

## XXVI Goleniowska Miła Niepodległości i Bieg Gaz System S.A. na 10 km

GOLENIÓW, 11 listopada 2014

## Klasyfikacja biegu

## Bieg GAZ -SYSTEM S.A. na 10 km

## Klasyfikacja bieg wg czasu netto po za pierwszą 50-tką

| Miej. | Numer | Nazwisko i imię            | Rocz. | Kat. | Klub-Miasto-Kraj                            | K/M | M/Kat | 3.84 km     | 6.98 km     | Wynik   |
|-------|-------|----------------------------|-------|------|---|-----|-------|-------------|-------------|---------|
| 1     | 3     | MUKULE Muia Martin         | 1989  | M-20 | Kenia (KEN)                                 | 1   | 1     | 0:11:14(4)  | 0:20:33(3)  | 0:29:35 |
| 2     | 14    | KIPRONO Justus Kipchirchir | 1987  | M-20 | Kenia (KEN)                                 | 2   | 2     | 0:11:15(5)  | 0:20:33(5)  | 0:29:36 |
| 3     | 5     | SIRMA Haron Kiptoo         | 1991  | M-20 | Kenia (KEN)                                 | 3   | 3     | 0:11:13(1)  | 0:20:32(1)  | 0:29:37 |
| 4     | 6     | KIBIRE Moses Kipruto       | 1981  | M-30 | Kenia (KEN)                                 | 4   | 1     | 0:11:14(3)  | 0:20:33(4)  | 0:29:46 |
| 5     | 4     | KWALIA Launen Mark         | 1993  | M-20 | Kenia (KEN)                                 | 5   | 4     | 0:11:14(2)  | 0:20:32(2)  | 0:30:05 |
| 6     | 980   | PIWOWARCZYK Wojciech       | 1994  | M-20 | WNLKS Pomorze Stargard (POL)                | 6   | 5     | 0:11:36(6)  | 0:21:44(6)  | 0:31:41 |
| 7     | 666   | PANKRATOW Paweł            | 1995  | M-20 | MKS "Hermes" Gryfino (POL)                  | 7   | 6     | 0:12:02(8)  | 0:22:21(7)  | 0:32:27 |
| 8     | 820   | SAWICKI Krzysztof          | 1989  | M-20 | Calypso Szczecin (POL)                      | 8   | 7     | 0:12:02(7)  | 0:22:21(8)  | 0:32:27 |
| 9     | 13    | JERONO Peris               | 1990  | K-20 | Kenia (KEN)                                 | 1   | 1     | 0:12:33(11) | 0:23:00(9)  | 0:33:23 |
| 10    | 11    | ARUSEI Nancy Jebichi       | 1986  | K-20 | Kenia (KEN)                                 | 2   | 2     | 0:12:32(9)  | 0:23:11(10) | 0:34:02 |
| 11    | 12    | KIPROTICH Agnes Jeruto     | 1979  | K-30 | Kenia (KEN)                                 | 3   | 1     | 0:12:33(10) | 0:23:28(11) | 0:34:35 |
| 12    | 277   | MACIEJSKI Łukasz           | 1983  | M-30 | POLITOLOG team (POL)                        | 9   | 2     | 0:12:33(12) | 0:23:42(12) | 0:34:52 |
| 13    | 803   | NOWACZYK Dawid             | 1979  | M-30 | Firmowe Zegarki/KS Hanza Goleni S (1),G (1) | 10  | 3     | 0:13:17(15) | 0:24:28(13) | 0:35:13 |
| 14    | 1     | KSZCZOT Adam               | 1989  | M-20 | RKS Łódź (POL)                              | 11  | 8     |             |             | 0:35:32 |
| 15    | 257   | FLORCZAK Sebastian         | 1980  | M-30 | SZWLA - Stargard Szczeciński (POL S (2),    | 12  | 4     | 0:13:05(13) | 0:24:41(14) | 0:36:06 |
| 16    | 847   | FELISIAK Andrzej           | 1983  | M-30 | Firmowe Zegarki/HANZA Golenió G (2)         | 13  | 5     | 0:13:19(16) | 0:24:44(15) | 0:36:15 |
| 17    | 749   | MŁYNARSKI Grzegorz         | 1971  | M-40 | ZS nr 2 CKU Pyrzyce (POL)                   | 14  | 1     | 0:13:29(23) | 0:25:04(16) | 0:36:34 |
| 18    | 261   | TERLIKOWSKI Grzegorz       | 1985  | M-20 | Stargard Szczeciński (POL S (3),            | 15  | 9     | 0:13:29(24) | 0:25:06(18) | 0:36:34 |
| 19    | 113   | ŁUŻYŃSKI Tomasz            | 1976  | M-30 | TT Szczecin (POL)                           | 16  | 6     | 0:13:07(14) | 0:25:04(17) | 0:36:49 |
| 20    | 569   | POCZEWSKI Piotr            | 1972  | M-40 | Złotów (POL)                                | 17  | 2     | 0:13:42(30) | 0:25:23(25) | 0:36:51 |
| 21    | 864   | PIOTROWICZ Paweł           | 1991  | M-20 | Mierzyn (POL)                               | 18  | 10    | 0:13:26(21) | 0:25:08(19) | 0:36:57 |
| 22    | 821   | KRAWCZYK Mateusz           | 1991  | M-20 | K.B. SPRINT ŚWIDWIN (POL)                   | 19  | 11    | 0:13:23(19) | 0:25:15(24) | 0:36:58 |
| 23    | 311   | DERDA Robert               | 1972  | M-40 | TT Szczecin (POL)                           | 20  | 3     | 0:13:44(33) | 0:25:15(22) | 0:37:03 |
| 24    | 452   | KUHNE Michael              | 1968  | M-40 | msv Molln (GER)                             | 21  | 4     | 0:13:30(25) | 0:25:15(23) | 0:37:11 |
| 25    | 371   | NAGLACKI Grzegorz          | 1972  | M-40 | RAZ Szczecin (POL)                          | 22  | 5     | 0:13:25(20) | 0:25:14(21) | 0:37:14 |
| 26    | 961   | BOBROWICZ Artur            | 1984  | M-30 | Goleniów (POL) S (4),G (3)                  | 23  | 7     | 0:13:19(17) | 0:25:14(20) | 0:37:15 |
| 27    | 658   | SZCZEPAŃSKI Adrian         | 1987  | M-20 | KS Ironman C/S Polska (POL)                 | 24  | 12    | 0:13:58(40) | 0:25:44(33) | 0:37:17 |
| 28    | 310   | PŁOŃSKI Jakub              | 1983  | M-30 | SZWLA - Stargard Szczeciński (POL)          | 25  | 8     | 0:13:42(31) | 0:25:26(26) | 0:37:19 |
