



5.BIEGNIJMY.pl

BEZ OPŁAT

#1 11 maja - 19.00 #2 22 czerwca - 19.00
PIKUS 28 maja - 12.00 #3 7 września - 18.30

Leśna Piątka 2017 #2/3

Koszalin, 22 czerwca 2017 r.

KLASYFIKACJA GENERALNA

ORGANIZATOR:

PARTNERZY I SPONSORZY:



| POZ. | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | CZAS [NETTO] | CZAS [BRUTTO] | KAT. | PUNKTY | NA STARCIE * | WYPRZEDZIANIE * |
|------|------|---------------|-----------|-------------|-------------------------------|--------------|---------------|------|--------|--------------|-----------------|
| 1 | 771 | HIBNER | WALDEK | KOSZALIN | | 17'58" | 17'58" | M | 1 | 1 | 0 |
| 2 | 128 | KĘPKA | ADRIAN | WIEKOWO | | 18'17" | 18'20" | M | 2 | 10 | 8 |
| 3 | 113 | POLAK | SZYMON | KOSZALIN | | 18'49" | 18'49" | M | 3 | 1 | -2 |
| 4 | 3626 | SAJKO | BARTOSZ | DARŁOWO | | 19'12" | 19'13" | M | 4 | 3 | -1 |
| 5 | 878 | WOJCIECHOWICZ | JACEK | KOSZALIN | www.studiotancapasja.pl | 19'38" | 19'40" | M | 5 | 6 | 1 |
| 6 | 3710 | ZELEK | JAN | KOSZALIN | TKKF Koszalin | 19'41" | 19'46" | M | 6 | 16 | 10 |
| 6 | 3825 | SITOWSKI | MARCIN | KOSZALIN | FC RYSIEK | 19'41" | 19'45" | M | 6 | 13 | 7 |
| 8 | 1833 | ROKOSZ | RADOSŁAW | KOSZALIN | JW 1223 | 19'49" | 19'54" | M | 8 | 15 | 7 |
| 9 | 2537 | JURCZYSZYN | RAFAŁ | ŁYSOMICZKI | | 19'56" | 19'59" | M | 9 | 10 | 1 |
| 10 | 2999 | USTIANOWSKI | WOJCIECH | KOSZALIN | JW 1223 / Rozbiegany Koszalin | 19'57" | 22'42" | M | 10 | 402 | 392 |
| 11 | 164 | WASZKIEWICZ | PIOTR | KOSZALIN | | 20'01" | 20'05" | M | 11 | 12 | 1 |
| 12 | 2672 | BONISŁAWSKI | JAROSŁAW | SŁAWNÓ | Fadomoda Team | 20'17" | 20'33" | M | 12 | 53 | 41 |
| 13 | 1133 | KASZUBIAK | KLAUDIUSZ | KOSZALIN | | 20'18" | 20'23" | M | 13 | 16 | 3 |
| 14 | 2657 | SZAMREJ | WOJCIECH | KOSZALIN | | 20'21" | 20'27" | M | 14 | 21 | 7 |
| 14 | 3796 | SOBSTEL | KRYSTIAN | KOSZALIN | | 20'21" | 20'29" | M | 14 | 29 | 15 |
| 16 | 909 | KALETA | SEBASTIAN | KOSZALIN | | 20'23" | 20'35" | M | 16 | 39 | 23 |
| 17 | 689 | MAĆKOWIAK | KRZYSZTOF | KOSZALIN | Rozbiegany Koszalin | 20'33" | 20'34" | M | 17 | 4 | -13 |
| 18 | 3812 | SIWIK | STANISŁAW | KOSZALIN | | 20'41" | 20'51" | M | 18 | 35 | 17 |
| 19 | 959 | PAKULSKI | MARCIN | KOSZALIN | | 20'43" | 21'11" | M | 19 | 90 | 71 |
| 20 | 5265 | ZWOLAN | KAMIL | KOSZALIN | | 20'46" | 21'07" | M | 20 | 72 | 52 |

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|------|------|-------------|-----------|-------------|------------------------------|--------------|---------------|------|--------|-------------------|---------------------|
| 20 | 369 | TOMCZAK | MAREK | KOSZALIN | BIEGNIJMY.pl | 20'46" | 20'50" | M | 20 | 14 | -6 |
| 22 | 2927 | PRZEWŁOCKI | MICHAŁ | KOSZALIN | | 21'03" | 21'08" | M | 22 | 18 | -4 |
| 23 | 852 | KORAB | SZYMON | KĘPICE | KORZYBSKIE REKINY | 21'04" | 21'18" | M | 23 | 47 | 24 |
| 24 | 984 | KONKEL | AGNIESZKA | KOSZALIN | | 21'05" | 21'13" | K | 1 | 29 | 5 |
| 25 | 911 | ŚNIEŻKO | MARCIN | KOSZALIN | TKKF Koszalin | 21'12" | 21'22" | M | 24 | 33 | 8 |
| 26 | 3866 | TOKARSKI | SZYMON | KOSZALIN | | 21'22" | 21'41" | M | 25 | 63 | 37 |
| 27 | 2866 | ZUKAL | PIOTR | KOSZALIN | | 21'30" | 21'46" | M | 26 | 53 | 26 |
| 28 | 801 | KANAREK | JAKUB | KOSZALIN | | 21'32" | 21'49" | M | 27 | 57 | 29 |
| 29 | 428 | CHARKIEWICZ | JERZY | KOSZALIN | | 21'33" | 21'39" | M | 28 | 26 | -3 |
| 30 | 5309 | STEFANOWICZ | PAWEŁ | KOSZALIN | | 21'42" | 22'00" | M | 29 | 60 | 30 |
| 31 | 4141 | SINIAWSKI | JAROSŁAW | BONIN | | 21'46" | 21'57" | M | 30 | 37 | 6 |
| 32 | 4169 | PAWELEC | TOMASZ | KOSZALIN | | 21'52" | 22'21" | M | 31 | 92 | 60 |
| 33 | 3664 | MACHTYL | GRZEGORZ | BIAŁOGARD | | 21'53" | 22'35" | M | 32 | 119 | 86 |
| 34 | 294 | KACHLICKI | KAMIL | KOSZALIN | | 22'04" | 22'22" | M | 33 | 59 | 25 |
| 35 | 3230 | KRAWCZUK | SZYMON | GLEŻNOWO | Gepard Gleżnowo | 22'07" | 22'17" | M | 34 | 36 | 1 |
| 36 | 830 | MROCZKOWSKI | MAREK | KOSZALIN | Rozbiegany Koszalin | 22'10" | 22'23" | M | 35 | 45 | 9 |
| 37 | 1361 | MALINOWSKI | MARIUSZ | KOSZALIN | | 22'16" | 22'39" | M | 36 | 77 | 40 |
| 37 | 501 | WESOŁOWSKI | ARKADIUSZ | KOSZALIN | | 22'16" | 22'37" | M | 36 | 68 | 31 |
| 39 | 3801 | WANDA | MARCIN | CZŁUCHÓW | | 22'17" | 22'29" | M | 38 | 39 | 0 |
| 40 | 595 | ŁABEJSZA | ŁUKASZ | KOSZALIN | | 22'29" | 22'46" | M | 39 | 56 | 16 |
| 41 | 320 | BIEŃKOWSKI | TOMASZ | NIEKŁONICE | | 22'31" | 22'34" | M | 40 | 9 | -32 |
| 41 | 5297 | WIELGUS | PAWEŁ | OKONEK | MRS & MR Perfect Kasperowicz | 22'31" | 22'33" | M | 40 | 7 | -34 |
| 43 | 2510 | CZECHOWSKI | MARCIN | KOSZALIN | | 22'33" | 23'25" | M | 42 | 148 | 105 |
| 44 | 2228 | ROBAK | PIOTR | KOSZALIN | TKKF TRIATHLON K-Jin | 22'34" | 23'31" | M | 43 | 158 | 114 |
| 45 | 555 | KAJKOWSKI | RAFAŁ | KOSZALIN | Dodomisie Koszalin | 22'49" | 23'29" | M | 44 | 115 | 70 |
| 46 | 3378 | DWULIT | DOMINIK | KĘPICE | KORZYBSKIE REKINY | 22'52" | 22'58" | M | 45 | 22 | -24 |
| 46 | 181 | JAŻWIŃSKI | DAWID | KOSZALIN | | 22'52" | 22'58" | M | 45 | 22 | -24 |
| 46 | 3429 | SKOWROŃSKI | TOMASZ | ŚWIESZYNO | | 22'52" | 25'03" | M | 45 | 333 | 287 |
| 49 | 2579 | MISZCZYK | JAN | KOSZALIN | | 22'53" | 23'32" | M | 48 | 113 | 64 |
| 50 | 825 | SZABLA | EWELINA | KOSZALIN | | 22'58" | 23'12" | K | 2 | 47 | -3 |
| 51 | 1221 | WALIGÓRA | KACPER | KOSZALIN | | 22'59" | 24'09" | M | 49 | 192 | 141 |
| 52 | 200 | WINKEL | ŁUKASZ | KOSZALIN | | 23'02" | 23'15" | M | 50 | 43 | -9 |
| 53 | 413 | KASPEROWICZ | ZDZIŚLAW | SŁUPSK | Kasperowicz Team Słupsk | 23'03" | 23'04" | M | 51 | 4 | -49 |
| 54 | 499 | IWANIEC | DARIUSZ | SIANÓW | OSP Sierakowo | 23'05" | 23'29" | M | 52 | 78 | 24 |
| 55 | 1529 | WIERZBICKI | SYLWESTER | DARŁOWO | | 23'09" | 23'23" | M | 53 | 46 | -9 |
| 56 | 3742 | WALOS | GRZEGORZ | MŚCICE | | 23'10" | 23'35" | M | 54 | 80 | 24 |

