKI | JAROSŁAW | M | 1 | M 40-49 | | BIĄŁOGARD | BIĄŁOGARD | 5 | 0:17:19 | 17,32 [km/h] | 03:28 [min/km] | 0:03:20 | 0:06:46 | 0:10:17 | 0:13:50 |
| 2 | 68 | ZABORSKI | RYSZARD | M | 2 | M 40-49 | | KOSZALIN | TKKF KOSZALIN KLUB BIEGACZA | 5 | 0:18:13 | 16,47 [km/h] | 03:39 [min/km] | 0:03:33 | 0:07:08 | 0:10:47 | 0:14:30 |
| 3 | 98 | WENT | JAKUB | M | 3 | M 30-39 | | ŁEBA | ZĄLOGANT KUTRA ŁEB-31 | 5 | 0:18:31 | 16,20 [km/h] | 03:42 [min/km] | 0:03:39 | 0:07:25 | 0:11:13 | 0:15:00 |
| 4 | 125 | ANTOSIK | GRZEGORZ | M | 4 | M 30-39 | 1 | POSTOMINO | KB BRYZA POSTOMINO | 5 | 0:18:33 | 16,17 [km/h] | 03:43 [min/km] | 0:03:35 | 0:07:16 | 0:11:08 | 0:14:59 |
| 5 | 95 | ZIENKIEWICZ | WOJCIECH | M | 5 | M 20-29 | 1 | TYCHOWO | GRAF BOKÓWKO | 5 | 0:18:53 | 15,89 [km/h] | 03:47 [min/km] | 0:03:37 | 0:07:25 | 0:11:14 | 0:15:01 |
| 6 | 92 | ZAWADZKI | PIOTR | M | 6 | M 30-39 | 2 | POZNAŃ | 0 | 5 | 0:19:34 | 15,33 [km/h] | 03:55 [min/km] | 0:03:41 | 0:07:42 | 0:11:44 | 0:15:45 |
| 7 | 77 | WITKIEWICZ | ERYK | M | 7 | M 30-39 | 3 | BIĄŁOGARD | BIĄŁOGARD | 5 | 0:19:35 | 15,32 [km/h] | 03:55 [min/km] | 0:03:47 | 0:07:45 | 0:11:43 | 0:15:45 |
| 8 | 63 | BIEDRZYCKI | ANDRZEJ | M | 8 | M 50-59 | 1 | KOŁOBRZEG/STARY BOREK | OSP STARY BOREK | 5 | 0:19:45 | 15,19 [km/h] | 03:57 [min/km] | 0:03:50 | 0:07:46 | 0:11:49 | 0:15:51 |
| 9 | 73 | WĘGŁOWSKI | ARKADIUSZ | M | 9 | M 40-49 | 1 | KOŁOBRZEG | KB WYGAN | 5 | 0:19:48 | 15,15 [km/h] | 03:58 [min/km] | 0:03:50 | 0:07:45 | 0:11:48 | 0:15:51 |
| 10 | 87 | KAWECKI | JÓZEF | M | 10 | M 50-59 | 2 | WRZEŚNICA | 0 | 5 | 0:19:52 | 15,10 [km/h] | 03:58 [min/km] | 0:03:55 | 0:07:57 | 0:11:57 | 0:15:58 |
| 11 | 70 | MARCINIAK | WITOLD | M | 11 | M 40-49 | 2 | POZNAŃ | | 5 | 0:20:16 | 14,80 [km/h] | 04:03 [min/km] | 0:03:56 | 0:07:56 | 0:12:03 | 0:16:13 |
| 12 | 138 | KORZENIOWSKI | SYLWESTER | M | 12 | M 30-39 | 4 | ŚWIELINO | PIWNICZANKA ŚWIELINO JW 1223 | 5 | 0:20:23 | 14,72 [km/h] | 04:05 [min/km] | 0:03:54 | 0:07:59 | 0:12:10 | 0:16:20 |
| 13 | 9 | RADLIŃSKI | LEOPOLD | M | 13 | M 40-49 | 3 | KOSZALIN | PUPIL KOSZALIN | 5 | 0:20:32 | 14,61 [km/h] | 04:06 [min/km] | 0:04:02 | 0:08:09 | 0:12:21 | 0:16:30 |
| 14 | 131 | GOZLIŃSKI | TADEUSZ | M | 14 | M 50-59 | 3 | ŚWIDWIN | 0 | 5 | 0:20:32 | 14,61 [km/h] | 04:06 [min/km] | 0:03:50 | 0:07:54 | 0:12:06 | 0:16:21 |
| 15 | 110 | MUSIAŁ | KRZYSZTOF | M | 15 | M 30-39 | 5 | KOSZALIN | TKKF KOSZALIN | 5 | 0:20:43 | 14,48 [km/h] | 04:09 [min/km] | 0:04:05 | 0:08:11 | 0:12:22 | 0:16:38 |
| 16 | 57 | KRAWCZYK | MATEUSZ | M | 16 | M 20-29 | 2 | LABĘDZE K. DRAWSKA POMORSKIEGO | 0 | 5 | 0:20:45 | 14,46 [km/h] | 04:09 [min/km] | 0:03:54 | 0:08:04 | 0:12:23 | 0:16:44 |
| 17 | 44 | SZYMCZAK | HENRYK | M | 17 | M 40-49 | 4 | SŁONINO | | 5 | 0:20:54 | 14,35 [km/h] | 04:11 [min/km] | 0:04:03 | 0:08:16 | 0:12:30 | 0:16:46 |
| 18 | 17 | ZELEK | JAN | M | 18 | M 50-59 | 4 | KOSZALIN | TKKF KOSZALIN | 5 | 0:20:55 | 14,34 [km/h] | 04:11 [min/km] | 0:04:05 | 0:08:16 | 0:12:27 | 0:16:43 |
| 19 | 90 | OSTROWSKI | MARIAN | M | 19 | M 50-59 | 5 | ZŁOCIENIEC | | 5 | 0:21:07 | 14,21 [km/h] | 04:13 [min/km] | 0:04:03 | 0:08:16 | 0:12:32 | 0:16:51 |
| 20 | 117 | POCHARNOWICZ | ALEKSANDRA | K | 1 | M 20-29 | | BIĄŁY BÓR | AZS UG | 5 | 0:21:08 | 14,20 [km/h] | 04:14 [min/km] | 0:04:10 | 0:08:24 | 0:12:40 | 0:17:02 |
| 21 | 149 | PEC | MAREK | M | 20 | M 40-49 | 5 | KOSZALIN | 0 | 5 | 0:21:08 | 14,20 [km/h] | 04:14 [min/km] | 0:03:58 | 0:08:16 | 0:12:39 | 0:17:02 |