| 29    | 605   | WÓJCİK Jacek               | 1975  | M-30 | Szczecin (POL) S (5),                       | 26  | 9     | 0:13:58(39) | 0:25:45(34) | 0:37:25 |
| 30    | 887   | RÓŻAŃSKI Krzysztof         | 1971  | M-40 | SZWLA - Stargard Szczeciński (POL)          | 27  | 6     | 0:13:34(28) | 0:25:36(30) | 0:37:25 |
| 31    | 175   | ULDYNOWICZ Łukasz          | 1983  | M-30 | MLUKS Mokasny Płoty (POL)                   | 28  | 10    | 0:13:32(26) | 0:25:45(35) | 0:37:29 |
| 32    | 7     | YADAA Consalater Chemtai   | 1983  | K-30 | Kenia (KEN)                                 | 4   | 2     | 0:13:26(22) | 0:25:54(38) | 0:37:30 |
| 33    | 193   | JAROSIŃSKI Dawid           | 1978  | M-30 | Mojito Pub Myslibórz (POL)                  | 29  | 11    | 0:13:50(37) | 0:25:43(32) | 0:37:31 |
| 34    | 300   | HYBIAK Piotr               | 1978  | M-30 | LM Wind Power (POL) G (4)                   | 30  | 12    | 0:13:48(36) | 0:25:27(27) | 0:37:32 |
| 35    | 783   | ANDRZEJCZAK Monika         | 1985  | K-20 | Puszczyk Bukowy (POL)                       | 5   | 3     | 0:14:05(45) | 0:25:56(39) | 0:37:39 |
| 36    | 807   | WITKIEWICZ Eryk            | 1976  | M-30 | KB "Dziesiątka" Białogard (POL)             | 31  | 13    | 0:13:44(34) | 0:25:46(36) | 0:37:43 |
| 37    | 852   | KOPCEWICZ Robert           | 1966  | M-40 | Firmowe Zegarki/KS Hanza Goleni G (5)       | 32  | 7     | 0:13:33(27) | 0:25:35(29) | 0:37:47 |
| 38    | 570   | POCZEWSKI Paweł            | 1972  | M-40 | Złotów (POL)                                | 33  | 8     | 0:13:42(29) | 0:25:47(37) | 0:37:49 |
| 39    | 804   | CHURSKI Marcin             | 1972  | M-40 | EPIDEMIASPORTU.PL (POL)                     | 34  | 9     | 0:14:12(54) | 0:25:58(40) | 0:37:49 |
| 40    | 448   | ALIEV Radik                | 1992  | M-20 | Gurjewsk (RUS)                              | 35  | 13    | 0:13:42(32) | 0:25:42(31) | 0:37:49 |
| 41    | 413   | ŻYWICKI Janusz             | 1968  | M-40 | KB Pionier Szczecin (POL)                   | 36  | 10    | 0:13:23(18) | 0:25:29(28) | 0:37:54 |
| 42    | 837   | GRABOWICZ Tomasz           | 1987  | M-20 | SZWLA - Stargard Szczeciński (POL)          | 37  | 14    | 0:14:04(43) | 0:26:02(41) | 0:38:07 |
| 43    | 247   | JURKOWSKI Tomasz           | 1979  | M-30 | Szczecin (POL)                              | 38  | 14    | 0:13:52(38) | 0:26:05(42) | 0:38:18 |
| 44    | 708   | ŻMUDA Tomasz               | 1976  | M-30 | CW FANZA Kołobrzeg (POL)                    | 39  | 15    | 0:14:09(49) | 0:26:19(45) | 0:38:23 |
| 45    | 182   | WŁODARZ Marcin             | 1979  | M-30 | Szczecin (POL)                              | 40  | 16    | 0:14:22(64) | 0:26:32(52) | 0:38:28 |
| 46    | 2     | CZAPIEWSKI Paweł           | 1978  | M-30 | Choszczno Biega (POL)                       | 41  | 17    | 0:14:54(97) | 0:27:14(71) | 0:38:33 |
| 47    | 148   | BAJUK Marcin               | 1981  | M-30 | Szczecin (POL)                              | 42  | 18    | 0:14:32(75) | 0:26:43(54) | 0:38:33 |
| 48    | 149   | CIEŚLUKOWSKI Wojciech      | 1974  | M-40 | TT Szczecin (POL)                           | 43  | 11    | 0:14:09(48) | 0:26:32(50) | 0:38:35 |
| 49    | 553   | ROGOWSKI Patryk            | 1996  | M-20 | SKRZYWIENI GOŚCIE (POL)                     | 44  | 15    | 0:14:07(46) | 0:26:30(47) | 0:38:36 |
| 50    | 58    | GULCZYŃSKI Arkadiusz       | 1971  | M-40 | LKS OLIMPIC Szczecin (POL)                  | 45  | 12    | 0:13:47(35) | 0:26:15(43) | 0:38:36 |
| 51    | 533   | ZYGMUNT Tomasz             | 1978  | M-30 | Żandarmeria Wojskowa (POL) S (6),           | 46  | 19    | 0:14:03(42) | 0:26:17(44) | 0:38:38 |
| 52    | 748   | FIDO Adam                  | 1977  | M-30 | JW 3937 Mrzeżyno (POL) S (7),               | 47  | 20    | 0:14:10(50) | 0:26:31(49) | 0:38:38 |
| 53    | 624   | BŁONIAK Mirosław           | 1975  | M-30 | Puszczyk Bukowy (POL)                       | 48  | 21    | 0:14:05(44) | 0:26:25(46) | 0:38:39 |
| 54    | 331   | PLESNER Krzysztof          | 1979  | M-30 | JRG-3, Straż Pożarna Szczecin (POL S (8),   | 49  | 22    | 0:14:11(53) | 0:26:32(51) | 0:38:39 |



| Miej. | Numer | Nazwisko i imię        | Rocz. | Kat. | Klub-Miasto-Kraj                    | K/M     | M/Kat | 3.84 km | 6.98 km      | Wynik        |         |
|-------|-------|------------------------|-------|------|-------------------------------------|---------|-------|---------|--------------|--------------|---------|
| 121   | 606   | MORALEWICZ Piotr       | 1995  | M-20 | Goleniów (POL)                      | G (12)  | 116   | 32      | 0:15:32(136) | 0:28:45(125) | 0:41:57 |
| 122   | 403   | BEDNAREK Rafał         | 1988  | M-20 | Kto to taki?? KASZTANIAKI;) (POL)   |         | 117   | 33      | 0:16:11(202) | 0:29:18(147) | 0:41:58 |
| 123   | 981   | PERODOWSKI Piotr       | 1974  | M-40 | Załom (POL)                         |         | 118   | 37      | 0:15:12(117) | 0:28:27(113) | 0:42:03 |