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|------|------|--------------|-------------|-------------|--------------------|--------------|---------------|------|--------|-------------------|---------------------|
| 57 | 3773 | ZDROWIECKI | ARTUR | KOSZALIN | | 23'11" | 23'20" | M | 55 | 31 | -26 |
| 58 | 1569 | CHOŁUJ | JAROSŁAW | KOSZALIN | | 23'12" | 25'31" | M | 56 | 345 | 287 |
| 59 | 197 | ŁOPIŃSKI | PIOTR | DREZDENKO | | 23'13" | 23'28" | M | 57 | 51 | -8 |
| 60 | 793 | STRZELECKI | ZBIGNIEW | KORZYBIE | KORZYBSKIE REKINY | 23'15" | 23'31" | M | 58 | 55 | -5 |
| 61 | 2787 | WITEK | SEBASTIAN | KOSZALIN | Rajsport | 23'16" | 24'13" | M | 59 | 158 | 97 |
| 62 | 1694 | KONKEL | HANNA | KOSZALIN | | 23'17" | 23'27" | K | 3 | 33 | -29 |
| 63 | 797 | GAJEK | ARTUR | KĘPICE | KORZYBSKIE REKINY | 23'19" | 23'32" | M | 60 | 43 | -20 |
| 64 | 118 | WRÓBLEWSKI | JACEK | KOSZALIN | | 23'20" | 23'25" | M | 61 | 18 | -46 |
| 65 | 5225 | LUPKE | MARCIN | DARŁOWO | studio 13 darlowo | 23'23" | 23'37" | M | 62 | 47 | -18 |
| 65 | 3776 | RADOMSKI | HERONIM | CZARNE | | 23'23" | 23'41" | M | 62 | 61 | -4 |
| 67 | 3771 | DERLIŃSKI | ADAM | KOSZALIN | Tornado Koszalin | 23'24" | 24'37" | M | 64 | 199 | 132 |
| 68 | 3838 | KOSIK | MICHAŁ | BIAŁOGARD | | 23'26" | 24'43" | M | 65 | 213 | 145 |
| 68 | 1174 | PIECHOTA | ROBERT | KOSZALIN | | 23'26" | 23'40" | M | 65 | 47 | -21 |
| 70 | 4196 | CIUPA | MARCIN | KOSZALIN | H2DESIGN | 23'29" | 24'22" | M | 67 | 150 | 80 |
| 71 | 5292 | SOMINKA | PAWEŁ | KOSZALIN | | 23'32" | 23'44" | M | 68 | 41 | -30 |
| 72 | 450 | GAWROŃSKI | BARTOSZ | KOSZALIN | | 23'34" | 25'27" | M | 69 | 296 | 224 |
| 73 | 2799 | GOŃKA | KRZYSZTOF | KOSZALIN | Decathlon Koszalin | 23'35" | 24'36" | M | 70 | 167 | 94 |
| 74 | 3831 | SOBKO | MAKSYMILIAN | MIELNO | FSE LOGISTIC | 23'38" | 23'44" | M | 71 | 22 | -52 |
| 74 | 4130 | LUDNIEWSKI | MICHAŁ | SZCZECIN | ARBET TEAM | 23'38" | 25'46" | M | 71 | 326 | 252 |
| 74 | 508 | WALCZAK | MARCIN | KOSZALIN | | 23'38" | 24'12" | M | 71 | 103 | 29 |
| 77 | 3172 | ZIELIŃSKI | TOMASZ | NIEKŁONICE | | 23'41" | 25'01" | M | 74 | 219 | 142 |
| 78 | 3879 | SZOSTAK | PIOTR | BONIN | | 23'43" | 24'34" | M | 75 | 145 | 67 |
| 79 | 3272 | PEŁECHATA | JULITA | KOŁOBRZEG | | 23'46" | 24'48" | K | 4 | 171 | 92 |
| 80 | 1627 | SZCZEPANIAK | JACEK | KĘPICE | Czarni Ostrowite | 23'49" | 23'55" | M | 76 | 22 | -58 |
| 81 | 568 | RASZPLA | RADOSŁAW | KOSZALIN | cioteczki.pl | 23'54" | 24'45" | M | 77 | 142 | 61 |
| 81 | 2185 | SIEDLECKI | SZYMON | KOSZALIN | MKKS Koszalin | 23'54" | 24'10" | M | 77 | 52 | -29 |
| 81 | 525 | DONDAJEWSKI | MICHAŁ | KOSZALIN | | 23'54" | 24'51" | M | 77 | 157 | 76 |
| 84 | 737 | STAWISZYŃSKI | JAROSŁAW | KOSZALIN | | 24'00" | 26'00" | M | 80 | 309 | 225 |
| 85 | 3775 | KRUPIŃSKI | KRZYSZTOF | KOSZALIN | e-Urolog.eu | 24'02" | 24'25" | M | 81 | 75 | -10 |
| 86 | 3191 | KOPACZ | RAFAŁ | KOSZALIN | rafalkopacz.pl | 24'03" | 24'31" | M | 82 | 88 | 2 |
| 87 | 3179 | RUTKOWSKI | ARTUR | KOSZALIN | Amator Sianów | 24'08" | 24'10" | M | 83 | 7 | -80 |
| 88 | 1373 | DATA | DARIUSZ | KOSZALIN | | 24'12" | 24'46" | M | 84 | 102 | 14 |
| 89 | 3874 | NOWICKI | ARTUR | KOSZALIN | JS 1373 | 24'15" | 24'58" | M | 85 | 122 | 33 |
| 90 | 2807 | KRZYSZTOF | WIATRZYK | DARŁOWO | | 24'17" | 24'38" | M | 86 | 69 | -21 |
| 91 | 125 | CHOŁUJ | KAROL | KOSZALIN | | 24'18" | 24'35" | M | 87 | 58 | -33 |
| 92 | 4117 | PRZYBYLSKI | MARCIN | KOSZALIN | | 24'19" | 25'26" | M | 88 | 182 | 90 |

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|------|------|---------------|-----------|------------|----------------|--------------|---------------|------|--------|--------------|-----------------|
| 92 | 5262 | KAZMIERCZAK | ANDRZEJ | KOSZALIN | | 24'19" | 24'55" | M | 88 | 107 | 15 |
| 94 | 5222 | JABŁOŃSKI | TOMASZ | SŁAWNO | ar spoko sławo | 24'20" | 24'41" | M | 90 | 69 | -25 |
| 95 | 624 | KORCZYŃSKI | SŁAWOMIR | KOSZALIN | | 24'22" | 27'52" | M | 91 | 477 | 382 |
| 95 | 5221 | KAMELSKI | PIOTR | SŁAWNO | | 24'22" | 24'42" | M | 91 | 65 | -30 |
| 97 | 1551 | STACHOWIAK | GRACJAN | KOSZALIN | | 24'28" | 24'33" | M | 93 | 18 | -79 |
| 98 | 1172 | PODAWCA | ŁUKASZ | SIANÓW | | 24'29" | 25'24" | M | 94 | 154 | 56 |
| 99 | 2800 | PIĘTKO | JOANNA | KOSZALIN | | 24'35" | 24'54" | K | 5 | 63 | -36 |
| 99 | 137 | OSOBNIAK | RYSZARD | KOSZALIN | | 24'35" | 25'27" | M | 95 | 147 | 48 |
| 101 | 3797 | FIGARSKI | LESZEK | KOSZALIN | | 24'38" | 24'56" | M | 96 | 61 | -40 |
| 102 | 2903 | NIREWICZ | BARTOSZ | KOSZALIN | | 24'39" | 26'14" | M | 97 | 255 | 153 |
| 103 | 2240 | WAWRZYN | GRZEGORZ | KOSZALIN | Copy-Serwis | 24'40" | 26'08" | M | 98 | 239 | 136 |
| 104 | 583 | NOREK | TOMEK | KOSZALIN | | 24'42" | 26'10" | M | 99 | 240 | 136 |
| 104 | 4167 | STĘPIEŃ | GRZEGORZ | KOSZALIN | | 24'42" | 26'17" | M | 99 | 255 | 151 |
| 106 | 3815 | BUDZIŃSKI | PAWEŁ | KONIKOWO | | 24'48" | 25'22" | M | 101 | 103 | -3 |
| 107 | 402 | LEWANDOWSKA | ANNA | OKONEK | | 24'49" | 25'38" | K | 6 | 138 | 31 |
| 108 | 1438 | KRAWCZYK | TOMASZ | KOSZALIN | | 24'50" | 25'36" | M | 102 | 132 | 24 |
| 109 | 1600 | RAJNER | KRZYSZTOF | KOSZALIN | | 24'51" | 27'37" | M | 103 | 404 | 295 |
| 110 | 3860 | MACIĄG | PIOTR | KOSZALIN | | 24'55" | 25'29" | M | 104 | 103 | -7 |
| 110 | 3810 | SADOWSKI | KAROL | KOSZALIN | | 24'55" | 28'18" | M | 104 | 470 | 360 |
| 112 | 3702 | PIETRZYK | PAULINA | SIANÓW | | 24'57" | 27'29" | K | 7 | 368 | 256 |
| 113 | 600 | KOŁODZIEJ | JAKUB | KOSZALIN | | 24'58" | 25'40" | M | 106 | 119 | 6 |
| 114 | 1300 | OLCZAK | KRZYSZTOF | SIANÓW | | 25'05" | 26'04" | M | 107 | 164 | 50 |
| 114 | 685 | FAJGIER | TOMASZ | KOSZALIN | | 25'05" | 25'43" | M | 107 | 112 | -2 |
| 116 | 1615 | CIEŚLA | PAWEŁ | KRYTNO | | 25'06" | 25'26" | M | 109 | 65 | -51 |
| 117 | 2552 | SZCZYGIELSKI | PAWEŁ | KOSZALIN | | 25'08" | 26'51" | M | 110 | 277 | 160 |
| 118 | 3273 | SIWIEC | PIOTR | KOSZALIN | | 25'12" | 26'10" | M | 111 | 163 | 45 |
| 119 | 3806 | MILEWSKI | TOMASZ | KOSZALIN | | 25'13" | 26'38" | M | 112 | 236 | 117 |
| 120 | 1769 | SKOŁOZDRZY | TOMASZ | KOSZALIN | | 25'18" | 29'04" | M | 113 | 512 | 392 |
| 120 | 3723 | KUREK | ADRIAN | MANOWO | | 25'18" | 26'22" | M | 113 | 176 | 56 |
| 122 | 109 | RUDZIŃSKI | BRONISŁAW | KOSZALIN | | 25'21" | 26'06" | M | 115 | 129 | 7 |
| 123 | 896 | BURZAK | SEBASTIAN | KOSZALIN | | 25'23" | 26'52" | M | 116 | 241 | 118 |
| 124 | 4170 | RÓŻAŃSKI | MACIEJ | KOSZALIN | | 25'25" | 26'25" | M | 117 | 165 | 41 |
| 125 | 3349 | KOPCZEWSKI | DARIUSZ | KOSZALIN | | 25'26" | 26'51" | M | 118 | 233 | 108 |
| 125 | 1260 | MAJKOWICZ | MIROSŁAW | KOSZALIN | | 25'26" | 26'11" | M | 118 | 131 | 6 |
| 125 | 3799 | KAZIMIEROWICZ | RADOSŁAW | KOSZALIN | VTT KOSZALIN | 25'26" | 27'15" | M | 118 | 291 | 166 |
| 128 | 3149 | MIKLASZEWSKA | FAUSTYNA | KOSZALIN | | 25'27" | 27'45" | K | 8 | 343 | 215 |

