

"Bieg 12 godzinny"

Indywidualni

Data: 2019-06-22

Miejscowość: **Koszalin**

Organizator:

Czas biegu **12h**

Miejsce	Nr startowy	Imię	Nazwisko	Miejscowość	Klub	Dystans [km]	Czas	1	2	3	4	5
1	1	DAMIAN	FALANDYSZ	PRUSZKÓW	WPRunning	125	11:58:01	00:23:46	00:48:37	01:13:28	01:37:47	02:02:27
2	3	TADEUSZ	WOJDASIEWICZ	KĘPICE		105	11:15:18	00:23:55	00:48:37	01:13:43	01:37:48	02:02:24
3	12	ARTUR	JAŻNIEWICZ	KOSZALIN	MLG	105	12:29:31	00:27:14	00:56:43	01:27:24	01:57:37	02:33:00
4	8	KRZYSZTOF	MAĆKOWIAK	KOSZALIN	Rozbiegany Koszalin	100	11:50:01	00:26:53	00:54:46	01:23:23	01:51:51	02:20:38
5	9	KAROLINA	CHORAŻY	KOSZALIN	LEO-TEAM	100	12:01:14	00:29:09	00:57:41	01:26:20	01:55:19	02:24:55
6	19	MAREK	MROCZKOWSKI	KOSZALIN	Rozbiegany Koszalin	90	11:32:02	00:31:28	01:04:21	01:38:31	02:13:29	02:47:07
7	25	ANETA	GRABOWSKA-LESISZ	KOSZALIN		90	12:13:20	00:32:51	01:06:30	01:41:09	02:13:58	02:52:39
8	2	CEZARY	ŻUKOWSKI	KOSZALIN	FOR-REST-RUN	85	11:57:32	00:33:07	01:04:54	01:36:34	02:09:25	02:43:01
9	7	MICHAŁ	LESISZ	KOSZALIN		85	12:07:27	00:31:42	01:05:51	01:41:08	02:16:43	02:56:34
10	17	KAROL	CHOŁUJ	KOSZALIN	Zawsze Do Przodu	80	11:50:51	00:31:28	01:04:20	01:38:33	02:13:30	02:47:11
11	14	ANDRZEJ	GAWIN	MIASTKO	MTS HAMER MIASTKO	80	11:58:47	00:30:57	01:02:25	01:34:15	02:08:30	02:44:46
12	22	RENATA	LITWINOWICZ	KOŁOBRZEG	KB WYGAN	75	10:17:24	00:30:43	01:02:14	01:37:00	02:13:48	02:48:46
13	4	TOMASZ	SZUSZKIEWICZ	KOSZALIN	Wilki Koszalin	75	10:42:35	00:29:23	00:58:19	01:27:31	01:56:53	02:27:30
14	15	KAROL	ADAMCZYK	KOSZALIN		75	11:36:47	00:26:36	00:52:55	01:19:56	01:51:08	02:30:12
15	16	SEBASTIAN	BEDNARZ	KOSZALIN		70	10:23:09	00:33:47	01:06:45	01:40:06	02:16:42	02:55:41
16	21	DARIA	BORKOWSKA-KOWALCZYK	STARE BIELICE	Koszaliński KLUB Morsów Posejd	65	10:48:09	00:30:44	01:02:10	01:36:45	02:13:42	02:49:19
17	5	PAWEŁ	GARNCAREK	ŚWIESZYNO		65	11:12:29	00:30:56	01:02:35	01:34:32	02:14:07	02:48:54
18	23	MAREK	DYWELSKI	KOSZALIN	Bez klubumarek	60	11:16:59	00:45:14	01:35:11	02:13:02	03:01:55	04:02:35
19	24	JACEK	GAŁECKI	KARLINO		60	11:42:12	00:30:11	01:06:33	01:42:55	02:36:47	04:09:05
20	10	PRZEMYSŁAW	KRACZKOWSKI	KOSZALIN		55	05:50:08	00:29:14	00:57:53	01:26:29	01:55:10	02:24:40
21	6	JAN	MISZCZYK	KOSZALIN	Rozbiegany Koszalin	50	06:07:03	00:32:22	01:06:13	01:40:06	02:12:23	02:46:38
22	18	KRZYSZTOF	PŁOSKI	DĄBKI	DAR,OWSKIE CHARTY	30	03:24:20	00:26:13	00:52:51	01:36:42	02:14:30	02:46:53
23	13	PIOTR	BARANOWSKI	KOSZALIN		30	09:39:44	00:39:36	01:19:40	01:59:46	02:41:58	03:26:13
24	4237	JACEK	MARCINKOWSKI	ŚWIESZYNO		25	02:29:45	00:26:14	00:53:46	01:26:22	01:55:08	02:29:45
25	27	MARIUSZ	KOWALCZYK	STARE BIELICE		25	03:23:01	00:30:56	01:02:35	01:34:31	02:15:04	03:23:01
26	26	ARKADIUSZ	OLSZEVIK	OSTRÓDA	BRZOZOWSKI TEAM	20	02:14:01	00:32:18	01:06:13	01:39:39	02:14:01	
27	28	IZYDOR	KĘDZIERA	KOSZALIN		10	06:37:38	00:39:28	01:24:38	00:00:00		

6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
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