| 22 | 7 | WITKOWSKI | MATEUSZ | M | 21 | M 0-19 | 1 | KOSZALIN | | 5 | 0:21:15 | 14,12 [km/h] | 04:15 [min/km] | 0:04:09 | 0:08:24 | 0:12:40 | 0:17:02 |
| 23 | 100 | ŻMUDA | TOMASZ | M | 22 | M 30-39 | 6 | KOŁOBRZEG/SARBIA | CW FANZA KOŁOBRZEG | 5 | 0:21:15 | 14,12 [km/h] | 04:15 [min/km] | 0:04:11 | 0:08:34 | 0:12:53 | 0:17:11 |
| 24 | 97 | WĄSICKI | JACEK | M | 23 | M 30-39 | 7 | SŁUPSK | STOPA/BBL SŁUPSK | 5 | 0:21:17 | 14,10 [km/h] | 04:15 [min/km] | 0:03:59 | 0:08:12 | 0:12:31 | 0:16:52 |
| 25 | 137 | RAMIĄCZEK | JACEK | M | 24 | M 40-49 | 6 | ŚWIELINO | PIWNICZANKA ŚWIELINO | 5 | 0:21:20 | 14,06 [km/h] | 04:16 [min/km] | 0:04:09 | 0:08:25 | 0:12:44 | 0:17:04 |
| 26 | 23 | TCHÓRZEWSKI | MAREK | M | 25 | M 40-49 | 7 | KOSZALIN | TKKF KOSZALIN | 5 | 0:21:21 | 14,05 [km/h] | 04:16 [min/km] | 0:04:12 | 0:08:25 | 0:12:41 | 0:17:04 |
| 27 | 105 | ZBOIŃSKI | WOJCIECH | M | 26 | M 40-49 | 8 | KOSZALIN | | 5 | 0:21:41 | 13,84 [km/h] | 04:20 [min/km] | 0:04:13 | 0:08:35 | 0:12:57 | 0:17:22 |
| 28 | 58 | MILEWSKI | PAWEŁ | M | 27 | M 20-29 | 3 | KOSZALIN | 0 | 5 | 0:21:45 | 13,79 [km/h] | 04:21 [min/km] | 0:04:15 | 0:08:35 | 0:13:00 | 0:17:31 |
| 29 | 96 | BRYŁA | JAKUB | M | 28 | M 30-39 | 8 | WARSZAWA | LEGIA WARSZAWA | 5 | 0:21:49 | 13,75 [km/h] | 04:22 [min/km] | 0:03:54 | 0:08:15 | 0:12:45 | 0:17:24 |
| 30 | 21 | GRZEGORY | MAREK | M | 29 | M 20-29 | 4 | WŁADYSŁAWOWO | 0 | 5 | 0:21:50 | 13,74 [km/h] | 04:22 [min/km] | 0:04:22 | 0:08:37 | 0:12:56 | 0:17:29 |
| 31 | 2 | ŻMIJOWSKI | PIOTR | M | 30 | M 30-39 | 9 | KOSZALIN | 0 | 5 | 0:21:50 | 13,74 [km/h] | 04:22 [min/km] | 0:04:34 | 0:09:06 | 0:13:30 | 0:17:48 |

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| Miejsce Open | Numer | Nazwisko | Imię | Płeć | Miejsce płeć M / K | Kategoria | Miejsce kat. M / K | Miejscowość | Klub | DYSTANS | Wynik | km/h | min/km | Międzyczas 1 | Międzyczas 2 | Międzyczas 3 | Międzyczas 4 |
|--------------|-------|----------------|-----------|------|--------------------|-----------|--------------------|-------------------|---|---------|---------|--------------|----------------|--------------|--------------|--------------|--------------|
| 32 | 122 | KASZTELAN | WŁADYSŁAW | M | 31 | M 30-39 | 10 | KOSZALIN | TRIATHLON KOSZALIN | 5 | 0:21:54 | 13,70 [km/h] | 04:23 [min/km] | 0:04:29 | 0:08:44 | 0:13:07 | 0:17:34 |
| 33 | 51 | KONDRACIUK | PIOTR | M | 32 | M 30-39 | 11 | KOSZALIN | 0 | 5 | 0:21:57 | 13,67 [km/h] | 04:23 [min/km] | 0:04:05 | 0:08:25 | 0:12:56 | 0:17:30 |
| 34 | 42 | GĄSECKI | TOMASZ | M | 33 | M 40-49 | 9 | MASZKOWO | 0 | 5 | 0:22:08 | 13,55 [km/h] | 04:26 [min/km] | 0:04:19 | 0:08:32 | 0:12:54 | 0:17:28 |
| 35 | 140 | SKORUPSKI | ROBERT | M | 34 | M 30-39 | 12 | SŁUPSK | BBL/STOPA SŁUPSK | 5 | 0:22:10 | 13,53 [km/h] | 04:26 [min/km] | 0:04:12 | 0:08:42 | 0:13:12 | 0:17:48 |
| 36 | 78 | ZWOLINSKI | JAN | M | 35 | M 40-49 | 10 | SIANÓW | TKKF | 5 | 0:22:11 | 13,52 [km/h] | 04:26 [min/km] | 0:04:23 | 0:08:50 | 0:13:16 | 0:17:49 |
| 37 | 76 | WITKIEWICZ | MAGDALENA | K | 2 | M 30-39 | | BIAŁOGARD | BIAŁOGARD | 5 | 0:22:15 | 13,48 [km/h] | 04:27 [min/km] | 0:04:16 | 0:08:42 | 0:13:12 | 0:17:44 |
| 38 | 89 | GAWROŃSKI | BARTOSZ | M | 36 | M 20-29 | 5 | KOSZALIN | 0 | 5 | 0:22:20 | 13,43 [km/h] | 04:28 [min/km] | 0:04:01 | 0:08:28 | 0:13:06 | 0:17:47 |
| 39 | 43 | SZOPIŃSKI | TOMASZ | M | 37 | M 20-29 | 6 | NACMIERZ | KB BRYZA POSTOMINO | 5 | 0:22:24 | 13,39 [km/h] | 04:29 [min/km] | 0:04:28 | 0:08:52 | 0:13:20 | 0:17:55 |