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|------|------|---------------|------------|-------------|-------------------------------|--------------|---------------|------|--------|-------------------|---------------------|
| 129 | 3483 | CZERNIEJ | PRZEMEK | KONIKOWO | Darmot | 25'35" | 27'13" | M | 121 | 262 | 133 |
| 130 | 3543 | RADZIMSKI | MARCEL | ŚWIEMINO | Szkoła Podstawowa w Świeminiu | 25'36" | 25'58" | M | 122 | 73 | -57 |
| 131 | 158 | KACZMAREK | ZBIGNIEW | KOSZALIN | | 25'37" | 26'34" | M | 123 | 158 | 27 |
| 132 | 3729 | KOSECKI | TOMASZ | KOSZALIN | | 25'39" | 29'06" | M | 124 | 473 | 341 |
| 133 | 1740 | STASIEWSKI | MARIUSZ | OSÓWIEC | TriSpace | 25'40" | 25'52" | M | 125 | 41 | -92 |
| 134 | 5314 | BIELAWSKI | ŁUKASZ | BYDGOSZCZ | | 25'41" | 26'45" | M | 126 | 177 | 43 |
| 135 | 3345 | ZIÓŁKOWSKA | MAŁGORZATA | KOSZALIN | | 25'48" | 26'39" | K | 9 | 145 | 10 |
| 135 | 3264 | FRASZKIEWICZ | JAROSŁAW | KOSZALIN | | 25'48" | 26'34" | M | 127 | 133 | -2 |
| 137 | 1404 | RABKA | MONIKA | KOSZALIN | | 25'51" | 27'24" | K | 10 | 252 | 115 |
| 138 | 3583 | STRZYŻ | ŁUKASZ | BIESIEKIERZ | | 25'52" | 29'34" | M | 128 | 498 | 360 |
| 139 | 3811 | JABŁOŃSKI | ARKADIUSZ | KOSZALIN | Koszalin | 25'54" | 29'22" | M | 129 | 476 | 337 |
| 140 | 220 | KIERKOSZ | MAREK | KOSZALIN | TKKF Koszalin | 25'56" | 28'31" | M | 130 | 373 | 233 |
| 141 | 1730 | WEBER | PAWEŁ | KOSZALIN | Amadeus CrossTraining Gym | 25'57" | 28'38" | M | 131 | 387 | 246 |
| 142 | 4100 | BASSEL | MARCIN | KOSZALIN | | 26'02" | 27'27" | M | 132 | 231 | 89 |
| 143 | 304 | KOZŁOWIECKI | WALDEMAR | KOSZALIN | | 26'09" | 27'29" | M | 133 | 219 | 76 |
| 144 | 240 | DENISIUK | BARTOSZ | KOSZALIN | KBC Koshaolin | 26'10" | 27'17" | M | 134 | 182 | 38 |
| 145 | 3850 | PIETRZYK | MATEUSZ | SIANÓW | | 26'13" | 28'46" | M | 135 | 370 | 225 |
| 146 | 4158 | MICHAŁÓW | LESZEK | KOSZALIN | | 26'14" | 30'03" | M | 136 | 516 | 370 |
| 147 | 1166 | KOSIŃSKI | KRZYSZTOF | KOSZALIN | | 26'17" | 27'37" | M | 137 | 218 | 71 |
| 148 | 3794 | MADEJSKI | PATRYK | KĘPICE | | 26'19" | 27'26" | M | 138 | 184 | 36 |
| 148 | 3370 | LASKA | AGNIESZKA | SŁAWNNO | MKS Święc Stawno | 26'19" | 26'55" | K | 11 | 107 | -41 |
| 150 | 3886 | PAJOR | TOMEK | KOSZALIN | | 26'21" | 27'09" | M | 139 | 136 | -14 |
| 151 | 3360 | MACIĄG | PAWEŁ | BIESIEKIERZ | | 26'23" | 27'10" | M | 140 | 134 | -17 |
| 152 | 2783 | OSTROWSKI | JACEK | KOSZALIN | Start Koszalin | 26'25" | 27'39" | M | 141 | 204 | 52 |
| 153 | 163 | KOŁODZIEJCZYK | DANUTA | KĘPICE | | 26'28" | 26'52" | K | 12 | 79 | -74 |
| 153 | 1505 | GANCARZ | MATEUSZ | KOSZALIN | FORMA SQUASH | 26'28" | 27'25" | M | 142 | 158 | 5 |
| 155 | 2365 | MEGIER | WOJTEK | KOSZALIN | | 26'30" | 27'21" | M | 143 | 143 | -12 |
| 155 | 1755 | MALESZA | JOANNA | KOSZALIN | | 26'30" | 27'08" | K | 13 | 111 | -44 |
| 157 | 3301 | SEEWALD | JAN | KOSZALIN | | 26'32" | 29'21" | M | 144 | 409 | 252 |
| 157 | 1591 | KANAREK | BARTOSZ | KOSZALIN | | 26'32" | 27'35" | M | 144 | 174 | 17 |
| 159 | 3868 | GARNCAREK | PAWEŁ | ŚWIESZYNNO | KS WILKI KOSZALIN | 26'33" | 29'21" | M | 146 | 407 | 248 |
| 160 | 5298 | TURAWSKI | WALDEMAR | KOSZALIN | | 26'35" | 27'22" | M | 147 | 135 | -25 |
| 161 | 2366 | GLUCH | KATARZYNA | KOSZALIN | | 26'37" | 27'28" | K | 14 | 143 | -18 |
| 162 | 520 | SPERA | HUBERT | CZAPLINEK | | 26'42" | 29'03" | M | 148 | 348 | 186 |
| 162 | 4183 | KACZMAREK | MARTA | SŁAWNNO | | 26'42" | 27'19" | K | 15 | 110 | -52 |
| 164 | 656 | JARUGA | ARTUR | KOSZALIN | | 26'44" | 27'24" | M | 149 | 116 | -48 |

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|------|------|--------------------|------------|---------------|---------------------|--------------|---------------|------|--------|-------------------|---------------------|
| 165 | 4185 | KACZMAREK | KRZYSZTOF | SŁAWNO | | 26'45" | 27'24" | M | 150 | 113 | -52 |
| 166 | 3716 | SZKOŁUDA | MŁOSZ | POLANÓW | Decathlon Koszalin | 26'46" | 27'48" | M | 151 | 171 | 5 |
| 167 | 3743 | SZNYTER | SABINA | POLANÓW | Decathlon Koszalin | 26'47" | 27'48" | K | 16 | 167 | 0 |
| 168 | 4172 | BUZE | MĄŁGORZATA | SŁAWNO | Olszewski I Synowie | 26'49" | 27'25" | K | 17 | 109 | -59 |
| 169 | 2690 | ZIELIŃSKI | GRZEGORZ | STARE BIELICE | | 26'53" | 27'23" | M | 152 | 94 | -75 |
| 170 | 3366 | MILCZAREK | PAWEŁ | KOSZALIN | | 26'56" | 27'49" | M | 153 | 150 | -20 |
| 170 | 978 | BORYS | PRZEMYSŁAW | KOSZALIN | | 26'56" | 27'39" | M | 153 | 125 | -45 |
| 172 | 5200 | SZAMREJ | PIOTR | KOSZALIN | | 26'57" | 27'25" | M | 155 | 91 | -81 |
| 173 | 3535 | PSZENNY | DAMIAN | KOSZALIN | | 27'00" | 29'40" | M | 156 | 386 | 213 |
| 174 | 149 | DYBOWSKI | WIT | KOSZALIN | | 27'01" | 28'06" | M | 157 | 178 | 4 |
| 174 | 3635 | GŁUCH | MAREK | KOSZALIN | | 27'01" | 27'59" | M | 157 | 162 | -12 |
| 176 | 4173 | ZYCH | DOROTA | SŁAWNO | | 27'02" | 27'34" | K | 18 | 96 | -80 |
| 177 | 3732 | DWULIT | JAKUB | KĘPICE | KORZYBSKIE REKINY | 27'03" | 27'32" | M | 159 | 93 | -84 |
| 178 | 5322 | RYGIEL | SEBASTIAN | KOSZALIN | | 27'09" | 28'03" | M | 160 | 152 | -26 |
| 179 | 3813 | HRYCIÓW | PAWEŁ | BIAŁOGARD | Białogard | 27'14" | 30'44" | M | 161 | 478 | 299 |
| 180 | 3367 | FĄFEREK | RADOSŁAW | KOSZALIN | | 27'16" | 28'08" | M | 162 | 148 | -32 |
| 181 | 358 | ŻUKOWSKI | CEZARY | KOSZALIN | www.migawkowe.pl | 27'17" | 28'41" | M | 163 | 230 | 49 |
| 182 | 452 | ŚLIWA | RAFAŁ | KOSZALIN | Ogień w Szopie | 27'18" | 29'32" | M | 164 | 336 | 154 |
| 183 | 4181 | BORYSIEWICZ | JOANNA | KOSZALIN | | 27'20" | 29'29" | K | 19 | 329 | 146 |
| 184 | 3747 | KACZKAN | MAGDALENA | KOSZALIN | | 27'28" | 27'53" | K | 20 | 81 | -103 |
| 185 | 766 | KALINOWSKA | MILENA | KOSZALIN | | 27'29" | 29'21" | K | 21 | 294 | 109 |
| 186 | 4188 | BLICHARZ | MONIKA | KOSZALIN | Brak | 27'31" | 28'20" | K | 22 | 139 | -47 |
| 186 | 3899 | ŚRODA | WOJCIECH | KOSZALIN | | 27'31" | 28'49" | M | 165 | 214 | 28 |
| 188 | 4128 | RECK | MARCIN | SZCZECIN | ARBET TEAM | 27'33" | 29'38" | M | 166 | 318 | 130 |
| 189 | 4176 | KUSZLEWICZ | RAFAŁ | KOSZALIN | | 27'34" | 31'20" | M | 167 | 511 | 322 |
| 190 | 931 | MRUGALSKI | STANISŁAW | MIASTKO | | 27'35" | 29'36" | M | 168 | 312 | 122 |
| 191 | 851 | SŁOMSKI | ZENON | KORZYBIE | KORZYBSKIE REKINY | 27'36" | 28'16" | M | 169 | 116 | -75 |
| 192 | 5307 | ALEKSANDROWICZ EWA | | KONIKOWO | | 27'40" | 28'13" | K | 23 | 101 | -91 |
| 192 | 5299 | JURA | KAZIMIERZ | MIASTKO | MTS Hammer Miastko | 27'40" | 29'38" | M | 170 | 308 | 116 |
| 194 | 5306 | NOWAK | MACIEJ | KOSZALIN | | 27'41" | 28'13" | M | 171 | 96 | -98 |
| 195 | 3298 | IHNATOWICZ | ŁUKASZ | KOSALIN | | 27'42" | 31'05" | M | 172 | 469 | 274 |
| 196 | 2539 | TRZCIŃSKI | TOMASZ | KOSZALIN | | 27'43" | 30'36" | M | 173 | 417 | 221 |
| 197 | 3749 | GALICKI | ROBERT | BOBOLICE | 1976 | 27'44" | 29'20" | M | 174 | 258 | 61 |
| 197 | 1137 | RASZPLA | HANNA | KOSZALIN | cioteczki.pl | 27'44" | 29'24" | K | 24 | 268 | 71 |
| 199 | 173 | ZARZYCKI | PAWEŁ | KOSZALIN | | 27'49" | 29'46" | M | 175 | 305 | 106 |

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|------|------|------------------|------------|-------------|--------------------|--------------|---------------|------|--------|-------------------|---------------------|
| 200 | 298 | TRĘBACZ | MARIUSZ | KOSZALIN | | 27'50" | 31'34" | M | 176 | 503 | 303 |
| 201 | 3455 | MYC | MARIOLA | KOSZALIN | | 27'52" | 29'33" | K | 25 | 272 | 71 |
| 202 | 3553 | KILJAN | SYLWIA | KOŁOBRZEG | | 27'53" | 30'34" | K | 26 | 387 | 185 |
| 202 | 2816 | KONKEL | JOANNA | SŁAWNO | mks "święc" sławno | 27'53" | 28'15" | K | 26 | 73 | -129 |
| 204 | 1867 | PIECHOCKI | ROBERT | KOSZALIN | | 28'02" | 31'40" | M | 177 | 493 | 289 |
| 205 | 3822 | BASIAK | KRYSTIAN | KOSZALIN | Koszalin | 28'05" | 31'36" | M | 178 | 480 | 275 |
| 206 | 3785 | LESISZ | MICHAŁ | KOSZALIN | | 28'08" | 29'56" | M | 179 | 287 | 81 |
| 207 | 3300 | ROBAKOWSKA | ŻANETA | KOSZALIN | | 28'09" | 28'29" | K | 28 | 65 | -142 |
| 207 | 634 | LAS | MATEUSZ | KOSZALIN | | 28'09" | 30'44" | M | 180 | 373 | 166 |
| 209 | 3217 | OLINSKI | AREK | SIANÓW | Widzew | 28'11" | 30'41" | M | 181 | 364 | 155 |
| 210 | 5272 | PAWELEC | MARTA | KOSZALIN | | 28'12" | 30'38" | K | 29 | 357 | 147 |
| 211 | 566 | RASZPLA | ILONA | KOSZALIN | cioteczki.pl | 28'13" | 29'52" | K | 30 | 264 | 53 |
| 212 | 3240 | DIAKOWICZ | MAGDALENA | KOSZALIN | | 28'14" | 30'38" | K | 31 | 353 | 141 |
| 213 | 2938 | LASOTA | RAFAŁ | KOSZALIN | | 28'20" | 31'28" | M | 182 | 446 | 233 |
| 214 | 1476 | PIASK | FILIP | KOSZALIN | | 28'21" | 29'26" | M | 183 | 178 | -36 |
| 215 | 952 | GZELA | OLGA | KOSZALIN | | 28'22" | 30'57" | K | 32 | 373 | 158 |
| 216 | 2407 | PANCERZYŃSKI | ŁUKASZ | KOSZALIN | | 28'23" | 29'19" | M | 184 | 155 | -61 |
| 217 | 4143 | MALINOWSKA-BURDA | ALEKSANDRA | KOSZALIN | | 28'27" | 32'13" | K | 33 | 510 | 293 |
| 217 | 1524 | TELEGA | MICHAŁ | KOSZALIN | | 28'27" | 30'33" | M | 185 | 321 | 104 |
| 219 | 4142 | BURDA | BARTOSZ | KOSZALIN | | 28'29" | 32'14" | M | 186 | 507 | 288 |
| 220 | 383 | KASPRZYK | BOGDAN | KOSZALIN | JRG-2 Koszalin | 28'30" | 29'05" | M | 187 | 106 | -114 |
| 220 | 664 | BORTNIK | JOANNA | BOBOLICE | | 28'30" | 29'50" | K | 34 | 222 | 2 |
| 222 | 3138 | GADEK | MICHAŁ | KOSZALIN | | 28'33" | 28'58" | M | 188 | 81 | -141 |
| 223 | 3889 | PIASZCZYŃSKA | MAGDALENA | BIAŁY BÓR | | 28'42" | 30'06" | K | 35 | 229 | 6 |
| 224 | 2879 | TRZEŚNIEWSKI | ZBIGNIEW | KOSZALIN | | 28'44" | 30'05" | M | 189 | 223 | -1 |
| 225 | 2143 | BARTOSIK | JAROSŁAW | KOSZALIN | | 28'48" | 29'15" | M | 190 | 84 | -141 |
| 226 | 451 | GAWROŃSKI | PAWEŁ | KOSZALIN | | 28'49" | 30'39" | M | 191 | 292 | 66 |
| 227 | 653 | SUSKA | JOANNA | KOSZALIN | | 28'51" | 30'59" | K | 36 | 326 | 99 |
| 228 | 1305 | WRÓBLEWSKI | MATEUSZ | KOSZALIN | SP 7 | 28'53" | 30'22" | M | 192 | 244 | 16 |
| 229 | 351 | TOMASZEWSKI | MAREK | KOSZALIN | | 28'55" | 33'22" | M | 193 | 566 | 337 |
| 230 | 3830 | KASPRZYK | MICHAŁ | MŚCICE | | 28'56" | 29'05" | M | 194 | 31 | -199 |
| 231 | 5175 | HNATOWSKI | ARTUR | KOSZALIN | | 28'59" | 30'52" | M | 195 | 297 | 66 |
| 232 | 3733 | MIĄSEK | RYSZARD | MANOWO | | 29'02" | 31'15" | M | 196 | 335 | 103 |
| 232 | 3774 | DERLIŃSKI | OLAF | KOSZALIN | TORNADO KOSZALIN | 29'02" | 30'17" | M | 196 | 207 | -25 |
| 234 | 1655 | LEWANDOWSKA | MARTA | KOSZALIN | | 29'03" | 30'25" | K | 37 | 224 | -10 |