| 124   | 40    | MISZUK Sebastian       | 1982  | M-30 | RAZ Szczecin (POL)                  |         | 119   | 42      | 0:14:51(92)  | 0:28:25(111) | 0:42:05 |
| 125   | 894   | TUBACKI Dawid          | 1994  | M-20 | Ironman C/S Polska Szczecin (POL)   |         | 120   | 34      | 0:14:43(88)  | 0:28:17(106) | 0:42:06 |
| 126   | 576   | POTASZNIK Artur        | 1972  | M-40 | Maratończyk Team Szczecin (POL)     |         | 121   | 38      | 0:16:01(180) | 0:29:26(153) | 0:42:06 |
| 127   | 571   | GREGUŁA Wojciech       | 1986  | M-20 | KP PSP Gryfino (POL)                | S (20), | 122   | 35      | 0:15:41(149) | 0:29:04(136) | 0:42:06 |
| 128   | 488   | MICHAŁOWSKI Jan        | 1963  | M-50 | KB HERMES GRYFINO (POL)             |         | 123   | 7       | 0:15:41(148) | 0:29:02(134) | 0:42:07 |
| 129   | 597   | CIECHANOWSKI Kazimierz | 1957  | M-50 | PUM Szczecin (POL)                  |         | 124   | 8       | 0:15:26(130) | 0:28:56(127) | 0:42:09 |
| 130   | 567   | ROTKO Lubomir          | 1960  | M-50 | Ronin Czerwieńsk (POL)              |         | 125   | 9       | 0:16:00(175) | 0:29:25(152) | 0:42:10 |
| 131   | 123   | DUDA Bartosz           | 1977  | M-30 | JRG-3, Straż Pożarna Szczecin (POL) | S (21), | 126   | 43      | 0:15:08(110) | 0:28:39(122) | 0:42:11 |
| 132   | 503   | GOŁĄB Piotr            | 1981  | M-30 | Dobra (POL)                         |         | 127   | 44      | 0:16:11(203) | 0:29:38(165) | 0:42:12 |
| 133   | 902   | SZYŁOWICZ Daniel       | 1983  | M-30 | MOTOSZCZECIN.COM (POL)              |         | 128   | 45      | 0:15:28(133) | 0:28:58(131) | 0:42:12 |
| 134   | 519   | PARZYMIES Krzysztof    | 1974  | M-40 | Szczecin (POL)                      |         | 129   | 39      | 0:16:15(213) | 0:29:42(171) | 0:42:13 |
| 135   | 541   | STACHOWIAK Ryszard     | 1953  | M-60 | Białogard (POL)                     |         | 130   | 2       | 0:15:09(112) | 0:28:36(119) | 0:42:14 |
| 136   | 250   | KOCIUBA Przemysław     | 1989  | M-20 | Ksiąząt Pomorskich Team Szczecin    |         | 131   | 36      | 0:15:10(114) | 0:28:47(126) | 0:42:15 |
| 137   | 335   | MANICKI Leszek         | 1979  | M-30 | olejekaszubskie.pl (POL)            | S (22), | 132   | 46      | 0:15:03(105) | 0:28:35(117) | 0:42:15 |
| 138   | 915   | CEBRZYŃSKI Arsen       | 1966  | M-40 | Goleniów (POL)                      | G (13)  | 133   | 40      | 0:16:01(179) | 0:29:21(150) | 0:42:17 |
| 139   | 1002  | KOZŁOWSKI Grzegorz     | 1984  | M-30 | RAZ Szczecin (POL)                  |         | 134   | 47      | 0:15:45(154) | 0:29:12(144) | 0:42:18 |
| 140   | 826   | MICHALIK Wojtek        | 1972  | M-40 | KBA "Ja Się Nie Ścigam" (POL)       | S (23), | 135   | 41      | 0:15:38(142) | 0:28:58(130) | 0:42:18 |
| 141   | 1006  | BORKOWSKI Bartosz      | 1970  | M-40 | Szczecin (POL)                      |         | 136   | 42      | 0:15:16(119) | 0:28:43(124) | 0:42:20 |
| 142   | 297   | NOWAK Daniel           | 1982  | M-30 | Goleniów (POL)                      | G (14)  | 137   | 48      | 0:15:50(160) | 0:29:07(138) | 0:42:21 |
| 143   | 771   | DOMAŃSKI Maciej        | 1977  | M-30 | PUM Szczecin / Goleniów Owoco       | G (15)  | 138   | 49      | 0:15:27(131) | 0:28:57(128) | 0:42:22 |
| 144   | 472   | DZIUBA Leszek          | 1955  | M-50 | KB "Dziesiątka" Białogard (POL)     |         | 139   | 10      | 0:15:45(155) | 0:29:08(139) | 0:42:30 |
| 145   | 627   | KELAR Łukasz           | 1991  | M-20 | Wolin team (POL)                    |         | 140   | 37      | 0:15:06(106) | 0:28:32(115) | 0:42:30 |
| 146   | 174   | KRÓLCZYŃSKI Stefan     | 1986  | M-20 | Ironman C/S Polska Szczecin (POL)   | G (16)  | 141   | 38      | 0:16:30(239) | 0:29:53(180) | 0:42:33 |
| 147   | 637   | SKROBUK Adam           | 1973  | M-40 | UV (POL)                            |         | 142   | 43      | 0:15:20(122) | 0:29:09(141) | 0:42:38 |
| 148   | 420   | WOJTYSIAK Marcin       | 1992  | M-20 | Goleniów (POL)                      | G (17)  | 143   | 39      | 0:15:39(145) | 0:29:12(143) | 0:42:38 |
| 149   | 223   | KMIECIK Tomasz         | 1975  | M-30 | Szczecin (POL)                      | S (24), | 144   | 50      | 0:15:34(139) | 0:29:04(135) | 0:42:39 |
| 150   | 28    | PABISIAK Krzysztof     | 1968  | M-40 | Goleniów (POL)                      | G (18)  | 145   | 44      | 0:15:29(134) | 0:28:59(132) | 0:42:42 |
| 151   | 213   | RADOMIŃSKI Piotr       | 1972  | M-40 | Szczecin (POL)                      |         | 146   | 45      | 0:15:33(137) | 0:29:23(151) | 0:42:44 |
| 152   | 314   | SZCZERBIAK Krzysztof   | 1967  | M-40 | 35 dr OP (POL)                      | S (25), | 147   | 46      | 0:15:54(163) | 0:29:27(154) | 0:42:45 |
| 153   | 109   | GAJDA Sebastian        | 1979  | M-30 | Szczecin (POL)                      |         | 148   | 51      | 0:15:59(173) | 0:29:31(160) | 0:42:47 |