| 40 | 83 | BARNAŚ | KRZYSZTOF | M | 38 | M 30-39 | 13 | MALBORK | GRUPA MALBORK | 5 | 0:22:28 | 13,35 [km/h] | 04:30 [min/km] | 0:04:21 | 0:08:52 | 0:13:28 | 0:18:04 |
| 41 | 62 | KĘPKA | ADRIAN | M | 39 | M 0-19 | 2 | DARŁOWO | 0 | 5 | 0:22:31 | 13,32 [km/h] | 04:30 [min/km] | 0:04:04 | 0:08:33 | 0:13:12 | 0:17:59 |
| 42 | 101 | KALOCIŃSKI | KRZYSZTOF | M | 40 | M 30-39 | 14 | KOSZALIN | TKKF KOSZALIN | 5 | 0:22:35 | 13,28 [km/h] | 04:31 [min/km] | 0:04:34 | 0:08:59 | 0:13:35 | 0:18:09 |
| 43 | 46 | ROSIŃSKI | MICHAŁ | M | 41 | M 20-29 | 7 | CHELMNO NAD WIŚLĄ | TORUŃSKI KLUB SPORTU OSÓB NIEPEŁNOSPRAWNYCH | 5 | 0:22:37 | 13,26 [km/h] | 04:31 [min/km] | 0:04:33 | 0:08:58 | 0:13:35 | 0:18:17 |
| 44 | 91 | BARTKOWIAK | JANUSZ | M | 42 | M 0-19 | 3 | POŁCZYŃ-ZDRÓJ | LICEUM WOJSKOWE W GOŚCINIE | 5 | 0:22:38 | 13,25 [km/h] | 04:32 [min/km] | 0:04:19 | 0:08:49 | 0:13:27 | 0:18:07 |
| 45 | 1 | BARANOWSKI | PIOTR | M | 43 | M 30-39 | 15 | KOSZALIN | 0 | 5 | 0:22:39 | 13,25 [km/h] | 04:32 [min/km] | 0:04:34 | 0:09:05 | 0:13:37 | 0:18:09 |
| 46 | 121 | CHOLCHA | SŁAWOMIR | M | 44 | M 40-49 | 11 | LĘBORK | 0 | 5 | 0:22:44 | 13,20 [km/h] | 04:33 [min/km] | 0:04:13 | 0:08:51 | 0:13:37 | 0:18:23 |
| 47 | 37 | ALEKSANDROWICZ | BARTOSZ | M | 45 | M 20-29 | 8 | GNIEZNO | DRUŻYNA SZPIKU | 5 | 0:22:45 | 13,19 [km/h] | 04:33 [min/km] | 0:04:21 | 0:08:51 | 0:13:27 | 0:18:08 |
| 48 | 126 | GOITOWSKI | MICHAŁ | M | 46 | M 30-39 | 16 | LĘBORK | | 5 | 0:22:47 | 13,17 [km/h] | 04:33 [min/km] | 0:04:10 | 0:08:48 | 0:13:35 | 0:18:23 |
| 49 | 99 | SKRZYBALSKI | KAMIL | M | 47 | M 20-29 | 9 | ŁEBA | SOLO RUNNER ŁEBA | 5 | 0:22:52 | 13,12 [km/h] | 04:34 [min/km] | 0:04:20 | 0:08:47 | 0:13:29 | 0:18:17 |
| 50 | 82 | WOJCIECHOWICZ | JACEK | M | 48 | M 30-39 | 17 | KOSZALIN | | 5 | 0:22:53 | 13,11 [km/h] | 04:35 [min/km] | 0:04:35 | 0:09:06 | 0:13:37 | 0:18:12 |
| 51 | 103 | ATAŁAP | ARTUR | M | 49 | M 40-49 | 12 | KOSZALIN | 0 | 5 | 0:22:57 | 13,07 [km/h] | 04:35 [min/km] | 0:04:23 | 0:08:57 | 0:13:35 | 0:18:15 |
| 52 | 4 | TOMCZAK | MAREK | M | 50 | M 30-39 | 18 | KOSZALIN | 0 | 5 | 0:23:08 | 12,97 [km/h] | 04:38 [min/km] | 0:04:35 | 0:09:08 | 0:13:48 | 0:18:34 |
| 53 | 128 | JURKIEWICZ | MARIUSZ | M | 51 | M 40-49 | 13 | ŚWIDWIN | JW 3294 - ŚWIDWIN | 5 | 0:23:10 | 12,95 [km/h] | 04:38 [min/km] | 0:04:22 | 0:08:56 | 0:13:42 | 0:18:30 |
| 54 | 111 | ECKERT | ZBIGNIEW | M | 52 | M 40-49 | 14 | SZCZECINEK | 0 | 5 | 0:23:12 | 12,93 [km/h] | 04:38 [min/km] | 0:04:09 | 0:09:14 | 0:13:48 | 0:18:27 |
| 55 | 93 | TRĘBACZ | MARIUSZ | M | 53 | M 30-39 | 19 | KOSZALIN | NAWRÓCENI KOSZALIN | 5 | 0:23:20 | 12,86 [km/h] | 04:40 [min/km] | 0:04:40 | 0:09:17 | 0:13:56 | 0:18:41 |
| 56 | 144 | ŻMIEJKO | ŁUKASZ | M | 54 | M 20-29 | 10 | KOSZALIN | JS-1373 | 5 | 0:23:25 | 12,81 [km/h] | 04:41 [min/km] | 0:04:35 | 0:09:11 | 0:13:57 | 0:18:48 |
| 57 | 20 | KIERKOSZ | MAREK | M | 55 | M 40-49 | 15 | KOSZALIN | TKKF KOSZALIN | 5 | 0:23:35 | 12,72 [km/h] | 04:43 [min/km] | 0:04:53 | 0:09:33 | 0:14:14 | 0:18:57 |
| 58 | 66 | WYGANOWSKI | ANDRZEJ | M | 56 | M 60-69 | 1 | KOŁOBRZEG | KB WYGAN | 5 | 0:23:36 | 12,71 [km/h] | 04:43 [min/km] | 0:04:39 | 0:09:28 | 0:14:16 | 0:19:03 |
| 59 | 61 | KOKOT | MARCIN | M | 57 | M 30-39 | 20 | KOSZALIN | | 5 | 0:23:47 | 12,61 [km/h] | 04:45 [min/km] | 0:04:43 | 0:09:28 | 0:14:17 | 0:19:07 |
| 60 | 129 | GROCHOWALSKI | RAFAŁ | M | 58 | M 30-39 | 21 | ŚWIDWIN | 0 | 5 | 0:23:55 | 12,54 [km/h] | 04:47 [min/km] | 0:04:27 | 0:09:10 | 0:14:03 | 0:19:02 |
| 61 | 143 | CZUCZAK | TOMASZ | M | 59 | M 30-39 | 22 | KOSZALIN | 0 | 5 | 0:24:02 | 12,48 [km/h] | 04:48 [min/km] | 0:04:34 | 0:09:08 | 0:13:58 | 0:19:02 |