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|------|------|-------------|-------------|---------------|-------------------|--------------|---------------|------|--------|-------------------|---------------------|
| 234 | 154 | DONIGIEWICZ | LESZEK | KOSZALIN | | 29'03" | 32'40" | M | 198 | 490 | 256 |
| 236 | 264 | WALCZAK | AGNIESZKA | KOSZALIN | BABECZKI Koszalin | 29'11" | 30'27" | K | 38 | 209 | -27 |
| 237 | 3220 | PIWOŃSKI | JAKUB | KOSZALIN | | 29'12" | 30'19" | M | 199 | 184 | -53 |
| 238 | 1565 | MICHALAK | ANNA | KOSZALIN | | 29'14" | 31'20" | K | 39 | 321 | 83 |
| 239 | 3679 | FALGOWSKI | PAWEŁ | BIAŁOGARD | | 29'15" | 32'03" | M | 200 | 407 | 168 |
| 240 | 3601 | ZALECH | MAGDALENA | KOSZALIN | | 29'17" | 30'20" | K | 40 | 174 | -66 |
| 241 | 2473 | GAWLIK | ARTUR | KOSZALIN | | 29'18" | 32'07" | M | 201 | 409 | 168 |
| 241 | 1333 | ZARZYCKA | WIOLETA | KOSZALIN | | 29'18" | 31'15" | K | 41 | 304 | 63 |
| 243 | 2677 | CZARNUCH | NIKOLA | STANIEWICE | Dorian Team | 29'26" | 32'29" | K | 42 | 440 | 197 |
| 244 | 2718 | SIKORSKA | DARIA | KOSZALIN | | 29'28" | 29'51" | K | 43 | 75 | -169 |
| 245 | 4191 | SERWA | KACPER | KOSZALIN | Zs 9 elektronik | 29'29" | 30'25" | M | 202 | 156 | -89 |
| 246 | 4154 | HAŁAS | JAKUB | BIAŁOGARD | | 29'31" | 30'25" | M | 203 | 152 | -94 |
| 247 | 1436 | POLETAJEW | WIKTORIA | KOSZALIN | | 29'34" | 32'28" | K | 44 | 418 | 171 |
| 248 | 4105 | KACZMAREK | AGNIESZKA | KOSZALIN | | 29'35" | 30'47" | K | 45 | 198 | -50 |
| 248 | 923 | GŁOWACKI | WŁODZIMIERZ | KOSZALIN | | 29'35" | 30'49" | M | 204 | 205 | -43 |
| 250 | 5300 | MARCINIAK | PIOTR | KOSZALIN | | 29'43" | 31'31" | M | 205 | 286 | 36 |
| 251 | 111 | KARNICKI | ZYGMUNT | KOSZALIN | TKKF Koszalin | 29'45" | 30'16" | M | 206 | 95 | -156 |
| 252 | 3731 | CZERNIAK | GRACJAN | KOSZALIN | | 29'47" | 31'16" | M | 207 | 241 | -11 |
| 252 | 1870 | STACHOWIAK | PAMELA | KOSZALIN | | 29'47" | 30'15" | K | 46 | 88 | -164 |
| 254 | 1128 | STRASZAK | PIOTR | OSIEKI | | 29'48" | 30'20" | M | 208 | 96 | -158 |
| 254 | 733 | KORPAL | CEZARY | KOSZALIN | rodzinnie | 29'48" | 31'20" | M | 208 | 249 | -5 |
| 256 | 1437 | POLETAJEW | ANDRZEJ | KOSZALIN | Gwardia Koszalin | 29'49" | 32'27" | M | 210 | 381 | 125 |
| 257 | 3790 | FRANKOWSKI | KAROL | STARE BIELICE | | 29'50" | 32'51" | M | 211 | 434 | 177 |
| 258 | 4134 | ZIÓŁKOWSKI | TOMASZ | SZCZECINEK | | 29'55" | 31'36" | M | 212 | 271 | 13 |
| 258 | 3165 | STEPNIEWSKI | KAROL | KOSZALIN | | 29'55" | 30'36" | M | 212 | 118 | -140 |
| 260 | 3389 | MICERSKI | TOMASZ | KOSZALIN | brak | 29'56" | 30'23" | M | 214 | 84 | -176 |
| 260 | 3668 | MICERSKI | KACPER | KOSZALIN | | 29'56" | 30'23" | M | 214 | 84 | -176 |
| 260 | 3438 | PARTYKA | ANETA | POŁCZYN ZDRÓJ | | 29'56" | 31'35" | K | 47 | 266 | 6 |
| 263 | 2233 | WIKTOROWICZ | MAŁGORZATA | KOSZALIN | CIOTECZKI.PL | 29'57" | 31'43" | K | 48 | 283 | 20 |
| 264 | 1750 | KOSZOWSKI | KRYSTIAN | KOSZALIN | | 29'58" | 31'35" | M | 216 | 261 | -3 |
| 264 | 3706 | BORYS | JUSTYNA | KOSZALIN | | 29'58" | 31'33" | K | 49 | 255 | -9 |
| 264 | 3748 | SIUDOWSKA | WIOLETA | KOSZALIN | | 29'58" | 32'23" | K | 49 | 354 | 90 |
| 267 | 560 | MAZUREK | BARBARA | KOSZALIN | | 29'59" | 32'59" | K | 51 | 433 | 166 |
| 268 | 3715 | CZERSKI | PIOTR | KOSZALIN | | 30'00" | 32'25" | M | 217 | 355 | 87 |
| 269 | 3738 | PIETRZAK | MARIOLA | KOSZALIN | Koszalin | 30'02" | 32'59" | K | 52 | 426 | 157 |
| 270 | 776 | PELECH | ŁUKASZ | KONIN | Kospel | 30'04" | 32'49" | M | 218 | 400 | 130 |

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|------|------|----------------|------------|-------------|-------------------|--------------|---------------|------|--------|-------------------|---------------------|
| 271 | 1334 | GRAJ | JOANNA | KOSZALIN | | 30'05" | 31'30" | K | 53 | 233 | -38 |
| 271 | 4189 | BIAZIK | MARTA | KOSZALIN | | 30'05" | 30'55" | K | 53 | 141 | -130 |
| 273 | 4106 | OLECH | RITA | KOSZALIN | | 30'06" | 31'53" | K | 55 | 285 | 12 |
| 274 | 3244 | SZYSZKOWSKI | TOMASZ | KOSZALIN | | 30'13" | 32'06" | M | 219 | 295 | 21 |
| 274 | 3764 | UŁAN | EMILIA | KOSZALIN | | 30'13" | 31'24" | M | 219 | 193 | -81 |
| 274 | 2368 | ZIELIŃSKI | JAROSŁAW | BIAŁOGARD | | 30'13" | 32'31" | M | 219 | 340 | 66 |
| 277 | 5220 | NOWAK | PIOTR | KOSZALIN | | 30'15" | 31'44" | M | 222 | 244 | -33 |
| 278 | 1753 | GAWIECKI | PIOTR | KOSZALIN | | 30'19" | 33'10" | M | 223 | 413 | 135 |
| 279 | 3755 | STOCHŁA | WIOLETA | BIESIEKIERZ | | 30'20" | 31'28" | K | 56 | 188 | -91 |
| 280 | 2919 | RYNDZIEWICZ | MARIUSZ | KOSZALIN | | 30'24" | 31'40" | M | 224 | 209 | -71 |
| 280 | 1918 | #N/D | #N/D | #N/D | #N/D | 30'24" | 31'39" | #N/D | #N/D | 206 | -74 |
| 282 | 1523 | KAMIŃSKA | JADWIGA | MIASTKO | | 30'29" | 31'38" | K | 57 | 190 | -92 |
| 283 | 2133 | JAŻWIŃSKI | DOMINIK | KOSZALIN | | 30'35" | 31'07" | M | 225 | 99 | -184 |
| 283 | 3270 | KOROL | ELŻBIETA | KOSZALIN | | 30'35" | 33'34" | K | 58 | 432 | 149 |
| 283 | 3789 | DARASZ | MATEUSZ | KOSZALIN | | 30'35" | 31'07" | M | 226 | 99 | -184 |
| 286 | 4157 | PAWŁOWSKA | URSZULA | KOŁOBRZEG | | 30'36" | 33'20" | K | 59 | 397 | 111 |
| 287 | 1695 | VON BARDELEBEN | AGNIESZKA | KOSZALIN | | 30'41" | 33'23" | K | 60 | 391 | 104 |
| 288 | 5214 | ŚNIEŻKO | MARCIN | KOSZALIN | | 30'42" | 32'31" | M | 227 | 290 | 2 |
| 288 | 1522 | KOŁODZIEJCZYK | MAJA | KĘPICE | | 30'42" | 31'49" | K | 61 | 184 | -104 |
| 290 | 146 | SIKORSKA | GRAŻYNA | BOBOLICE | KB RUN 42 | 30'57" | 32'20" | K | 62 | 227 | -63 |
| 291 | 144 | SIKORSKI | WITOLD | ROSNOWO | KB RUN 42 | 30'59" | 32'21" | M | 228 | 224 | -67 |
| 291 | 2303 | KĘPKA | WIOLETTA | WIEKOWO | | 30'59" | 32'07" | K | 63 | 188 | -103 |
| 293 | 3612 | ZIEMBA | PRZEMYSŁAW | KOSZALIN | | 31'05" | 34'43" | M | 229 | 493 | 200 |
| 294 | 213 | KURCZ | BARBARA | KOSZALIN | BABECZKI Koszalin | 31'07" | 33'45" | K | 64 | 380 | 86 |
| 295 | 2867 | TUTEJA | MAGDALENA | KOSZALIN | | 31'12" | 32'42" | K | 65 | 247 | -48 |
| 296 | 2575 | KOZAK | MAŁGORZATA | KOSZALIN | | 31'13" | 32'43" | K | 66 | 246 | -50 |
| 297 | 3876 | CZEŚCIK | KINGA | KOSZALIN | Zryw-Cwał Cewlino | 31'14" | 31'58" | K | 67 | 126 | -171 |
| 298 | 3569 | NIEWIADOWSKI | ROBERT | BIESIEKIERZ | | 31'16" | 34'58" | M | 230 | 498 | 200 |
| 298 | 1303 | WRÓBLEWSKA | MARTA | KOSZALIN | SP 7 | 31'16" | 35'01" | K | 68 | 508 | 210 |
| 300 | 5315 | GNAP | RAFAŁ | KOSZALIN | | 31'19" | 33'34" | M | 231 | 338 | 38 |
| 300 | 5291 | MARKOWSKI | MICHAŁ | KOSZALIN | | 31'19" | 33'40" | M | 231 | 348 | 48 |
| 302 | 2693 | WOSZTYL | ALICJA | BĘDZINO | | 31'20" | 33'17" | K | 69 | 305 | 3 |
| 303 | 2702 | PASEK | PAULA | DUNOWO | | 31'23" | 34'04" | K | 70 | 387 | 84 |
| 303 | 433 | ZIĘTARA | RYSZARD | KOSZALIN | | 31'23" | 32'05" | M | 233 | 119 | -184 |
| 305 | 4129 | CZAPKA | PIOTR | KOSZALIN | ARBET TEAM | 31'32" | 33'37" | M | 234 | 320 | 15 |
| 306 | 143 | HELLER | ZDZIŚLAW | KOSZALIN | | 31'33" | 34'28" | M | 235 | 421 | 115 |