| 154   | 86    | BUDNIK Eryk            | 1987  | M-20 | Dębogóra (POL)                      |         | 149   | 40      | 0:16:06(195) | 0:29:31(159) | 0:42:47 |
| 155   | 787   | MARCEL Blumenthal      | 1977  | M-30 | Greifswald (GER)                    |         | 150   | 52      | 0:15:41(150) | 0:29:18(148) | 0:42:47 |
| 156   | 178   | ZAWALSKI Robert        | 1981  | M-30 | 5 PUŁK INŻYNIERYJNY (POL)           | S (26), | 151   | 53      | 0:15:54(164) | 0:29:39(167) | 0:42:48 |
| 157   | 19    | GOŁĘBIOWSKI Michał     | 1980  | M-30 | UKS Barnim Goleniów (POL)           | G (19)  | 152   | 54      | 0:15:25(128) | 0:29:14(145) | 0:42:50 |
| 158   | 760   | SZYMCZAK Jarosław      | 1979  | M-30 | Gorzów Wlkp. (POL)                  |         | 153   | 55      | 0:15:47(158) | 0:29:30(158) | 0:42:50 |
| 159   | 934   | KOŚMIDER Bartosz       | 1976  | M-30 | DBK TEAM (POL)                      |         | 154   | 56      | 0:15:57(166) | 0:29:30(156) | 0:42:50 |
| 160   | 700   | KONTEK Szymon          | 1983  | M-30 | Chełmno (POL)                       |         | 155   | 57      | 0:15:39(144) | 0:29:16(146) | 0:42:54 |
| 161   | 730   | RAGAN Stefan           | 1973  | M-40 | Gryfino (POL)                       |         | 156   | 47      | 0:15:25(129) | 0:29:07(137) | 0:43:08 |
| 162   | 548   | KOWALSKI Michał        | 1978  | M-30 | MichNET - Ronin Czerwieńsk (POL)    |         | 157   | 58      | 0:16:00(177) | 0:29:30(157) | 0:43:09 |
| 163   | 47    | KURLEJ Mariusz         | 1968  | M-40 | KB HERMES GRYFINO (POL)             | S (27), | 158   | 48      | 0:16:27(232) | 0:30:01(184) | 0:43:11 |
| 164   | 680   | ORLIK Marcin           | 1980  | M-30 | KM PSP Szczecin JRG 4 (POL)         | S (28), | 159   | 59      | 0:15:58(170) | 0:29:43(172) | 0:43:13 |
| 165   | 146   | PASZKOWSKI Bartosz     | 1985  | M-20 | Goleniów (POL)                      | G (20)  | 160   | 41      | 0:15:58(168) | 0:29:38(163) | 0:43:14 |
| 166   | 270   | SZWARC Marcin          | 1976  | M-30 | Goleniów (POL)                      | G (21)  | 161   | 60      | 0:16:03(186) | 0:29:48(177) | 0:43:15 |
| 167   | 619   | BARTOSZ Marcin         | 1977  | M-30 | KRAJ-ZEGA BARLINEK (POL)            |         | 162   | 61      | 0:15:45(153) | 0:29:41(169) | 0:43:18 |
| 168   | 877   | SOBECKI Filip          | 1976  | M-30 | Ironman C/S Polska Szczecin (POL)   |         | 163   | 62      | 0:15:23(125) | 0:29:09(140) | 0:43:21 |
| 169   | 1027  | KOTARSKA Anna          | 1974  | K-40 | Klub Biegowy Dzik (POL)             |         | 6     | 1       | 0:16:07(198) | 0:29:54(182) | 0:43:25 |
| 170   | 565   | BIERNACKI Andrzej      | 1976  | M-30 | KB 42,2 Lipiany (POL)               |         | 164   | 63      | 0:15:41(151) | 0:29:29(155) | 0:43:27 |
| 171   | 955   | KACZMAREK Wojtek       | 1978  | M-30 | Ironman C/S Polska Szczecin (POL)   |         | 165   | 64      | 0:16:13(206) | 0:30:08(194) | 0:43:28 |
| 172   | 253   | LASEK Bartosz          | 1977  | M-30 | RAZ Szczecin (POL)                  |         | 166   | 65      | 0:15:52(161) | 0:29:40(168) | 0:43:28 |
| 173   | 322   | DUSZA Robert           | 1979  | M-30 | ŚWINOUJŚCIE JKB (POL)               | S (29), | 167   | 66      | 0:15:48(159) | 0:29:38(164) | 0:43:28 |
| 174   | 911   | ADAMCZAK Jarosław      | 1984  | M-30 | Stargard Szczeciński (POL)          | S (30), | 168   | 67      | 0:15:57(167) | 0:29:48(175) | 0:43:29 |
| 175   | 898   | SZARAPANOWSKI Marcin   | 1977  | M-30 | Szczecin (POL)                      |         | 169   | 68      | 0:16:20(224) | 0:30:07(192) | 0:43:29 |
| 176   | 744   | SUDER Piotr            | 1978  | M-30 | KBA "Ja Się Nie Ścigam" (POL)       | S (31), | 170   | 69      | 0:15:39(147) | 0:29:31(161) | 0:43:30 |
| 177   | 230   | GREDKA Dariusz         | 1969  | M-40 | Szczecin (POL)                      |         | 171   | 49      | 0:15:39(143) | 0:29:39(166) | 0:43:32 |
| 178   | 137   | ŁABĘDZKI Mariusz       | 1979  | M-30 | KBA "Ja Się Nie Ścigam" (POL)       | S (32), | 172   | 70      | 0:16:03(187) | 0:29:44(173) | 0:43:32 |
| 179   | 176   | ZEMBIK Grzegorz        | 1967  | M-40 | KB HERMES GRYFINO (POL)             |         | 173   | 50      |              | 0:30:01(185) | 0:43:33 |
| 180   | 687   | GRYGORCEWICZ Jan       | 1963  | M-50 | Police (POL)                        | S (33), | 174   | 11      | 0:16:05(191) | 0:29:51(179) | 0:43:35 |
| 181   | 164   | WOLIŃSKA Emilia        | 1971  | K-40 | Wolin (POL)                         |         | 7     | 2       | 0:16:07(199) | 0:29:53(181) | 0:43:38 |
| 182   | 628   | JURCZAK Tomasz         | 1990  | M-20 | Szczecin (POL)                      |         | 175   | 42      | 0:16:42(267) | 0:30:44(231) | 0:43:38 |
| 183   | 159   | TOMCZYK Tomasz         | 1983  | M-30 | KM PSP Szczecin (POL)               | S (34), | 176   | 71      | 0:16:30(244) | 0:30:21(210) | 0:43:39 |