| 62 | 136 | SEBASTIAN | BURZAK | M | 60 | M 40-49 | 16 | KOSZALIN | 0 | 5 | 0:24:03 | 12,47 [km/h] | 04:49 [min/km] | 0:04:38 | 0:09:25 | 0:14:19 | 0:19:17 |

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|--------------|-------|------------|------------|------|--------------------|-----------|--------------------|-------------------|--|---------|----------------|--------------|----------------|--------------|--------------|--------------|--------------|
| 63 | 114 | JACKOWIAK | PAWEŁ | M | 61 | M 20-29 | 11 | NOWOGARD | NOWOGARD | 5 | 0:24:09 | 12,42 [km/h] | 04:50 [min/km] | 0:05:01 | 0:09:52 | 0:14:40 | 0:19:29 |
| 64 | 152 | APANOWICZ | RADOSŁAW | M | 62 | M 30-39 | 23 | KOSZALIN | | 5 | 0:24:11 | 12,41 [km/h] | 04:50 [min/km] | 0:04:59 | 0:09:44 | 0:14:41 | 0:19:38 |
| 65 | 108 | SUSZKO | JUSTYNA | K | 3 | M 20-29 | | KOSZALIN | 0 | 5 | 0:24:11 | 12,41 [km/h] | 04:50 [min/km] | 0:04:53 | 0:09:44 | 0:14:42 | 0:19:38 |
| 66 | 146 | BUZANOWSKI | PRZEMYSŁAW | M | 63 | M 30-39 | 24 | SŁUPSK | 0 | 5 | 0:24:15 | 12,37 [km/h] | 04:51 [min/km] | 0:04:55 | 0:09:40 | 0:14:31 | 0:19:29 |
| 67 | 18 | JAROSZ | JAKUB | M | 64 | M 0-19 | 4 | SUCHA KOSZALIŃSKA | TKKF KOSZALIN | 5 | 0:24:17 | 12,35 [km/h] | 04:51 [min/km] | 0:04:22 | 0:09:07 | 0:14:10 | 0:19:29 |
| 68 | 25 | PETRYCKI | KRZYSZTOF | M | 65 | M 20-29 | 12 | KOSZALIN | 0 | 5 | 0:24:18 | 12,35 [km/h] | 04:52 [min/km] | 0:04:41 | 0:09:22 | 0:14:23 | 0:19:33 |
| 69 | 84 | SOKÓŁ | PAWEŁ | M | 66 | M 0-19 | 5 | MIASTKO | ZSOIT MIASTKO | 5 | 0:24:21 | 12,32 [km/h] | 04:52 [min/km] | 0:04:35 | 0:09:20 | 0:14:22 | 0:19:39 |
| 70 | 153 | DZIETCZYK | KAMIL | M | 67 | M 20-29 | 13 | KOSZALIN | NIEZRZESZONY | 5 | 0:24:25 | 12,29 [km/h] | 04:53 [min/km] | 0:04:51 | 0:09:46 | 0:14:42 | 0:19:40 |
| 71 | 64 | CHWALEBA | JAN | M | 68 | M 50-59 | 6 | KOSZALIN | JW 1223 | 5 | 0:24:26 | 12,28 [km/h] | 04:53 [min/km] | 0:05:04 | 0:09:57 | 0:14:51 | 0:19:46 |
| 72 | 59 | GIEMZA | BARTEK | M | 69 | M 30-39 | 25 | KOSZALIN | | 5 | 0:24:29 | 12,25 [km/h] | 04:54 [min/km] | 0:04:45 | 0:09:33 | 0:14:28 | 0:19:30 |
| 73 | 115 | ADAMCZAK | ANDRZEJ | M | 70 | M 50-59 | 7 | KOSZALIN | TRIATHLON TKKF KOSZALIN | 5 | 0:24:43 | 12,14 [km/h] | 04:57 [min/km] | 0:05:06 | 0:10:04 | 0:15:02 | 0:19:56 |
| 74 | 56 | LANGNER | ZBIGNIEW | M | 71 | M 40-49 | 17 | KOSZALIN | | 5 | 0:24:51 | 12,07 [km/h] | 04:58 [min/km] | 0:04:20 | 0:09:26 | 0:14:37 | 0:19:49 |
| 75 | 85 | WALCZAK | MARCIN | M | 72 | M 20-29 | 14 | KOSZALIN | :) | 5 | 0:24:52 | 12,06 [km/h] | 04:58 [min/km] | 0:04:44 | 0:09:46 | 0:14:54 | 0:19:58 |
| 76 | 79 | PERESKOCA | RENATA | K | 4 | M 20-29 | | KAISERSLAUTERN | 0 | 5 | 0:24:54 | 12,05 [km/h] | 04:59 [min/km] | 0:04:41 | 0:09:41 | 0:14:44 | 0:19:56 |
| 77 | 74 | MICHALSKI | JAKUB | M | 73 | M 30-39 | 26 | KOSZALIN | NOCNA ŚCIEMA | 5 | 0:24:54 | 12,05 [km/h] | 04:59 [min/km] | 0:05:09 | 0:10:09 | 0:15:08 | 0:20:11 |
| 78 | 88 | BYSZEWSKI | ARKADIUSZ | M | 74 | M 20-29 | 15 | SŁAWNO | 0 | 5 | 0:24:55 | 12,04 [km/h] | 04:59 [min/km] | 0:04:40 | 0:09:32 | 0:14:38 | 0:19:50 |
| 79 | 53 | BAKOWSKI | ŁUKASZ | M | 75 | M 30-39 | 27 | KOSZALIN | JA TYLKO PO MEDAL :) | 5 | 0:24:59 | 12,01 [km/h] | 05:00 [min/km] | 0:05:07 | 0:10:05 | 0:15:05 | 0:20:10 |
| 80 | 15 | KUBIAK | KAROLINA | K | 5 | M 30-39 | | WEJHEROWO | 0 | 5 | 0:25:00 | 12,00 [km/h] | 05:00 [min/km] | 0:04:43 | 0:09:50 | 0:15:01 | 0:20:09 |