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|------|------|---------------|------------|-------------|----------|--------------|---------------|------|--------|-------------------|---------------------|
| 307 | 2280 | STASZYŃSKA | MARIANNA | KOSZALIN | | 31'38" | 32'26" | K | 71 | 136 | -171 |
| 307 | 3814 | PARTYKA | JOANNA | ŁOBEZ | | 31'38" | 33'18" | K | 71 | 268 | -39 |
| 307 | 3750 | KRYSZEWSKA | MAGDALENA | KOSZALIN | | 31'38" | 34'12" | K | 71 | 371 | 64 |
| 310 | 3767 | GAJTKOWSKI | TOMASZ | KOSZALIN | | 31'43" | 34'15" | M | 236 | 368 | 58 |
| 311 | 257 | MIKULSKI | ARKADIUSZ | KOSZALIN | | 31'51" | 33'37" | M | 237 | 284 | -27 |
| 312 | 3480 | RĘBISZ | ANETA | BĘDZINO | | 31'53" | 34'11" | K | 74 | 343 | 31 |
| 313 | 259 | WYSOCKI | ANDRZEJ | KOSZALIN | | 31'54" | 33'38" | M | 238 | 279 | -34 |
| 314 | 5148 | HUBKO | PAWEŁ | KOSZALIN | | 31'59" | 35'26" | M | 239 | 473 | 159 |
| 315 | 2812 | DYŚ | ALEKSANDRA | KOSZALIN | | 32'08" | 35'03" | K | 75 | 422 | 107 |
| 316 | 3777 | RADOMSKA | JOANNA | CZARNE | | 32'12" | 33'37" | K | 76 | 237 | -79 |
| 317 | 3343 | JAKUBIAK | PAWEŁ | MŚCICE | | 32'13" | 33'32" | M | 240 | 215 | -102 |
| 318 | 2117 | MŁYNARSKI | PIOTR | KOSZALIN | | 32'14" | 35'41" | M | 241 | 473 | 155 |
| 319 | 4180 | BAGIŃSKI | GRZEGORZ | KOSZALIN | | 32'15" | 34'53" | M | 242 | 381 | 62 |
| 320 | 3210 | URBAŃSKA | ANETTA | KOSZALIN | | 32'20" | 34'58" | K | 77 | 381 | 61 |
| 321 | 3212 | DACZKOWSKA | EWELINA | KOSZALIN | | 32'22" | 34'57" | K | 78 | 373 | 52 |
| 321 | 3712 | WOJCIECHOWSKA | MAŁGORZATA | KRETOMINO | | 32'22" | 34'41" | K | 78 | 345 | 24 |
| 323 | 626 | DONDAJEWSKA | MARZENA | KOSZALIN | | 32'27" | 33'54" | K | 80 | 238 | -85 |
| 324 | 697 | BORSUK | DOROTA | KOSZALIN | | 32'32" | 33'54" | K | 81 | 224 | -100 |
| 325 | 2619 | KOSIOR | MARCIN | KOSZALIN | | 32'35" | 36'47" | M | 243 | 545 | 220 |
| 326 | 3265 | FRASZKIEWICZ | KACPER | KOSZALIN | | 32'49" | 33'38" | M | 244 | 139 | -187 |
| 327 | 3746 | SKRZYPCZYK | AGNIESZKA | TYMIEŃ | | 32'56" | 33'22" | K | 82 | 83 | -244 |
| 328 | 5303 | DĄBROWSKA | JOANNA | SŁAWNO | | 33'18" | 34'32" | K | 83 | 202 | -126 |
| 329 | 5301 | KUMANIECKA | JUSTYNA | SŁAWNO | | 33'20" | 34'34" | K | 84 | 202 | -127 |
| 330 | 3607 | RĄP | APOLONIA | KOSZALIN | | 33'22" | 35'19" | K | 85 | 307 | -23 |
| 331 | 3620 | RADZIWON | EMILIA | KOSZALIN | | 33'24" | 35'20" | K | 86 | 303 | -28 |
| 332 | 3752 | SZCZEPANIAK | KAMILA | KOSZALIN | in | 33'31" | 33'58" | K | 87 | 84 | -248 |
| 333 | 4178 | KEMPA | MARCEL | KOSZALIN | | 33'33" | 33'40" | M | 245 | 27 | -306 |
| 333 | 5282 | KEMPA | SEBASTIAN | MŚCICE | | 33'33" | 33'41" | M | 245 | 28 | -305 |
| 335 | 4136 | SICIŃSKI | GRZEGORZ | KOSZALIN | | 33'34" | 37'22" | M | 247 | 515 | 180 |
| 336 | 5239 | GRZYMAŁA | ANGELIKA | KOSZALIN | babeczki | 33'38" | 36'46" | K | 88 | 445 | 109 |
| 337 | 2932 | GÓRA | WIOLETTA | KOSZALIN | | 33'39" | 36'45" | K | 89 | 441 | 104 |
| 338 | 2272 | KAPUŚCIŃSKA | BOGUSŁAWA | KOSZALIN | | 33'42" | 36'24" | K | 90 | 392 | 54 |
| 339 | 3340 | SEEWALD | JULIA | KOSZALIN | | 33'44" | 38'09" | K | 91 | 564 | 225 |
| 340 | 3303 | SEEWALD | AGNIESZKA | KOSZALIN | | 33'46" | 38'11" | K | 92 | 564 | 224 |
| 341 | 513 | RASIŃSKA | ALICJA | KOSZALIN | | 33'48" | 35'57" | K | 93 | 328 | -13 |
| 341 | 3718 | KOSECKA | SYLWIA | KOSZALIN | | 33'48" | 38'11" | K | 93 | 560 | 219 |

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| POZ. | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | CZAS [NETTO] | CZAS [BRUTTO] | KAT. | PUNKTY | NA STAR- CIE * | WYPRZE- DZANIE * |
|------|------|----------------|------------|-------------|-------------------|--------------|---------------|------|--------|-------------------|---------------------|
| 343 | 3384 | RYBARCZYK | JOANNA | KOSZALIN | | 34'00" | 36'26" | K | 95 | 356 | 13 |
| 344 | 334 | KRACZKOWSKI | PRZEMYSŁAW | KOSZALIN | | 34'01" | 36'36" | M | 248 | 378 | 34 |
| 344 | 3386 | RYBARCZYK | ROBERT | KOSZALIN | | 34'01" | 36'28" | M | 248 | 360 | 16 |
| 344 | 3381 | RYBARCZYK | MIŁOSZ | KOSZALIN | | 34'01" | 36'27" | M | 248 | 358 | 14 |
| 347 | 2487 | KRACZKOWSKI | MARCEL | KOSZALIN | | 34'03" | 36'35" | M | 251 | 367 | 20 |
| 348 | 3852 | MIROWICZ-KIKUN | KACPER | KOSZALIN | | 34'05" | 37'37" | M | 252 | 482 | 134 |
| 349 | 2678 | CZARNUCH | KINGA | STANIEWICE | Dorian Team | 34'15" | 37'17" | K | 96 | 436 | 87 |
| 350 | 2102 | RABKA | MICHAŁ | KOSZALIN | Przedszkole nr 12 | 34'17" | 38'01" | M | 253 | 503 | 153 |
| 350 | 2103 | RABKA | JANUSZ | KOSZALIN | | 34'17" | 38'02" | M | 253 | 509 | 159 |
| 350 | 3667 | FRAŃCZ | WANESAA | BIAŁOGARD | | 34'17" | 35'01" | K | 97 | 128 | -222 |
| 353 | 4161 | KAMELSKI | SZYMON | SŁAWNO | | 34'47" | 37'05" | M | 255 | 340 | -13 |
| 354 | 2701 | PASEK | JAN | DUNOWO | | 34'48" | 37'35" | M | 256 | 405 | 51 |
| 355 | 5147 | OLKOWSKA | KRYSTYNA | KOSZALIN | | 34'52" | 35'13" | K | 98 | 69 | -286 |
| 356 | 3665 | BARAN | JUSTYNA | BIAŁOGARD | | 34'57" | 35'40" | K | 99 | 122 | -234 |
| 357 | 4139 | SICIŃSKI | GRZEGORZ | KOSZALIN | | 34'58" | 38'44" | M | 257 | 512 | 155 |
| 358 | 485 | RASIŃSKA | PATRYCJA | KOSZALIN | | 35'01" | 37'16" | K | 100 | 338 | -20 |
| 359 | 489 | RASIŃSKI | KRZYSZTOF | KOSZALIN | | 35'02" | 37'16" | M | 258 | 337 | -22 |
| 359 | 1162 | GROBLICA | KRYSTIAN | KOSZALIN | | 35'02" | 37'49" | M | 258 | 405 | 46 |
| 361 | 135 | KOTARA-PAŁKA | MAŁGORZATA | KOSZALIN | | 35'03" | 37'34" | K | 101 | 365 | 4 |
| 362 | 1158 | GROBLICA | ZOSIA | KOSZALIN | | 35'04" | 37'48" | K | 102 | 397 | 35 |
| 363 | 1315 | PAŁKA | GABRIELA | KOSZALIN | PRZEDSZKOLE NR 16 | 35'05" | 37'34" | K | 103 | 363 | 0 |
| 363 | 2328 | ŁUBNIEWSKA | NATALIA | KOSZALIN | | 35'05" | 36'50" | K | 103 | 280 | -83 |
| 365 | 4177 | KOMAR | AGNIESZKA | SŁAWNO | SPOKO SŁAWNO | 35'06" | 37'41" | K | 105 | 377 | 12 |
| 365 | 4166 | JABŁOŃSKA | MARTYNA | SŁAWNO | SPOKO SŁAWNO | 35'06" | 37'40" | K | 105 | 371 | 6 |
| 367 | 5308 | JAKUBIAK | KATARZYNA | KOŁOBRZEG | | 35'10" | 36'26" | K | 107 | 209 | -158 |
| 368 | 1595 | VON BARDELEBEN | TARRYN | KOSZALIN | | 35'13" | 38'07" | K | 108 | 418 | 50 |
| 368 | 2418 | KOSEK | WERONIKA | KOSZALIN | | 35'13" | 36'53" | K | 108 | 268 | -100 |
| 370 | 3708 | GLIŃSKA | ANNA | KOSZALIN | | 35'19" | 36'02" | K | 110 | 122 | -248 |
| 371 | 3507 | PIECHOCKA | EDYTA | KOSZALIN | | 35'22" | 39'00" | K | 111 | 492 | 121 |
| 372 | 3342 | PAŃCZYK | SZYMON | KOSZALIN | | 35'27" | 37'54" | M | 260 | 360 | -12 |
| 373 | 3341 | PAŃCZYK | JUSTYNA | KOSZALIN | | 35'28" | 37'55" | K | 112 | 359 | -14 |
| 374 | 5313 | HAŁAJKO | TOMASZ | KOSZALIN | | 35'38" | 40'20" | M | 261 | 579 | 205 |
| 375 | 166 | WOLF | WERONIKA | SIAŃÓW | | 35'41" | 40'21" | K | 113 | 576 | 201 |
| 375 | 199 | HAŁAJKO | MAGDALENA | KOSZALIN | | 35'41" | 40'20" | K | 113 | 574 | 199 |
| 375 | 2595 | HAŁAJKO | LILIANNA | KOSZALIN | BABECZKI KOSZALIN | 35'41" | 40'22" | K | 113 | 577 | 202 |
| 375 | 2594 | HAŁAJKO | MATEUSZ | KOSZALIN | BABECZKI KOSZALIN | 35'41" | 40'20" | M | 262 | 574 | 199 |