| 184   | 383   | WARYSZAK Sławomir      | 1960  | M-50 | UKL Ósemka Police (POL)             |         | 177   | 12      | 0:15:59(172) | 0:29:49(178) | 0:43:39 |
| 185   | 190   | WĘDZIŃSKI Maciej       | 1978  | M-30 | RUNGRYF Gryfice (POL)               | S (35), | 178   | 72      | 0:16:01(178) | 0:29:48(176) | 0:43:42 |
| 186   | 1007  | STANOWSKI Marcin       | 1978  | M-30 | Szczecin Biega (POL)                |         | 179   | 73      | 0:16:09(200) | 0:30:02(186) | 0:43:45 |

| Miej. | Numer | Nazwisko i imię       | Rocz. | Kat. | Klub-Miasto-Kraj                   | K/M     | M/Kat | 3.84 km      | 6.98 km      | Wynik        |         |
|-------|-------|-----------------------|-------|------|------------------------------------|---------|-------|--------------|--------------|--------------|---------|
| 187   | 82    | DROBCZYŃSKI Bartosz   | 1982  | M-30 | Szczecin (POL)                     | 180     | 74    | 0:16:30(240) | 0:30:05(189) | 0:43:46      |         |
| 188   | 677   | JAMROZIAK Grzegorz    | 1981  | M-30 | Kamień Pomorski (POL)              | 181     | 75    | 0:16:04(190) | 0:30:13(201) | 0:43:48      |         |
| 189   | 648   | GOGÓŁ Mariusz         | 1983  | M-30 | Monar Grabowo (POL)                | 182     | 76    | 0:16:03(184) | 0:29:56(183) | 0:43:48      |         |
| 190   | 545   | KOSAKOWSKI Marian     | 1957  | M-50 | Maratończyk Team Szczecin (POL)    | 183     | 13    | 0:16:19(220) | 0:30:14(202) | 0:43:48      |         |
| 191   | 427   | KAMIŃSKI Łukasz       | 1986  | M-20 | Szczecin (POL)                     | 184     | 43    | 0:16:02(183) | 0:30:03(187) | 0:43:49      |         |
| 192   | 836   | ORŁOWSKI Jacek        | 1974  | M-40 | Szczecin (POL)                     | 185     | 51    | 0:16:17(215) | 0:30:18(206) | 0:43:49      |         |
| 193   | 325   | POLASZCZYK Patryk     | 1987  | M-20 | Stargard Szczeciński (POL)         | 186     | 44    | 0:16:06(193) | 0:30:09(196) | 0:43:50      |         |
| 194   | 172   | CHAROWSKI Marcin      | 1980  | M-30 | Stargard Szczeciński (POL)         | 187     | 77    | 0:16:28(234) | 0:30:26(213) | 0:43:50      |         |
| 195   | 572   | RACZYŃSKI Robert      | 1984  | M-30 | Choszczno (POL)                    | 188     | 78    | 0:16:18(218) | 0:30:10(198) | 0:43:51      |         |
| 196   | 525   | STELMACH Arkadiusz    | 1992  | M-20 | Szczecin (POL)                     | 189     | 45    | 0:16:42(268) | 0:30:46(232) | 0:43:52      |         |
| 197   | 32    | ROLLA Dorian          | 1976  | M-30 | Warzymice (POL)                    | 190     | 79    | 0:16:12(204) | 0:30:08(193) | 0:43:53      |         |
| 198   | 354   | ROMANOWSKI Dariusz    | 1979  | M-30 | BKS Maniak Wolin (POL)             | S (36), | 191   | 80           | 0:17:21(358) | 0:30:55(243) | 0:43:59 |
| 199   | 44    | RACIBORSKI Marek      | 1971  | M-40 | Drużyna Szpiku (POL)               | 192     | 52    | 0:15:39(146) | 0:29:35(162) | 0:43:59      |         |
| 200   | 678   | ORENT Tomasz          | 1975  | M-30 | 35 dr OP (POL)                     | S (37), | 193   | 81           | 0:16:04(188) | 0:30:11(199) | 0:44:00 |
| 201   | 214   | BABIŃSKI Robert       | 1978  | M-30 | 5 PUŁK INŻYNIERYJNY (POL)          | S (38), | 194   | 82           | 0:17:03(311) | 0:30:52(240) | 0:44:01 |
| 202   | 891   | KULESZ Rafał          | 1975  | M-30 | Mierzyn (POL)                      | 195     | 83    | 0:16:21(227) | 0:30:40(230) | 0:44:01      |         |
| 203   | 254   | WACŁAWEK Darek        | 1976  | M-30 | Nutrilite Team (POL)               | 196     | 84    | 0:15:33(138) | 0:29:47(174) | 0:44:03      |         |
| 204   | 414   | CHMIELOWIEC Władysław | 1960  | M-50 | SZCZECIN :) (POL)                  | 197     | 14    | 0:16:35(252) | 0:30:31(216) | 0:44:06      |         |
| 205   | 879   | ŁUKASIEWICZ Tomek     | 1974  | M-40 | RUNGRYF Gryfice (POL)              | 198     | 53    | 0:16:00(176) | 0:30:10(197) | 0:44:08      |         |
| 206   | 905   | FELISIAK Dariusz      | 1977  | M-30 | Warnowo (POL)                      | 199     | 85    | 0:16:13(207) | 0:30:16(203) | 0:44:08      |         |
| 207   | 127   | SOSIN Tomasz          | 1959  | M-50 | SZWLA - Stargard Szczeciński (POL) | 200     | 15    | 0:16:04(189) | 0:30:06(191) | 0:44:09      |         |
| 208   | 839   | PAROL Tomek           | 1976  | M-30 | Wieczorne Bieganie w Szczecinie (  | 201     | 86    | 0:16:13(209) | 0:30:22(212) | 0:44:10      |         |
| 209   | 535   | ŚLASKI Bartosz        | 1982  | M-30 | MOTYWACJA I DZIAŁANIE (POL)        | 202     | 87    | 0:16:45(275) | 0:30:38(227) | 0:44:10      |         |
| 210   | 596   | LEWANDOWSKI Maciej    | 1977  | M-30 | Szczecin (POL)                     | 203     | 88    | 0:16:39(263) | 0:30:39(229) | 0:44:11      |         |
| 211   | 825   | BUREK Andrzej         | 1952  | M-60 | Maratończyk Team Szczecin (POL)    | 204     | 3     | 0:16:27(233) | 0:30:33(219) | 0:44:14      |         |