| 81 | 104 | GRZYBOWSKI | MARCIN | M | 76 | M 30-39 | 28 | KOSZALIN | | 5 | 0:25:01 | 11,99 [km/h] | 05:00 [min/km] | 0:04:55 | 0:10:02 | 0:15:14 | 0:20:17 |
| 82 | 60 | ŚNIEŻEWSKA | KAROLINA | K | 6 | M 20-29 | | KOSZALIN | UNIWERSYTET IM. MIKOŁAJA KOPERNIKA W TORUNIU | 5 | 0:25:02 | 11,98 [km/h] | 05:00 [min/km] | 0:04:32 | 0:09:35 | 0:14:44 | 0:19:54 |
| 83 | 109 | SUSZKO | TOMASZ | M | 77 | M 50-59 | 8 | KOSZALIN | 0 | 5 | 0:25:05 | 11,96 [km/h] | 05:01 [min/km] | 0:05:01 | 0:10:03 | 0:15:07 | 0:20:11 |
| 84 | 33 | KOZAK | PAWEŁ | M | 78 | M 0-19 | 6 | KOSZALIN | TKKF KOSZALIN | 5 | 0:25:09 | 11,93 [km/h] | 05:02 [min/km] | 0:05:04 | 0:10:05 | 0:15:17 | 0:20:22 |
| 85 | 5 | ZWOLAK | ALEKSANDRA | K | 7 | M 20-29 | | KOSZALIN | 0 | 5 | 0:25:16 | 11,87 [km/h] | 05:03 [min/km] | 0:04:59 | 0:09:58 | 0:14:57 | 0:19:59 |
| 86 | 28 | KRASIŃSKI | WITOLD | M | 79 | M 30-39 | 29 | KOSZALIN | 0 | 5 | 0:25:19 | 11,85 [km/h] | 05:04 [min/km] | 0:05:06 | 0:10:13 | 0:15:19 | 0:20:27 |
| 87 | 116 | LIS | ŁUKASZ | M | 80 | M 20-29 | 16 | KOSZALIN | 0 | 5 | 0:25:21 | 11,83 [km/h] | 05:04 [min/km] | 0:05:03 | 0:10:05 | 0:15:16 | 0:20:25 |
| 88 | 147 | HURKO | ANDRZEJ | M | 81 | M 20-29 | 17 | SŁUPSK | 0 | 5 | 0:25:22 | 11,83 [km/h] | 05:04 [min/km] | 0:05:06 | 0:10:10 | 0:15:28 | 0:20:42 |
| 89 | 120 | ANTOSIK | MIKOŁAJ | M | 82 | M 0-19 | 7 | SŁAWNO | K S OLSZEWSKI I SYNOWIE SŁAWSKO | 5 | 0:25:27 | 11,79 [km/h] | 05:05 [min/km] | | | | |
| 90 | 119 | CHUDY | HENRYK | M | 83 | M 50-59 | 9 | SŁAWNO | K S OLSZEWSKI I SYNOWIE SŁAWSKO | 5 | 0:25:27 | 11,79 [km/h] | 05:05 [min/km] | 0:05:08 | 0:10:15 | 0:15:22 | 0:20:24 |
| 91 | 124 | ANTOSIK | GRAŻYNA | K | 8 | M 30-39 | | SŁAWNO | KS OLSZEWSKI I SYNOWIE SŁAWNO | 5 | 0:25:27 | 11,79 [km/h] | 05:05 [min/km] | 0:05:08 | 0:10:15 | 0:15:22 | 0:20:24 |
| 92 | 40 | SZTUBA | BARTŁOMIEJ | M | 84 | M 40-49 | 18 | KOSZALIN | | 5 | 0:25:33 | 11,74 [km/h] | 05:07 [min/km] | 0:04:39 | 0:09:47 | 0:15:07 | 0:20:27 |
| 93 | 134 | BUCZYŃSKI | MIROSLAW | M | 85 | M 30-39 | 30 | BIAŁOGARD | BEZ KLUBU | 5 | 0:25:33 | 11,74 [km/h] | 05:07 [min/km] | 0:05:00 | 0:10:19 | 0:15:20 | 0:20:38 |

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Miejsce: KOSZALIN - 2012-12-29

Organizator: TKKF KOSZALIN

CENTRUM KULTURY 105
W KOSZALINIE

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| Miejsce Open | Numer | Nazwisko | Imię | Płeć | Miejsce płeć M / K | Kategoria | Miejsce kat. M / K | Miejscowość | Klub | DYSTANS | Wynik | km/h | min/km | Międzyczas 1 | Międzyczas 2 | Międzyczas 3 | Międzyczas 4 |
|--------------|-------|--------------|-----------|------|--------------------|-----------|--------------------|---------------|-------------------------|---------|---------|--------------|----------------|--------------|--------------|--------------|--------------|
| 94 | 141 | KORZEC | ARTUR | M | 86 | M 30-39 | 31 | KOSZALIN | 0 | 5 | 0:25:39 | 11,70 [km/h] | 05:08 [min/km] | 0:04:49 | 0:09:58 | 0:15:11 | 0:20:29 |
| 95 | 30 | BARAŃSKI | BARTOSZ | M | 87 | M 20-29 | 18 | KOSZALIN | 0 | 5 | 0:25:42 | 11,67 [km/h] | 05:08 [min/km] | 0:04:56 | 0:10:00 | 0:15:17 | 0:20:36 |
| 96 | 19 | STANKIEWICZ | WIESŁAW | M | 88 | M 40-49 | 19 | KOSZALIN | 0 | 5 | 0:25:43 | 11,67 [km/h] | 05:09 [min/km] | 0:05:16 | 0:10:25 | 0:15:32 | 0:20:41 |
| 97 | 133 | SIKORA | TOMASZ | M | 89 | M 50-59 | 10 | ŚWIDWIN | 0 | 5 | 0:25:46 | 11,64 [km/h] | 05:09 [min/km] | 0:04:55 | 0:10:04 | 0:15:25 | 0:20:39 |
| 98 | 47 | KWIATKOWSKI | ARKADIUSZ | M | 90 | M 40-49 | 20 | KOSZALIN | NIEZRZESZONY | 5 | 0:25:51 | 11,61 [km/h] | 05:10 [min/km] | 0:04:47 | 0:09:52 | 0:15:11 | 0:20:33 |