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|------|------|----------------|------------|--------------|---------------------|--------------|---------------|------|--------|-------------------|---------------------|
| 379 | 2676 | CZARNUCH | HANNA | STANIEWICE | Dorian Team | 35'53" | 39'44" | K | 116 | 519 | 140 |
| 380 | 3843 | TETLOCH | AGNIESZKA | KOSZALIN | | 35'54" | 39'04" | K | 117 | 450 | 70 |
| 381 | 2675 | KOWALSKA | BARBARA | STARY KRAKÓW | Dorian Team | 35'56" | 39'46" | K | 118 | 517 | 136 |
| 381 | 3787 | MYCIO | OLIWIA | KOSZALIN | | 35'56" | 39'47" | K | 118 | 518 | 137 |
| 383 | 3375 | BATYŃSKA | MAGDALENA | KOSZALIN | | 35'57" | 37'39" | K | 120 | 273 | -110 |
| 384 | 5133 | ZUKAL | JAKUB | KOSZALIN | | 35'59" | 37'50" | M | 263 | 293 | -91 |
| 385 | 3751 | ROMANOWICZ | MONIKA | KOSZALIN | | 36'03" | 38'41" | K | 121 | 381 | -4 |
| 386 | 496 | KOZŁOWIECKA | MAŁGORZATA | KOSZALIN | | 36'07" | 38'12" | K | 122 | 319 | -67 |
| 387 | 3753 | SKUPIŃSKA | IZABELA | SIANÓW | | 36'13" | 38'44" | K | 123 | 366 | -21 |
| 388 | 2949 | ZUKAL | ALEKSANDRA | KOSZALIN | | 36'15" | 38'09" | K | 124 | 298 | -90 |
| 389 | 4144 | MIKLASIŃSKA | MONIKA | SŁAWNO | Olszewski I Synowie | 36'18" | 38'38" | K | 125 | 347 | -42 |
| 390 | 831 | MROCZKOWSKA | MAŁGORZATA | KOSZALIN | | 36'20" | 39'53" | K | 126 | 486 | 96 |
| 391 | 5208 | IRMINA | WILMAŃSKA | KOSZALIN | | 36'31" | 40'06" | K | 127 | 487 | 96 |
| 392 | 1173 | PIECHOTA | GRZEGORZ | KOSZALIN | | 36'44" | 38'13" | M | 264 | 241 | -151 |
| 393 | 3510 | WALCZAK | KSAWERY | KOSZALIN | | 36'51" | 39'19" | M | 265 | 362 | -31 |
| 394 | 3854 | MIROWICZ-KIKUN | RENATA | KOSZALIN | | 36'54" | 40'25" | K | 128 | 479 | 85 |
| 395 | 4156 | PIECYCHNA | AGATA | KOŁOBRZEG | | 37'03" | 39'46" | K | 129 | 395 | 0 |
| 396 | 1559 | RABKA | MONIKA | KOSZALIN | | 37'04" | 40'59" | K | 130 | 525 | 129 |
| 397 | 3192 | JAKUBOWSKA | ANNA | KOSZALIN | | 37'06" | 39'15" | K | 131 | 330 | -67 |
| 398 | 3402 | KIERSZTYN | ROBERT | KOSZALIN | | 37'15" | 38'52" | M | 266 | 260 | -138 |
| 399 | 3404 | KIERSZTYN | WERONIKA | KOSZALIN | | 37'17" | 38'52" | K | 132 | 254 | -145 |
| 399 | 3882 | TOKARSKA | JULIA | TYCHOWO | | 37'17" | 40'24" | K | 132 | 443 | 44 |
| 401 | 2621 | KOSIOR | ERNEST | KOSZALIN | | 37'49" | 42'01" | M | 267 | 545 | 144 |
| 402 | 1621 | HAUSMAN | ANDRZEJ | KOSZALIN | | 37'53" | 40'49" | M | 268 | 424 | 22 |
| 403 | 3833 | OZIMKOWSKA | JOANNA | ZŁOCIENIEC | | 38'11" | 41'43" | K | 134 | 484 | 81 |
| 404 | 1809 | BIRONT | MAJA | KOSZALIN | | 38'52" | 41'10" | K | 135 | 340 | -64 |
| 405 | 1391 | PALUSZEK | JULIA | KOSZALIN | Rodzinnie | 39'07" | 41'14" | K | 136 | 325 | -80 |
| 406 | 1545 | CELEP | KATARZYNA | KOSZALIN | | 39'19" | 42'16" | K | 137 | 426 | 20 |
| 406 | 3420 | RABKA | JAKUB | KOSZALIN | | 39'19" | 43'14" | M | 269 | 525 | 119 |
| 408 | 1877 | BOGUSŁAWSKI | FILIP | KOSZALIN | | 39'20" | 42'22" | M | 270 | 437 | 29 |
| 409 | 1546 | CELEP | SZYMON | KOSZALIN | | 39'21" | 42'15" | M | 271 | 420 | 11 |
| 410 | 3422 | DYBA | RYSZARD | KOSZALIN | | 39'22" | 43'15" | M | 272 | 523 | 113 |
| 410 | 290 | PALUSZEK | AGNIESZKA | KOSZALIN | | 39'22" | 41'29" | K | 138 | 324 | -86 |
| 412 | 5321 | RYNDZIEWICZ | ALEKSANDRA | KOSZALIN | | 39'29" | 40'40" | K | 139 | 196 | -216 |
| 413 | 4190 | JAKUBOWSKI | WOJCIECH | BIESIEKIERZ | | 39'30" | 40'43" | M | 273 | 199 | -214 |
| 413 | 4175 | ZYBERT | KORNELIA | BIESIEKIERZ | | 39'30" | 40'41" | K | 140 | 194 | -219 |

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|------|------|--------------|------------|-------------|-------------------|--------------|---------------|------|--------|-------------------|---------------------|
| 415 | 5317 | KUIŃSKA | MILENA | KOSZALIN | | 39'31" | 40'40" | K | 141 | 190 | -225 |
| 416 | 5302 | WESOŁOWSKI | DAWID | KOSZALIN | | 39'45" | 40'52" | M | 274 | 184 | -232 |
| 417 | 3757 | ZAWISTOWSKI | RADOSŁAW | KOSZALIN | | 39'46" | 43'30" | M | 275 | 505 | 88 |
| 417 | 4155 | ZAWISTOWSKA | AGATA | KOSZALIN | | 39'46" | 43'30" | K | 142 | 505 | 88 |
| 419 | 3768 | DROZDOWSKA | PATRYCJA | TYCHOWO | | 39'48" | 43'39" | K | 143 | 521 | 102 |
| 420 | 3827 | CHRISTYNIUK | TYMOTEUSZ | SŁUPSK | | 39'49" | 41'34" | M | 276 | 282 | -138 |
| 421 | 3778 | DROZDOWSKA | MAJA | TYCHOWO | | 39'51" | 43'43" | K | 144 | 522 | 101 |
| 422 | 3824 | CHRISTYNIUK | PIOTR | SŁUPSK | | 39'52" | 41'37" | M | 277 | 280 | -142 |
| 423 | 5310 | CHRISTYNIUK | IGA | SŁUPSK | | 39'55" | 41'38" | K | 145 | 277 | -146 |
| 424 | 1648 | ROLBIECKI | ADAM | KOSZALIN | | 40'00" | 43'15" | M | 278 | 455 | 31 |
| 425 | 1647 | KOZŁOWSKA | LENA | KOSZALIN | Przedszkole Nr 19 | 40'02" | 43'15" | K | 146 | 453 | 28 |
| 426 | 3834 | BEDNARSKA | MAŁGORZATA | KOSZALIN | | 40'03" | 43'35" | K | 147 | 484 | 58 |
| 427 | 3851 | KIKUN | ROBERT | KOSZALIN | | 40'05" | 44'18" | M | 279 | 547 | 120 |
| 428 | 2856 | SIENKIEWICZ | JULIA | KOSZALIN | | 40'09" | 42'54" | K | 148 | 400 | -28 |
| 429 | 3268 | CHMIELEWSKA | PAULINA | WICKO | | 40'15" | 42'39" | K | 149 | 352 | -77 |
| 429 | 2137 | KOZŁOWSKA | MONIKA | KOSZALIN | | 40'15" | 43'26" | K | 149 | 451 | 22 |
| 431 | 2785 | SZTORC | MAŁGORZATA | KOSZALIN | | 40'21" | 42'03" | K | 151 | 274 | -157 |
| 432 | 5276 | OSTAPIEC | HANNA | KOSZALIN | | 40'22" | 43'44" | K | 152 | 468 | 36 |
| 433 | 2129 | ROGOŻA | NATALIA | KOSZALIN | | 40'26" | 44'19" | K | 153 | 524 | 91 |
| 434 | 3871 | GÓRSKA | WERONIKA | KOSZALIN | | 40'28" | 44'19" | K | 154 | 519 | 85 |
| 435 | 3466 | MYC | PAWEŁ | KOSZALIN | | 40'32" | 42'27" | M | 280 | 300 | -135 |
| 435 | 3488 | MYC | WERONIKA | KOSZALIN | | 40'32" | 42'27" | K | 155 | 300 | -135 |
| 437 | 3881 | TOKARSKA | ALEKSANDRA | TYCHOWO | | 40'39" | 44'16" | K | 156 | 490 | 53 |
| 438 | 3880 | TOKARSKI | PIOTR | TYCHOWO | | 40'40" | 44'19" | M | 281 | 495 | 57 |
| 439 | 3883 | TOKARSKA | EWA | TYCHOWO | | 40'43" | 44'19" | K | 157 | 489 | 50 |
| 440 | 5280 | URBANIAK | ASIA | KOSZALIN | | 40'46" | 44'04" | K | 158 | 461 | 21 |
| 441 | 5290 | KOLANO | ANDRZEJ | KOSZALIN | | 40'47" | 44'06" | M | 282 | 463 | 22 |
| 442 | 1346 | WIECZYŃSKA | GABRIELA | KOSZALIN | | 40'49" | 42'52" | K | 159 | 314 | -128 |
| 443 | 855 | MICHALSKA | EWELINA | KOSZALIN | | 40'51" | 42'53" | K | 160 | 313 | -130 |
| 444 | 2713 | KAZIMIERCZAK | LESZEK | NIEKŁONICE | CSSP Koszalin | 40'54" | 42'33" | M | 283 | 264 | -180 |
| 444 | 5319 | KAZIMIERCZAK | FABIAN | NIEKŁONICE | | 40'54" | 42'32" | M | 283 | 263 | -181 |
| 446 | 3194 | TARASIEWICZ | LENA | KOSZALIN | | 41'03" | 42'28" | K | 161 | 233 | -213 |
| 447 | 5289 | URBANIAK | NATALIA | KOSZALIN | | 41'06" | 44'26" | K | 162 | 464 | 17 |
| 448 | 4119 | GRUDZIŃSKA | MARTA | KOSZALIN | | 41'12" | 43'18" | K | 163 | 323 | -125 |
| 449 | 2863 | TUTEJA | MAJA | KOSZALIN | | 41'13" | 42'25" | K | 164 | 197 | -252 |
| 450 | 5320 | SZPAKIEWICZ | MAJA | KOSZALIN | | 41'15" | 42'26" | K | 165 | 194 | -256 |