| 212   | 724   | KAMIŃSKI Rafał        | 1994  | M-20 | OKS EUROINSBUD Goleniów (POL)      | G (22)  | 205   | 46           | 0:15:19(120) | 0:29:41(170) | 0:44:16 |
| 213   | 622   | OŚCIAK Andrzej        | 1980  | M-30 | SZWLA - Stargard Szczeciński (POL) | 206     | 89    | 0:16:33(248) | 0:30:34(222) | 0:44:19      |         |
| 214   | 422   | SKRZYPIEC Andrzej     | 1956  | M-50 | Świnoujście (POL)                  | 207     | 16    | 0:15:45(156) | 0:30:04(188) | 0:44:19      |         |
| 215   | 1004  | ŁUGOWSKI Marek        | 1974  | M-40 | Szczecin (POL)                     | 208     | 54    | 0:16:09(201) | 0:30:18(207) | 0:44:20      |         |
| 216   | 809   | LEŚNIAK Grzegorz      | 1974  | M-40 | Gryfice (POL)                      | 209     | 55    | 0:15:47(157) | 0:30:08(195) | 0:44:22      |         |
| 217   | 647   | GRĘDZICKI Sebastian   | 1988  | M-20 | Monar Grabowo (POL)                | 210     | 47    | 0:16:21(226) | 0:30:36(224) | 0:44:22      |         |
| 218   | 552   | KOZIOŁ Tomasz         | 1993  | M-20 | LKS "Spartakus" Pyrzyce (POL)      | 211     | 48    | 0:16:59(299) | 0:31:00(248) | 0:44:22      |         |
| 219   | 252   | MURAWSKA Wioletta     | 1969  | K-40 | Szczecin (POL)                     | 8       | 3     | 0:16:02(182) | 0:30:12(200) | 0:44:24      |         |
| 220   | 945   | ROMEJ Elżbieta        | 1964  | K-50 | ŁKB (POL)                          | 9       | 1     | 0:16:19(219) | 0:30:21(211) | 0:44:25      |         |
| 221   | 560   | ADAMCZAK Krzysztof    | 1958  | M-50 | SZWLA - Stargard Szczeciński (POL) | S (39), | 212   | 17           | 0:16:39(265) | 0:30:39(228) | 0:44:27 |
| 222   | 734   | OLEJNICZAK Magdalena  | 1976  | K-30 | Kołobrzeg (POL)                    | 10      | 3     | 0:16:30(238) | 0:30:33(220) | 0:44:28      |         |
| 223   | 180   | AUGUSTYNOWICZ Mateusz | 1981  | M-30 | Szczecin (POL)                     | 213     | 90    |              | 0:30:47(234) | 0:44:31      |         |
| 224   | 504   | BRZĄKAŁA Waldemar     | 1970  | M-40 | Kamień Pomorski (POL)              | 214     | 56    | 0:16:06(192) | 0:30:20(208) | 0:44:32      |         |
| 225   | 827   | FRYDRYCHOWICZ Jacek   | 1989  | M-20 | Goleniów (POL)                     | 215     | 49    | 0:15:29(135) | 0:30:06(190) | 0:44:35      |         |
| 226   | 667   | ZARZECZNY Adam        | 1963  | M-50 | Szczecin Bezrzecze (POL)           | 216     | 18    | 0:17:14(338) | 0:31:12(264) | 0:44:37      |         |
| 227   | 895   | PLEWIK Wojciech       | 1970  | M-40 | Szczecin (POL)                     | 217     | 57    | 0:16:06(194) | 0:30:29(214) | 0:44:40      |         |
| 228   | 431   | PIECZYŃSKI Krzysztof  | 1956  | M-50 | Szczecin (POL)                     | 218     | 19    | 0:16:17(214) | 0:30:32(217) | 0:44:40      |         |
| 229   | 811   | KOWALECZKO Michał     | 1982  | M-30 | Szczecin (POL)                     | 219     | 91    | 0:16:19(222) | 0:30:33(218) | 0:44:40      |         |
| 230   | 896   | ŚWIEREK Andrzej       | 1976  | M-30 | Ironman C/S Polska Szczecin (POL)  | 220     | 92    | 0:16:58(297) | 0:31:10(262) | 0:44:41      |         |
| 231   | 943   | MYSZAK Tomasz         | 1991  | M-20 | Jezierzyce (POL)                   | 221     | 50    | 0:16:36(255) | 0:30:53(242) | 0:44:42      |         |
| 232   | 691   | ŁEBIŃSKI Wojciech     | 1977  | M-30 | HBS94.pl (POL)                     | G (23)  | 222   | 93           | 0:16:29(235) | 0:30:49(236) | 0:44:43 |
| 233   | 526   | KUPCZYK Marek         | 1962  | M-50 | Kamień Pomorski (POL)              | 223     | 20    | 0:16:12(205) | 0:30:33(221) | 0:44:47      |         |
| 234   | 758   | CZYNSZ Piotr          | 1980  | M-30 | Szczecin (POL)                     | 224     | 94    | 0:16:39(262) | 0:30:57(245) | 0:44:48      |         |
| 235   | 499   | HERTEL Andrzej        | 1969  | M-40 | Recz (POL)                         | 225     | 58    | 0:17:00(301) | 0:31:06(256) | 0:44:48      |         |
| 236   | 818   | SULECKI Marcin        | 1974  | M-40 | Wieczorne Bieganie w Szczecinie (  | 226     | 59    | 0:16:57(294) | 0:31:02(252) | 0:44:48      |         |
| 237   | 441   | RADZIKOWSKI Dawid     | 1988  | M-20 | Pężino (POL)                       | 227     | 51    | 0:15:58(171) | 0:30:30(215) | 0:44:51      |         |
| 238   | 1015  | CENIUCH Arkadiusz     | 1970  | M-40 | Przęsocin (POL)                    | 228     | 60    | 0:15:59(174) | 0:30:20(209) | 0:44:51      |         |
| 239   | 854   | PIŁAT Paweł           | 1985  | M-20 | Zegarki Firmowe Goleniów (POL)     | G (24)  | 229   | 52           | 0:16:14(211) | 0:30:17(204) | 0:44:56 |
| 240   | 517   | OLECH Jakub           | 1980  | M-30 | Police (POL)                       | 230     | 95    | 0:17:13(337) | 0:31:24(287) | 0:44:56      |         |
| 241   | 530   | URBAŃSKI Artur        | 1969  | M-40 | Ironman C/S Polska Szczecin (POL)  | 231     | 61    | 0:17:01(306) | 0:31:01(250) | 0:44:56      |         |