| 99 | 72 | MAZUR | MIROŚLAW | M | 91 | M 40-49 | 21 | KOSZALIN | 0 | 5 | 0:25:55 | 11,58 [km/h] | 05:11 [min/km] | 0:05:28 | 0:10:38 | 0:15:43 | 0:20:50 |
| 100 | 41 | CHUDZIK | ZBIGNIEW | M | 92 | M 50-59 | 11 | STARE BIELICE | TKKF KOSZALIN | 5 | 0:25:56 | 11,57 [km/h] | 05:11 [min/km] | 0:04:58 | 0:10:14 | 0:15:29 | 0:20:47 |
| 101 | 10 | BOGACKI | TOMASZ | M | 93 | M 50-59 | 12 | KOSZALIN | TKKF KOSZALIN | 5 | 0:25:57 | 11,56 [km/h] | 05:11 [min/km] | 0:05:07 | 0:10:17 | 0:15:26 | 0:20:44 |
| 102 | 32 | PIETRZYCKI | ADRIAN | M | 94 | M 30-39 | 32 | KOSZALIN | 0 | 5 | 0:25:58 | 11,55 [km/h] | 05:12 [min/km] | 0:05:18 | 0:10:26 | 0:15:35 | 0:20:48 |
| 103 | 11 | MATEJKO | JACEK | M | 95 | M 30-39 | 33 | MŚCICE | 0 | 5 | 0:26:03 | 11,52 [km/h] | 05:13 [min/km] | 0:05:08 | 0:10:16 | 0:15:39 | 0:26:03 |
| 104 | 112 | ECKERT | KRYSTIAN | M | 96 | M 0-19 | 8 | SZCZECINEK | 0 | 5 | 0:26:06 | 11,49 [km/h] | 05:13 [min/km] | 0:05:26 | 0:10:41 | 0:15:53 | 0:21:13 |
| 105 | 29 | MOSIOLEK | PIOTR | M | 97 | M 30-39 | 34 | KOSZALIN | 0 | 5 | 0:26:09 | 11,47 [km/h] | 05:14 [min/km] | 0:05:07 | 0:10:13 | 0:15:28 | 0:20:49 |
| 106 | 151 | RETECKI | CEZARY | M | 98 | M 40-49 | 22 | KOSZALIN | 0 | 5 | 0:26:24 | 11,36 [km/h] | 05:17 [min/km] | 0:04:25 | 0:09:45 | 0:15:20 | 0:20:56 |
| 107 | 71 | BAUER | ADRIAN | M | 99 | M 20-29 | 19 | BIESIEKIERZ | 0 | 5 | 0:26:27 | 11,34 [km/h] | 05:17 [min/km] | 0:05:06 | 0:10:17 | 0:15:31 | 0:21:00 |
| 108 | 107 | BADĘŃSKI | TOM | M | 100 | M 50-59 | 13 | KOSZALIN | 0 | 5 | 0:26:31 | 11,31 [km/h] | 05:18 [min/km] | 0:05:02 | 0:10:11 | 0:15:26 | 0:21:06 |
| 109 | 69 | MARKOWSKI | ANDRZEJ | M | 101 | M 50-59 | 14 | KOSZALIN | TKKF KOSZALIN | 5 | 0:26:33 | 11,30 [km/h] | 05:19 [min/km] | 0:05:06 | 0:10:16 | 0:15:36 | 0:21:12 |
| 110 | 135 | BUCZYŃSKI | EUGENIUSZ | M | 102 | M 30-39 | 35 | BIAŁOGARD | BEZ KLUBU | 5 | 0:26:35 | 11,29 [km/h] | 05:19 [min/km] | 0:04:55 | 0:10:12 | 0:15:42 | 0:21:13 |
| 111 | 22 | CISKOWSKA | WERONIKA | K | 9 | M 0-19 | 9 | WŁADYSŁAWOWO | 0 | 5 | 0:26:40 | 11,25 [km/h] | 05:20 [min/km] | 0:04:53 | 0:10:14 | 0:15:43 | 0:21:19 |
| 112 | 34 | ŁOPIŃSKI | PIOTR | M | 103 | M 30-39 | 36 | DREZDENKO | 0 | 5 | 0:26:42 | 11,24 [km/h] | 05:20 [min/km] | 0:04:59 | 0:10:15 | 0:15:41 | 0:21:21 |
| 113 | 6 | JAKUBIAK | MARIUSZ | M | 104 | M 30-39 | 37 | KOSZALIN | 0 | 5 | 0:26:43 | 11,23 [km/h] | 05:21 [min/km] | 0:05:15 | 0:10:27 | 0:15:47 | 0:21:17 |
| 114 | 48 | PIĘTA | KACPER | M | 105 | M 0-19 | 10 | KOSZALIN | NIEZRZESZONY | 5 | 0:26:47 | 11,20 [km/h] | 05:21 [min/km] | 0:04:33 | 0:09:30 | 0:15:08 | 0:20:26 |
| 115 | 38 | KAROLAK | MACIEJ | M | 106 | M 40-49 | 23 | KOSZALIN | 0 | 5 | 0:26:47 | 11,20 [km/h] | 05:21 [min/km] | 0:05:05 | 0:10:18 | 0:15:43 | 0:21:19 |
| 116 | 150 | ZACHCIAŁ-PEC | JOANNA | K | 10 | M 40-49 | | KOSZALIN | 0 | 5 | 0:26:52 | 11,17 [km/h] | 05:22 [min/km] | 0:05:10 | 0:10:43 | 0:16:19 | 0:21:48 |
| 117 | 67 | RUDZIŃSKI | BRONISŁAW | M | 107 | M 50-59 | 15 | KOSZALIN | 0 | 5 | 0:26:54 | 11,15 [km/h] | 05:23 [min/km] | 0:05:14 | 0:10:41 | 0:16:11 | 0:21:40 |
| 118 | 55 | WOJCIESZONEK | REMIGIUSZ | M | 108 | M 30-39 | 38 | KOSZALIN | NIEZRZESZONY | 5 | 0:26:55 | 11,15 [km/h] | 05:23 [min/km] | 0:05:28 | 0:10:53 | 0:16:23 | 0:21:51 |
| 119 | 8 | RADLIŃSKA | ALICJA | K | 11 | M 40-49 | | KOSZALIN | PUPIL KOSZALIN | 5 | 0:26:55 | 11,15 [km/h] | 05:23 [min/km] | 0:05:10 | 0:10:43 | 0:16:20 | 0:21:48 |