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|------|------|---------------|------------|-------------|------------------------|--------------|---------------|------|--------|-------------------|---------------------|
| 450 | 910 | JARZĘBSKA | EWELINA | MŚCICE | | 41'15" | 43'52" | K | 165 | 379 | -71 |
| 452 | 5311 | LESZCZUK | IZABELA | KOSZALIN | | 41'17" | 44'24" | K | 167 | 443 | -9 |
| 453 | 5285 | DERLIŃSKA | OLGA | KOSZALIN | Tornado Koszalin | 41'21" | 45'36" | K | 168 | 552 | 99 |
| 454 | 3758 | TKACZ | ADRIANNA | SIANÓW | | 41'22" | 42'45" | K | 169 | 228 | -226 |
| 454 | 5284 | DERLIŃSKA | KATARZYNA | KOSZALIN | Tornado Koszalin | 41'22" | 45'37" | K | 169 | 552 | 98 |
| 456 | 616 | KILAR | OLIWIA | KOSZALIN | Dinusie Przedszkole 13 | 41'28" | 45'26" | K | 171 | 532 | 76 |
| 457 | 617 | KILAR | ZOFIA | KOSZALIN | | 41'31" | 45'26" | K | 172 | 529 | 72 |
| 458 | 1614 | MŁYNARSKA | NINA | KOSZALIN | | 41'36" | 45'23" | K | 173 | 514 | 56 |
| 459 | 3739 | PIETRZAK | JULIA | KOSZALIN | Julia Pietrzak | 41'40" | 42'41" | K | 174 | 167 | -292 |
| 460 | 1697 | MAZUREK | HANNA | KOSZALIN | Sp Nr 17 | 41'41" | 42'42" | K | 175 | 166 | -294 |
| 460 | 4146 | MADZIAŁA | NATALIA | KOSZALIN | | 41'41" | 42'43" | K | 175 | 170 | -290 |
| 462 | 3839 | ROGANOWSKI | RAFAŁ | KOSZALIN | Rozbiegany Koszalin | 41'47" | 42'32" | M | 285 | 130 | -332 |
| 463 | 3847 | ROGANOWSKI | HUBERT | KOSZALIN | Rozbiegany Koszalin | 41'50" | 42'34" | M | 286 | 127 | -336 |
| 464 | 3398 | KONIEWSKA | JUSTYNA | KOSZALIN | | 42'01" | 43'33" | K | 177 | 248 | -216 |
| 465 | 3193 | TARASIEWICZ | KONRAD | KOSZALIN | | 42'09" | 43'29" | M | 287 | 219 | -246 |
| 466 | 3817 | PANCIELEJKO | MIECZYŚLAW | KOSZALIN | | 42'20" | 44'43" | M | 288 | 350 | -116 |
| 467 | 3816 | PANCIELEJKO | MICHAŁ | KOSZALIN | Judo Gwardia Koszalin | 42'21" | 44'44" | M | 289 | 351 | -116 |
| 468 | 615 | KILAR | TOMASZ | KOSZALIN | | 42'28" | 45'26" | M | 290 | 429 | -39 |
| 469 | 5283 | RYFUN | PAWEŁ | KOSZALIN | | 42'32" | 46'38" | M | 291 | 540 | 71 |
| 469 | 2855 | SIENKIEWICZ | SYLWIA | KOSZALIN | | 42'32" | 45'18" | K | 178 | 403 | -66 |
| 471 | 4179 | KRÓL | LUCYNA | ŚWIESZYNO | | 42'33" | 45'25" | K | 179 | 415 | -56 |
| 472 | 4165 | LIS | MARIAN | KOSZALIN | | 42'34" | 45'25" | M | 292 | 413 | -59 |
| 473 | 333 | BAKOWSKI | ŁUKASZ | KOSZALIN | RURKI Z KREMEM | 42'37" | 45'59" | M | 293 | 466 | -7 |
| 474 | 2565 | BAKOWSKA | AGATA | KOSZALIN | BABECZKI KOSZALIN | 42'38" | 46'00" | K | 180 | 467 | -7 |
| 475 | 2694 | WOSZTYL | EMILIAN | BĘDZINO | | 42'51" | 45'58" | M | 294 | 442 | -33 |
| 476 | 884 | MOLESZTAK | ZOFIA | KOSZALIN | | 42'52" | 45'42" | K | 181 | 412 | -64 |
| 477 | 2443 | ŁUBNIEWSKA | KARINA | KOSZALIN | | 42'57" | 44'58" | K | 182 | 311 | -166 |
| 478 | 1171 | GRZELAK | PATRYK | KOSZALIN | | 43'01" | 44'35" | M | 295 | 253 | -225 |
| 479 | 608 | GRZELAK | KARINA | KOSZALIN | | 43'04" | 44'37" | K | 183 | 250 | -229 |
| 480 | 5304 | ORACZYŃSKA | MIROŚLAWA | GŁÓWNO | | 43'09" | 44'42" | K | 184 | 251 | -229 |
| 481 | 2444 | ŁUBNIEWSKI | ARKADIUSZ | KOSZALIN | | 43'15" | 45'15" | M | 296 | 310 | -171 |
| 482 | 4108 | OLECH | NINA | KOSZALIN | | 43'42" | 45'30" | K | 185 | 288 | -194 |
| 483 | 3419 | CZERNICKI | MIKOŁAJ | KOSZALIN | | 43'47" | 44'52" | M | 297 | 178 | -305 |
| 483 | 4107 | PODRAZA-OLECH | DAGMARA | KOSZALIN | | 43'47" | 45'36" | K | 186 | 289 | -194 |
| 485 | 1732 | CZERNICKI | MARCIN | KOSZALIN | | 43'48" | 44'53" | M | 298 | 181 | -304 |
| 486 | 212 | BARTNIK | MARIAN | KOSZALIN | TKKF Koszalin | 44'03" | 44'14" | M | 299 | 37 | -449 |

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|------|------|----------------|-------------|-------------|---------------------|--------------|---------------|------|--------|-------------------|---------------------|
| 487 | 510 | ŁOPIŃSKA-WERRA | ALEKSANDRA | KOSZALIN | | 44'10" | 47'51" | K | 187 | 497 | 10 |
| 488 | 5293 | KASAK | MAJA | KOSZALIN | | 44'14" | 47'12" | K | 188 | 428 | -60 |
| 489 | 3403 | KIERSZTYN | AGNIESZKA | KOSZALIN | | 44'32" | 46'14" | M | 300 | 274 | -215 |
| 490 | 1316 | PAŁKA | TOMASZ | KOSZALIN | | 45'04" | 47'47" | M | 301 | 395 | -95 |
| 491 | 1314 | PAŁKA | TYMOTEUSZ | KOSZALIN | ŻŁOBEK SKRZAT | 45'06" | 47'48" | M | 302 | 392 | -99 |
| 492 | 5294 | MALEC | KASPIAN | KOSZALIN | | 45'28" | 46'45" | M | 303 | 212 | -280 |
| 492 | 5296 | MALEC | PAWEŁ | KOSZALIN | | 45'28" | 46'47" | M | 303 | 215 | -277 |
| 494 | 5295 | MALEC | JOANNA | KOSZALIN | | 45'30" | 46'46" | K | 189 | 208 | -286 |
| 495 | 5318 | KUIŃSKI | MAKSYMILIAN | KOSZALIN | | 45'34" | 47'29" | K | 190 | 302 | -193 |
| 496 | 1517 | PAKUŁSKA | DOMINIKA | KOSZALIN | | 45'35" | 49'58" | K | 191 | 561 | 65 |
| 497 | 3460 | KUIŃSKA | MAŁGORZATA | KOSZALIN | | 45'36" | 47'30" | K | 192 | 299 | -198 |
| 498 | 4116 | OSTAPIEC | WIKTOR | KOSZALIN | | 45'37" | 49'02" | M | 305 | 471 | -27 |
| 499 | 5275 | OSTAPIEC | SYLWIA | KOSZALIN | | 45'43" | 49'04" | K | 193 | 465 | -34 |
| 500 | 2564 | PAKUŁSKI | KAROL | KOSZALIN | | 45'53" | 50'16" | M | 306 | 561 | 61 |
| 501 | 1518 | PACZYŃSKA | IWONA | KOSZALIN | | 45'54" | 50'16" | K | 194 | 559 | 58 |
| 502 | 4145 | WERSOCKI | KORDIAN | KOSZALIN | | 46'07" | 49'17" | M | 307 | 449 | -53 |
| 503 | 1188 | SOKOŁOWSKI | MACIEJ | KOSZALIN | | 46'26" | 49'42" | M | 308 | 457 | -46 |
| 504 | 4133 | WERSOCKA | NADIA | KOSZALIN | | 46'27" | 49'36" | K | 195 | 448 | -56 |
| 505 | 4140 | WERSOCKA | OLIMPIA | KOSZALIN | | 46'28" | 49'36" | K | 196 | 447 | -58 |
| 506 | 1431 | SOKOŁOWSKA | BLANKA | KOSZALIN | | 46'30" | 49'41" | K | 197 | 451 | -55 |
| 507 | 117 | KALOCIŃSKI | KRZYSZTOF | KOSZALIN | ROZBIERANY KOSZALIN | 46'33" | 50'36" | M | 309 | 538 | 31 |
| 508 | 2167 | SARACZYN | JANUSZ | KOSZALIN | | 46'35" | 49'14" | M | 310 | 385 | -123 |
| 509 | 1735 | TARASIEWICZ | DOROTA | KOSZALIN | | 46'50" | 48'15" | K | 198 | 231 | -278 |
| 510 | 3878 | MONDRON | KATARZYNA | KOSZALIN | | 46'54" | 49'38" | K | 199 | 397 | -113 |
| 511 | 3858 | MONDRON | KAROLINA | KOSZALIN | | 46'55" | 49'36" | K | 200 | 390 | -121 |
| 511 | 3195 | TARASIEWICZ | MAJA | KOSZALIN | | 46'55" | 48'14" | K | 200 | 215 | -296 |
| 513 | 3873 | MONDRON | PAWEŁ | KOSZALIN | | 46'57" | 49'39" | M | 311 | 392 | -121 |
| 514 | 2978 | WOLAŃSKA | ALICJA | KOSZALIN | | 47'11" | 51'44" | K | 202 | 569 | 55 |
| 515 | 2977 | ŻANDARSKA | MAŁGORZATA | KOSZALIN | | 47'14" | 51'44" | K | 203 | 568 | 53 |
| 516 | 1540 | LISAJ | ANKA | KOSZALIN | | 47'46" | 49'50" | K | 204 | 316 | -200 |
| 517 | 3782 | LESISZ | ALEKSANDRA | KOSZALIN | | 48'03" | 51'20" | K | 205 | 459 | -58 |
| 518 | 2390 | SWOROWSKI | IGOR | KOSZALIN | Babeczki Koszalin | 48'06" | 49'19" | M | 312 | 201 | -317 |
| 519 | 2146 | SWOROWSKA | KATARZYNA | KOSZALIN | BIEGNIJMY.PL | 48'15" | 49'18" | K | 206 | 173 | -346 |
| 520 | 5288 | RABKA | MIKOŁAJ | KOSZALIN | | 48'24" | 52'07" | M | 313 | 501 | -19 |
| 521 | 1525 | ROMANOWSKA | AGNIESZKA | KOSZALIN | | 48'45" | 50'49" | K | 207 | 316 | -205 |
| 521 | 2748 | HODUN | MATYLDA | KOSZALIN | | 48'45" | 50'48" | K | 207 | 314 | -207 |