| 242   | 365   | SZAŁKOWSKI Mariusz    | 1974  | M-40 | Szczecin (POL)                     | 232     | 62    | 0:16:37(257) | 0:30:50(238) | 0:44:58      |         |
| 243   | 240   | BANDKOWSKI Marek      | 1952  | M-60 | Puszczyc Bukowy (POL)              | 233     | 4     | 0:16:26(230) | 0:30:37(225) | 0:44:58      |         |
| 244   | 786   | POMMERENKE Kerstin    | 1968  | M-40 | Greifswald (Niemcy) (GER)          | 234     | 63    | 0:17:09(326) | 0:31:20(285) | 0:45:01      |         |
| 245   | 922   | BODO Tomasz           | 1992  | M-20 | Potulnic (POL)                     | 235     | 53    | 0:16:18(217) | 0:31:13(267) | 0:45:02      |         |
| 246   | 673   | MOSZYŃSKI Jacek       | 1964  | M-50 | Koszalin (POL)                     | 236     | 21    | 0:16:55(292) | 0:31:16(277) | 0:45:02      |         |
| 247   | 349   | JASICZEK Roman        | 1960  | M-50 | SZWLA - Stargard Szczeciński (POL) | 237     | 22    | 0:16:36(256) | 0:30:58(247) | 0:45:03      |         |
| 248   | 116   | BASIŃSKI Daniel       | 1975  | M-30 | Szczecin (POL)                     | 238     | 96    | 0:16:30(243) | 0:30:48(235) | 0:45:08      |         |
| 249   | 191   | GÓRSKI Marek          | 1978  | M-30 | Szczecin (POL)                     | 239     | 97    | 0:16:43(270) | 0:31:14(269) | 0:45:08      |         |
| 250   | 963   | SZYCKO Tomasz         | 1970  | M-40 | Szczecin (POL)                     | 240     | 64    | 0:16:27(231) | 0:30:55(244) | 0:45:09      |         |
| 251   | 543   | SZARMACH Dariusz      | 1974  | M-40 | Maratończyk Team Szczecin (POL)    | 241     | 65    | 0:16:33(247) | 0:31:01(251) | 0:45:10      |         |
| 252   | 995   | KROEHNKE Artur        | 1975  | M-30 | Szczecin (POL)                     | 242     | 98    | 0:16:32(246) | 0:30:58(246) | 0:45:11      |         |





| Miej. | Numer | Nazwisko i imię       | Rocz. | Kat.  | Klub-Miasto-Kraj                  | K/M     | M/Kat | 3.84 km      | 6.98 km      | Wynik        |         |
|-------|-------|-----------------------|-------|-------|-----------------------------------|---------|-------|--------------|--------------|--------------|---------|
| 385   | 625   | MATAJ Maciej          | 1978  | M-30  | 100 % EKIPA GRYFINO (POL)         | 360     | 147   | 0:18:44(553) | 0:33:44(460) | 0:47:41      |         |
| 386   | 456   | RIES Jochen           | 1944  | M-70+ | msv Molln (GER)                   | 361     | 1     | 0:17:30(382) | 0:32:47(382) | 0:47:44      |         |
| 387   | 705   | JANECKI Przemysław    | 1977  | M-30  | Zielona Góra (POL)                | 362     | 148   | 0:17:42(407) | 0:32:57(391) | 0:47:44      |         |
| 388   | 77    | KOBUS Adam            | 1969  | M-40  | KB HERMES GRYFINO (POL)           | 363     | 90    | 0:18:12(476) | 0:33:20(424) | 0:47:46      |         |
| 389   | 703   | PANASIUK Tomasz       | 1973  | M-40  | 5 PUŁK INŻYNIERYJNY (POL)         | S (55), | 364   | 91           | 0:17:56(433) | 0:33:02(400) | 0:47:49 |
| 390   | 972   | WOŹNICZKA Jerzy       | 1960  | M-50  | Szczecin (POL)                    |         | 365   | 37           | 0:17:38(395) | 0:32:44(378) | 0:47:53 |
| 391   | 721   | RELIGA Dariusz        | 1966  | M-40  | Arkusz (POL)                      | G (43)  | 366   | 92           | 0:17:39(399) | 0:32:39(373) | 0:47:53 |
| 392   | 189   | RUTKOWSKI Witold      | 1971  | M-40  | Szczecin (POL)                    |         | 367   | 93           | 0:16:51(282) | 0:32:23(358) | 0:47:54 |
| 393   | 946   | KAMOLA Adrian         | 1989  | M-20  | Szczecin (POL)                    |         | 368   | 79           | 0:17:46(412) | 0:32:50(384) | 0:47:55 |
| 394   | 646   | GÓRSKI Jakub          | 1991  | M-20  | Monar Grabowo (POL)               |         | 369   | 80           | 0:18:21(499) | 0:33:51(473) | 0:47:55 |
| 395   | 697   | KULA Hubert           | 1973  | M-40  | Szczecin (POL)                    |         | 370   | 94           | 0:17:44(410) | 0:33:03(402) | 0:47:56 |
| 396   | 289   | KIMLA-GOŚCIŁO Sylwia  | 1980  | K-30  | Wieczorne Bieganie w Szczecinie ( | 26      | 9     | 0:17:28(374) | 0:33:01(398) | 0:47:56      |         |
| 397   | 298   | NOWAKOWSKI Mariusz    | 1973  | M-40  | Szczecin (POL)                    |         | 371   | 95           | 0:17:26(368) | 0:32:45(380) | 0:47:59 |
| 398   | 407   | PETRUSIEWICZ Paweł    | 1991  | M-20  | Goleniów (POL)                    | G (44)  | 372   | 81           | 0:17:19(347) | 0:33:03(401) | 0:48:00 |
| 399   | 248   | BAUMGART Grzegorz     | 1980  | M-30  | bmgrt Stargard (POL)              |         | 373   | 149          | 0:17:58(440) | 0:33:13(417) | 0:48:01 |
| 400   | 395   | GROCHOWSKI Krzysztof  | 1984  | M-30  | Maszewo (POL)                     |         | 374   | 150          | 0:17:24(365) | 0:32:47(381) | 0:48:03 |
| 401   | 926   | DRÓŹDŹ Mariusz        | 1976  | M-30  | Drawsko Pomorskie (POL)           |         | 375   | 151          | 0:17:54(426) | 0:33:12(416) | 0:48:05 |