| 120 | 39 | KUSYK | RENATA | K | 12 | M 30-39 | | KOSZALIN | 0 | 5 | 0:27:00 | 11,11 [km/h] | 05:24 [min/km] | 0:05:00 | 0:10:11 | 0:15:51 | 0:21:24 |
| 121 | 50 | HERRMANN | GRZEGORZ | M | 109 | M 40-49 | 24 | KOSZALIN | 0 | 5 | 0:27:13 | 11,02 [km/h] | 05:27 [min/km] | 0:05:15 | 0:10:38 | 0:16:10 | 0:21:48 |
| 122 | 102 | KONKEL | JOANNA | K | 13 | M 40-49 | | SŁAWNO | 0 | 5 | 0:27:16 | 11,00 [km/h] | 05:27 [min/km] | 0:05:29 | 0:10:53 | 0:16:23 | 0:21:51 |
| 123 | 14 | SKIBA | MAREK | M | 110 | M 30-39 | 39 | KOSZALIN | TRIATHLON TKKF KOSZALIN | 5 | 0:27:17 | 11,00 [km/h] | 05:27 [min/km] | 0:05:32 | 0:11:03 | 0:16:37 | 0:22:06 |
| 124 | 45 | ORZEŁ | ANNA | K | 14 | M 30-39 | | KOSZALIN | TKKF KOSZALIN | 5 | 0:27:22 | 10,96 [km/h] | 05:28 [min/km] | 0:04:52 | 0:10:25 | 0:16:19 | 0:22:15 |

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Miejsce: KOSZALIN - 2012-12-29

Organizator: TKKF KOSZALIN



| Miejsce Open | Numer | Nazwisko | Imię | Płeć | Miejsce płeć M / K | Kategoria | Miejsce kat. M / K | Miejscowość | Klub | DYSTANS | Wynik | km/h | min/km | Międzyczas 1 | Międzyczas 2 | Międzyczas 3 | Międzyczas 4 |
|--------------|-------|----------------------|-------------|------|--------------------|---------------|--------------------|-------------|--------------------------|---------|----------------|--------------|----------------|--------------|--------------|--------------|--------------|
| 125 | 94 | KOZŁOWIECKI | WALDEMAR | M | 111 | M 60-69 | 2 | KOSZALIN | TKKF | 5 | 0:27:23 | 10,96 [km/h] | 05:29 [min/km] | 0:05:13 | 0:10:38 | 0:16:10 | 0:21:49 |
| 126 | 142 | CHAJNOWSKI | JAROSŁAW | M | 112 | M 40-49 | 25 | KOSZALIN | TRATLON KOSZALIN | 5 | 0:27:25 | 10,94 [km/h] | 05:29 [min/km] | 0:05:35 | 0:11:15 | 0:16:42 | 0:22:10 |
| 127 | 118 | GUDANIEC | DOROTA | K | 15 | M 50-59 | | KOSZALIN | TRIATHLON KOSZALIN | 5 | 0:27:25 | 10,94 [km/h] | 05:29 [min/km] | 0:11:14 | 0:16:41 | 0:22:10 | |
| 128 | 106 | GUDZIŃSKI | LECH | M | 113 | M 60-69 | 3 | KOSZALIN | | 5 | 0:27:50 | 10,78 [km/h] | 05:34 [min/km] | 0:05:35 | 0:11:14 | 0:16:50 | 0:22:24 |
| 129 | 139 | SKORUPSKA | ANNA | K | 16 | M 30-39 | | SŁUPSK | BBL/STOPA SŁUPSK | 5 | 0:27:54 | 10,75 [km/h] | 05:35 [min/km] | 0:05:22 | 0:10:54 | 0:16:36 | 0:22:23 |
| 130 | 148 | SKRZYPCZAK | BOGUŚ | M | 114 | M 30-39 | 40 | KOŁOBRZEG | 0 | 5 | 0:27:55 | 10,75 [km/h] | 05:35 [min/km] | 0:05:31 | 0:11:04 | 0:16:45 | 0:22:27 |
| 131 | 123 | WITKA | GRAŻYNA | K | 17 | M 40-49 | | GARCZEGORZE | NIEZRZESZONA | 5 | 0:28:00 | 10,71 [km/h] | 05:36 [min/km] | 0:05:17 | 0:10:49 | 0:16:31 | 0:22:18 |
| 132 | 127 | SZCZEPAŃSKI | KONRAD | M | 115 | M 20-29 | 20 | GDAŃSK | 0 | 5 | 0:28:07 | 10,67 [km/h] | 05:37 [min/km] | 0:05:34 | 0:11:18 | 0:17:01 | 0:22:52 |
| 133 | 86 | KAWECKA | KATARZYNA | K | 18 | M 20-29 | | WRZEŚNICA | 0 | 5 | 0:28:12 | 10,64 [km/h] | 05:38 [min/km] | 0:05:26 | 0:11:04 | 0:16:45 | 0:22:33 |
| 134 | 36 | DONIGIEWICZ | ALEKSANDRA | K | 19 | M 20-29 | | KOSZALIN | 0 | 5 | 0:28:22 | 10,58 [km/h] | 05:40 [min/km] | 0:05:28 | 0:11:07 | 0:16:52 | 0:22:48 |
| 135 | 35 | DONIGIEWICZ | LESZEK | M | 116 | M 50-59 | 16 | KOSZALIN | 0 | 5 | 0:28:22 | 10,58 [km/h] | 05:40 [min/km] | 0:05:28 | 0:11:07 | 0:16:52 | 0:22:48 |
| 136 | 12 | KAJKOWSKI | RAFAŁ | M | 117 | M 30-39 | 41 | KOSZALIN | KOSZALIN | 5 | 0:28:29 | 10,53 [km/h] | 05:42 [min/km] | 0:05:13 | 0:10:38 | 0:16:28 | 0:22:34 |
| 137 | 130 | BIALIK | WIESŁAW | M | 118 | M 50-59 | 17 | CIESZENIEWO | 0 | 5 | 0:28:33 | 10,51 [km/h] | 05:43 [min/km] | 0:05:25 | 0:11:10 | 0:16:55 | 0:22:41 |