ORGANIZATOR:

PARTNERZY I SPONSORZY:



| POZ. | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | CZAS [NETTO] | CZAS [BRUTTO] | KAT. | PUNKTY | NA STARCIE * | WYPRZEDZANIE * |
|------|------|-----------------------|------------|-------------|---------------------|--------------|---------------|------|--------|--------------|----------------|
| 523 | 645 | KORCZYŃSKA | BEATA | KOSZALIN | | 48'47" | 52'18" | K | 209 | 481 | -42 |
| 524 | 5287 | RABKA | DARIUSZ | KOSZALIN | | 48'51" | 52'46" | M | 314 | 525 | 1 |
| 525 | 4152 | LESISZ | KAROLINA | KOSZALIN | | 49'01" | 52'17" | K | 210 | 457 | -68 |
| 526 | 1764 | SZEWCAK | RADOSŁAW | DOBRZYCA | | 49'02" | 50'38" | M | 315 | 258 | -268 |
| 526 | 3421 | DYBA | WIESŁAWA | KOSZALIN | | 49'02" | 52'59" | K | 211 | 531 | 5 |
| 526 | 3246 | GRABOWSKA-LESISZ | ANETA | KOSZALIN | | 49'02" | 52'19" | K | 211 | 460 | -66 |
| 529 | 2119 | BRANIECKA | ANNA | KOSZALIN | | 49'17" | 52'42" | K | 213 | 471 | -58 |
| 530 | 1572 | TERLECKA | JOLANTA | KOSZALIN | | 49'19" | 52'55" | K | 214 | 488 | -42 |
| 531 | 1571 | TERLECKI | MIROSLAW | KOSZALIN | | 49'25" | 52'57" | M | 316 | 483 | -48 |
| 531 | 3727 | ORYSZEWSKA | OLA | MIELNO | | 49'25" | 53'52" | K | 215 | 567 | 36 |
| 533 | 4186 | LASKOWSKA | RAFAELA | BIESIEKIERZ | | 49'27" | 53'51" | K | 216 | 563 | 30 |
| 534 | 5286 | SZCZYPEK | MONIKA | KOSZALIN | | 49'31" | 53'27" | K | 217 | 530 | -4 |
| 535 | 2622 | KOSIOR | JUSTYNA | KOSZALIN | | 49'40" | 53'41" | K | 218 | 537 | 2 |
| 536 | 1547 | CELEP | MILENA | KOSZALIN | | 50'03" | 53'01" | K | 219 | 429 | -107 |
| 537 | 1544 | CELEP | MARIUSZ | KOSZALIN | | 50'04" | 53'02" | M | 317 | 429 | -108 |
| 538 | 593 | PAKULSKA | EWA | KOSZALIN | | 50'07" | 54'20" | K | 220 | 548 | 10 |
| 539 | 2189 | NIZIOŁEK | STANISŁAWA | KOSZALIN | | 50'13" | 54'20" | K | 221 | 541 | 2 |
| 540 | 2655 | ŚNIEŻKO | HANIA | KOSZALIN | | 50'39" | 52'49" | K | 222 | 331 | -209 |
| 541 | 2823 | ZUMDA TRZEBIATOWSKI | PIOTR | KOSZALIN | | 51'15" | 55'10" | M | 318 | 525 | -16 |
| 542 | 505 | SZYSZKO | WOJTEK | KOSZALIN | | 51'18" | 54'36" | M | 319 | 462 | -80 |
| 543 | 486 | KORZEC | HANNA | KOSZALIN | Pony Wille | 51'20" | 54'33" | K | 223 | 454 | -89 |
| 544 | 4171 | POPIOŁEK | ALEKSANDRA | KOSZALIN | | 51'21" | 55'21" | K | 224 | 534 | -10 |
| 544 | 1599 | SZYSZKO | BLANKA | KOSZALIN | Przedszkole nr 19 | 51'21" | 54'36" | K | 224 | 456 | -88 |
| 546 | 3511 | WALCZAK | MAGDALENA | KOSZALIN | | 51'22" | 55'22" | K | 226 | 534 | -12 |
| 547 | 2656 | ŚNIEŻKO | BEATA | KOSZALIN | | 51'41" | 53'52" | K | 227 | 332 | -215 |
| 548 | 5312 | SZTORC | KATARZYNA | KOSZALIN | | 51'49" | 53'31" | K | 228 | 276 | -272 |
| 549 | 2576 | KOZAK | MAGDALENA | KOSZALIN | | 51'50" | 53'30" | K | 229 | 267 | -282 |
| 550 | 2239 | HOŁODOWSKA | MAJA | KOSZALIN | BABECZKI KOSZALIN | 52'34" | 56'35" | K | 230 | 536 | -14 |
| 551 | 346 | SIERPOWSKA-HOŁODOWSKA | KATARZYNA | KOSZALIN | | 52'46" | 56'45" | K | 231 | 533 | -18 |
| 552 | 3840 | BUREK | JAKUB | KOSZALIN | CB WORLD | 53'25" | 57'44" | M | 320 | 556 | 4 |
| 553 | 4168 | SIENICKA | BARBARA | KOSZALIN | | 53'26" | 56'18" | K | 232 | 415 | -138 |
| 553 | 1254 | BUREK | ANETA | KOSZALIN | SquashFormaKoszalin | 53'26" | 57'43" | K | 232 | 554 | 1 |
| 555 | 5178 | BONISŁAWSKA | ZUZANNA | SŁAWNO | TITKI | 53'27" | 56'30" | K | 234 | 438 | -117 |
| 555 | 444 | SIENICKI | PIOTR | KOSZALIN | BIEGNIJMY.pl | 53'27" | 56'17" | M | 321 | 411 | -144 |

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|------|------|-------------|-----------|-------------|-----------------------|--------------|---------------|------|--------|--------------|-----------------|
| 557 | 1257 | BUREK | TOMASZ | KOSZALIN | SquashFormaKoszalin | 53'30" | 57'44" | M | 322 | 550 | -7 |
| 557 | 857 | BUREK | SZYMON | KOSZALIN | Squash Forma Koszalin | 53'30" | 57'43" | M | 322 | 548 | -9 |
| 559 | 2620 | KOSIOR | DARIA | KOSZALIN | | 53'38" | 57'48" | K | 235 | 543 | -16 |
| 560 | 5316 | MYNIO | MARTA | KOSZALIN | | 53'43" | 57'46" | K | 236 | 538 | -22 |
| 561 | 894 | KUKIEŁA | KAROLINA | KOSZALIN | | 53'55" | 58'41" | K | 237 | 581 | 20 |
| 562 | 979 | KONKEL | ŁUKASZ | KOSZALIN | | 54'10" | 58'46" | M | 324 | 573 | 11 |
| 562 | 2968 | KONKEL | IZABELA | KOSZALIN | | 54'10" | 58'45" | K | 238 | 571 | 9 |
| 564 | 5305 | RYŚ | ZBIGNIEW | GŁOWNO | | 54'31" | 56'43" | M | 325 | 334 | -230 |
| 565 | 1340 | KORCZYŃSKA | BARBARA | KOSZALIN | | 54'41" | 58'56" | K | 239 | 551 | -14 |
| 565 | 561 | KUKIEŁA | MATYLDA | KOSZALIN | | 54'41" | 58'23" | K | 239 | 498 | -67 |
| 567 | 2475 | MROCZKOWSKA | URSZULA | KOSZALIN | | 56'14" | 00'35" | K | 241 | 557 | -10 |
| 568 | 4147 | BIELAJEWSKA | MARIA | KOSZALIN | | 58'14" | 01'10" | K | 242 | 425 | -143 |
| 569 | 4148 | WALICZEK | NATASZA | KOSZALIN | | 58'15" | 01'10" | K | 243 | 423 | -146 |
| 570 | 628 | JAGŁA | ANNA | KOSZALIN | | 59'14" | 04'27" | K | 244 | 584 | 14 |
| 571 | 629 | JAGŁA | ROBERT | KOSZALIN | | 59'15" | 04'27" | M | 326 | 582 | 11 |
| 571 | 3888 | JAGŁA | JANEK | KOSZALIN | | 59'15" | 04'27" | M | 326 | 582 | 11 |
| 573 | 461 | WIŚNIEWSKI | ANTONI | NIEKŁONICE | | 59'58" | 04'34" | M | 328 | 572 | -1 |
| 574 | 5323 | LASSOTA | WERONIKA | SIANÓW | | 00'13" | 04'34" | K | 245 | 557 | -17 |
| 575 | 191 | KRÓL | JAKUB | KOSZALIN | Króliki Atakuja | 00'14" | 04'32" | M | 329 | 555 | -20 |
| 576 | 192 | WIŚNIEWSKA | LENA | ŚWIESZYNO | | 00'17" | 04'50" | K | 246 | 569 | -7 |
| 577 | 3379 | KLIMCZAK | KRZYSZTOF | KOSZALIN | | 01'25" | 05'04" | M | 330 | 495 | -82 |
| 578 | 879 | CHODÓR | MARTINA | KOSZALIN | | 01'36" | 05'19" | K | 247 | 502 | -76 |
| 579 | 2813 | DYŚ | ANNA | KOSZALIN | | 02'12" | 05'15" | K | 248 | 438 | -141 |
| 580 | 5259 | PŁOWCZYK | BEATA | SIANÓW | | 02'14" | 05'16" | K | 249 | 435 | -145 |
| 581 | 611 | GÓRECKI | PATRYK | SŁUPSK | 123-Extasy | 13'01" | 17'45" | M | 331 | 580 | -1 |
| 582 | 2198 | LAMCZYK | AGNIESZKA | KOSZALIN | LECHITKA | 13'02" | 17'44" | K | 250 | 578 | -4 |
| 583 | 3820 | STOCHŁA | DOMINIK | BIESIEKIERZ | | 15'28" | 19'39" | M | 332 | 544 | -39 |
| 584 | 4164 | STOCHŁA | MARIANNA | BIESIEKIERZ | | 15'57" | 20'06" | K | 251 | 542 | -42 |

DSQ – dyskwalifikacja | DNF – nie ukończył | NKL – nie klasyfikowany | ? - brak danych (do weryfikacji)
 Błędy w wynikach prosimy zgłaszać najpóźniej do 7 dni po biegu.

| | | |
|---|-----------------------|---------------------------------------------------------------------------------------|
| * | BRAWO | Doskonale wiesz jaka jest Twoja dyspozycja i gdzie znaleźć się na starcie. |
| | CAŁKIEM DOBRZE | Orientujesz się, gdzie powinieneś stać na starcie, ale możesz jeszcze to poprawić. |
| | POPRAW SIĘ | Wybrałeś zdecydowanie błędne miejsce na starcie! Spróbuj to zmienić w kolejnym biegu. |

ORGANIZATOR:

PARTNERZY I SPONSORZY:



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|------|----|----------|------|-------------|------|--------------|---------------|------|--------|---------------|-----------------|
|------|----|----------|------|-------------|------|--------------|---------------|------|--------|---------------|-----------------|

wartość ujemna - ustawiaj się dalej od linii startu (ilość osób, które Cię wyprzedziły)

wartość dodatnia - ustawiaj się bliżej linii startu (ilość osób, które zostały przez Ciebie wyprzedzone)