

123	195	WOLINSKI	RAFAL	PRUSZKÓW	MMF	1973	M40	18	108	00:32:21	125	01:05:24	123	01:39:33	123	02:14:52	123	02:51:15	122	03:29:32	121	04:08:57	123	03:48:40	03:49:04	
124	101	RAJEWSKI	ADAM	POZNAŃ		1985	M30	18	109	00:34:05	130	01:08:42	129	01:43:46	129	02:21:28	130	02:58:09	129	03:36:18	127	04:13:24	125	03:49:04	03:49:47	
125	153	KRAMSKI	JERZY	SARBINOWO	Rozbiegany Koszalin	1968	M45	20	110	00:29:53	110	01:01:02	110	01:32:25	113	02:06:53	115	02:47:25	119	03:28:30	120	04:11:41	124	03:53:58	03:54:15	
126	775	BEGOWSKI	MAREK	KAMIEN POMORSKI	Klub Biegacza Kamień Pomorski	1975	M40	19	111	3	00:31:33	122	01:03:22	121	01:33:37	116	02:04:53	111	02:52:55	126	03:32:32	126	04:14:28	126	03:55:39	03:56:13
127	123	PIECHOTA	ROBERT	KOSZALIN		1970	M45	21	112	00:23:04	20	00:50:57	36	01:29:24	100	02:07:22	117	02:50:19	121	03:40:59	131	04:16:29	128	03:56:53	03:57:27	
128	189	GAWRONSKI	PAWEŁ	KOSZALIN	Ogień W Szopie	1989	M25	8	113	00:37:26	137	01:15:03	136	01:52:03	133	02:33:42	138	03:11:16	133	03:48:54	133	04:25:29	130	03:57:21	03:58:06	
129	421	KRZEWINSKA	MONIKA	KOSZALIN		1987	K25	2	16	00:37:26	137	01:15:04	137	01:52:04	134	02:33:42	138	03:11:16	133	03:48:54	133	04:25:28	129	03:57:21	03:58:06	
130	163	SZWEDA	WOJCIECH	WIECBORK	TKKF Wodnik Więcbork	1983	M30	19	114	00:29:53	110	01:02:59	118	01:34:51	119	02:09:01	121	02:49:50	120	03:31:56	125	04:16:14	127	04:07:53	04:08:03	
131	412	STEFANICKI	MAREK	ŚWINOUJŚCIE	Włóczykije Świnoujście	1958	M55	8	115	00:37:19	135	01:15:16	138	01:53:01	137	02:32:11	135	03:12:18	135	03:54:07	134	04:35:44	134	04:15:24	04:16:19	
132	761	STRZELECKA-DRACH	HALINA	SŁUPSK		1955	K60	1	17	00:31:43	124	01:05:32	124	01:40:35	124	02:17:35	127	02:55:56	127	03:39:00	128	04:28:25	131	04:16:50	04:17:08	
133	158	MAŚLANIK	PIOTR	CHOJNA	Wieczorne Bieganiew Szczecinie	1972	M40	20	116	00:36:10	133	01:14:54	135	01:52:11	135	02:31:27	134	03:12:07	134	03:55:05	135	04:42:52	135	04:20:22	04:20:54	
134	271	KUS	KRZYSZTOF	SZCZECIN		1973	M40	21	117	00:36:18	134	01:14:11	134	01:52:21	136	02:31:24	133	03:14:08	136	03:58:23	136	04:43:14	136	04:23:22	04:23:40	
135	16	STOSIO	KRZYSZTOF	KOSZALIN	www.kalk-koszalin.pl	1981	M30	20	118	00:37:42	138	01:10:50	131	01:48:47	132	02:26:48	131	03:01:32	131	03:39:13	129	04:33:37	133	04:24:34	04:25:05	
136	119	GRABOWSKI	KRZYSZTOF	KOŁOBRZEG	benc klub	1971	M40	22	119	00:31:34	123	01:06:37	125	01:41:23	125	02:18:43	128	02:58:55	130	03:40:57	130	04:32:33	132	04:25:01	04:25:07	
137	13	GARBIEŃ	TOMASZ	GOLENIÓW	Rozbiegany Goleniów	1984	M30	21	120	00:35:39	132	01:13:47	133	01:53:07	138	02:33:11	136	03:16:48	138	03:59:42	137	04:43:16	137	04:25:45	04:26:33	
138	18	WROBLEWSKI	BOLESŁAW	GORZÓW WIELKOPOLSKI	niezrzeszony	1951	M60	6	121	00:33:32	126	01:09:48	130	01:48:06	131	02:30:07	132	03:16:23	137	04:05:31	138	04:58:29	138	04:43:11	04:43:33	