| 138 | 145 | KRYSTOSIK | PRZEMYSŁAW | M | 119 | M 20-29 | 21 | KOSZALIN | 0 | 5 | 0:28:34 | 10,50 [km/h] | 05:43 [min/km] | 0:05:15 | 0:10:44 | 0:16:22 | 0:22:41 |
| 139 | 16 | STRZELECKA | HALINA | K | 20 | M 50-59 | | SŁUPSK | BBL SŁUPSK | 5 | 0:29:01 | 10,34 [km/h] | 05:48 [min/km] | 0:05:34 | 0:11:21 | 0:17:07 | 0:22:58 |
| 140 | 13 | NOWAKOWSKI | KRYSTIAN | M | 120 | M 20-29 | 22 | KOSZALIN | 0 | 5 | 0:29:03 | 10,33 [km/h] | 05:49 [min/km] | 0:05:25 | 0:11:14 | 0:17:05 | 0:23:09 |
| 141 | 113 | KODZ | KAROL | M | 121 | M 0-19 | 11 | ŻÓŁTNICA | 0 | 5 | 0:29:40 | 10,11 [km/h] | 05:56 [min/km] | 0:05:26 | 0:11:08 | 0:17:16 | 0:23:35 |
| 142 | 31 | WRÓBEL | WŁODZIMIERZ | M | 122 | M 50-59 | 18 | KOŁOBRZEG | NIEZRZESZONY | 5 | 0:29:47 | 10,07 [km/h] | 05:57 [min/km] | 0:05:35 | 0:11:17 | 0:17:15 | 0:23:28 |
| 143 | 3 | BIERÓWKA | PATRYK | M | 123 | M 0-19 | 12 | KOSZALIN | 0 | 5 | 0:30:15 | 9,92 [km/h] | 06:03 [min/km] | 0:06:19 | 0:12:20 | 0:18:06 | 0:24:22 |
| 144 | 80 | JUSZCZAK | KRZYSZTOF | M | 124 | M 50-59 | 19 | KOSZALIN | | 5 | 0:30:27 | 9,85 [km/h] | 06:05 [min/km] | 0:05:40 | 0:11:33 | 0:17:40 | 0:24:01 |
| 145 | 54 | HORDYŃSKI | PATRYK | M | 125 | M 20-29 | 23 | KOSZALIN | 0 | 5 | 0:30:44 | 9,76 [km/h] | 06:09 [min/km] | 0:05:32 | 0:11:34 | 0:17:50 | 0:24:16 |
| 146 | 154 | FALKOWICZ | ŁUKASZ | M | 126 | M 20-29 | 24 | KOSZALIN | | 5 | 0:31:36 | 9,49 [km/h] | 06:19 [min/km] | 0:05:36 | 0:11:50 | 0:18:29 | 0:24:58 |
| 147 | 49 | GAWROŃSKI | PAWEŁ | M | 127 | M 20-29 | 25 | KOSZALIN | POLITECHNIKA KOSZALIŃSKA | 5 | 0:31:37 | 9,49 [km/h] | 06:19 [min/km] | 0:05:13 | 0:11:48 | 0:18:34 | 0:25:22 |
| 148 | 26 | CZEKAŁA | EDYTA | K | 21 | M 30-39 | | KOSZALIN | | 5 | 0:32:25 | 9,25 [km/h] | 06:29 [min/km] | 0:06:10 | 0:12:39 | 0:19:16 | 0:25:51 |
| 149 | 27 | CZEKAŁA | JAROSŁAW | M | 128 | M 40-49 | 26 | KOSZALIN | | 5 | 0:32:25 | 9,25 [km/h] | 06:29 [min/km] | 0:06:11 | 0:12:39 | 0:19:16 | 0:25:51 |
| 150 | 52 | WOJTKIEWICZ-BAKOWSKA | DOROTA | K | 22 | M 20-29 | | KOSZALIN | JA TYLKO PO MEDAL :) | 5 | 0:32:27 | 9,24 [km/h] | 06:29 [min/km] | 0:06:10 | 0:12:35 | 0:19:07 | 0:25:52 |
| 151 | 65 | OŚCISŁOWSKA | BARBARA | K | 23 | M 40-49 | | KONIKOWO | NIEZRZESZONA | 5 | 0:35:45 | 8,39 [km/h] | 07:09 [min/km] | 0:06:22 | 0:13:32 | 0:20:48 | 0:28:11 |
| 152 | 24 | BARTNIK | MARIAN | M | 129 | M 70 i więcej | 1 | KOSZALIN | TKKF KOSZALIN | 5 | 0:40:42 | 7,37 [km/h] | 08:08 [min/km] | 0:07:32 | 0:15:41 | 0:23:56 | 0:32:05 |
| - | 81 | WENDORFF | PAWEŁ | M | - | M 0-19 | - | SIANÓW | WIERCISZEWO | 5 | DNS | - [km/h] | [min/km] | | | | |
| - | 132 | BUCZYŃSKI | JÓZEF | M | - | M 70 i więcej | 2 | BIAŁOGARD | "TRUCHT" ŁOBEZ | 5 | DNF | - [km/h] | [min/km] | 0:14:05 | 0:23:12 | 0:32:42 | |

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Organizator: TKKF KOSZALIN



| Miejsce Open | Numer | Nazwisko | Imię | Płeć | Miejsce płeć M/ K | Kategoria | Miejsce kat. M/ K | Miejscowość | Klub | DYSTANS | Wynik | km/h | min/km | Międzyczas 1 | Międzyczas 2 | Międzyczas 3 | Międzyczas 4 |
|--------------|-------|----------|------|------|-------------------------|-----------|-------------------------|-------------|------|---------|-------|------|--------|--------------|--------------|--------------|--------------|
|--------------|-------|----------|------|------|-------------------------|-----------|-------------------------|-------------|------|---------|-------|------|--------|--------------|--------------|--------------|--------------|