| 402   | 170   | KORDAS Tomasz         | 1971  | M-40  | TT Szczecin (POL)                 |         | 376   | 96           | 0:17:53(424) | 0:33:05(405) | 0:48:06 |
| 403   | 355   | OLESEK Tomasz         | 1970  | M-40  | Goleniów (POL)                    | G (45)  | 377   | 97           | 0:17:48(416) | 0:33:11(414) | 0:48:08 |
| 404   | 272   | JURCZAK Łukasz        | 1983  | M-30  | Pogotowie Goleniów (POL)          | G (46)  | 378   | 152          | 0:17:30(379) | 0:33:01(395) | 0:48:09 |
| 405   | 856   | BIZDUNOWICZ Krystian  | 1978  | M-30  | Firmowe Zegarki/Hanza Goleniów    | G (47)  | 379   | 153          | 0:17:30(378) | 0:33:11(412) | 0:48:09 |
| 406   | 80    | ADAMCZYK Piotr        | 1977  | M-30  | Świnoujście (POL)                 |         | 380   | 154          | 0:17:26(371) | 0:32:36(369) | 0:48:10 |
| 407   | 937   | ALABA Jerzy           | 1959  | M-50  | Białogard (POL)                   |         | 381   | 38           |              | 0:33:14(419) | 0:48:12 |
| 408   | 49    | CELOCH Tomasz         | 1979  | M-30  | Kamień Pomorski (POL)             |         | 382   | 155          | 0:17:47(414) | 0:32:56(390) | 0:48:13 |
| 409   | 665   | KOZANECKA Iwona       | 1959  | K-50  | Szczecin (POL)                    | 27      | 2     | 0:18:21(501) | 0:33:38(446) | 0:48:15      |         |
| 410   | 683   | ŚREDZIŃSKI Michał     | 1951  | M-60  | Poznań (POL)                      |         | 383   | 11           | 0:17:27(373) | 0:32:41(375) | 0:48:16 |
| 411   | 743   | ZACHAREWICZ Olga      | 1993  | K-20  | Uniwersytet Szczeciński (POL)     | 28      | 13    | 0:17:56(434) | 0:33:09(411) | 0:48:17      |         |
| 412   | 940   | ZARYCZAŃSKI Michał    | 1989  | M-20  | Ploty (POL)                       |         | 384   | 82           | 0:18:11(474) | 0:33:38(444) | 0:48:18 |
| 413   | 674   | GALAR Krzysztof       | 1968  | M-40  | Goleniów (POL)                    | G (48)  | 385   | 98           | 0:17:54(425) |              | 0:48:18 |
| 414   | 226   | TOMASZEWICZ Paweł     | 1991  | M-20  | Goleniów (POL)                    | G (49)  | 386   | 83           | 0:17:18(345) | 0:33:08(407) | 0:48:18 |
| 415   | 135   | MATYSIAK Daniel       | 1988  | M-20  | Szczecin (POL)                    |         | 387   | 84           | 0:17:52(422) | 0:33:15(421) | 0:48:19 |
| 416   | 278   | RYBICKI Marcin        | 1979  | M-30  | Stargard Szczeciński (POL)        |         | 388   | 156          | 0:17:57(436) | 0:33:15(422) | 0:48:20 |
| 417   | 742   | ZACHAREWICZ Krzysztof | 1970  | M-40  | stowarzyszenie Pogranicznik (POL) |         | 389   | 99           | 0:17:55(432) | 0:33:09(409) | 0:48:21 |
| 418   | 733   | DZIĘCIOŁ Piotr        | 1971  | M-40  | Barlinek Running Team (POL)       |         | 390   | 100          | 0:18:46(556) | 0:33:40(450) | 0:48:21 |
| 419   | 478   | ANDRYSZAK Aleksandra  | 1993  | K-20  | Świnoujście (POL)                 | 29      | 14    | 0:18:32(513) | 0:33:42(455) | 0:48:24      |         |
| 420   | 729   | GRYGOWSKI Emil        | 1978  | M-30  | Kościuszki (POL)                  |         | 391   | 157          | 0:17:30(383) | 0:32:53(388) | 0:48:26 |
| 421   | 482   | KRZYŚKO Maciej        | 1964  | M-50  | Pełczyce (POL)                    |         | 392   | 39           | 0:18:21(498) | 0:33:45(464) | 0:48:27 |
| 422   | 393   | WILKUSZ Wojciech      | 1970  | M-40  | Szczecin Biega (POL)              |         | 393   | 101          | 0:17:26(372) | 0:32:45(379) | 0:48:28 |
| 423   | 26    | GRALAK Damian         | 1967  | M-40  | Stargard Szczeciński (POL)        |         | 394   | 102          | 0:17:59(445) | 0:33:22(427) | 0:48:30 |
| 424   | 196   | ROSTRYGIN Katarzyna   | 1981  | K-30  | Szczecin Biega (POL)              | 30      | 10    | 0:18:10(472) | 0:33:28(432) | 0:48:32      |         |
| 425   | 620   | PLUTA Tomasz          | 1964  | M-50  | PetLovers (POL)                   |         | 395   | 40           | 0:18:35(522) | 0:33:58(480) | 0:48:32 |
| 426   | 994   | MAZUREK Paweł         | 1987  | M-20  | Lipiany (POL)                     |         | 396   | 85           | 0:18:16(480) | 0:33:47(468) | 0:48:33 |
| 427   | 629   | KUPSKI Jacek          | 1973  | M-40  | KLINISKA WIELKIE (POL)            | G (50)  | 397   | 103          | 0:17:00(303) | 0:32:43(377) | 0:48:33 |
| 428   | 500   | KANIA Mateusz         | 1988  | M-20  | Goleniów (POL)                    | G (51)  | 398   | 86           | 0:17:58(439) | 0:33:33(438) | 0:48:36 |
| 429   | 505   | MLECZEK Robert        | 1975  | M-30  | 35 dr OP (POL)                    | S (56), | 399   | 158          | 0:18:10(471) | 0:33:38(447) | 0:48:36 |
| 430   | 584   | PODLASKI Karol        | 1983  | M-30  | UNITY LINE (POL)                  |         | 400   | 159          | 0:18:27(509) | 0:33:41(454) | 0:48:36 |
| 431   | 494   | PĘDZIWIATR Jacek      | 1970  | M-40  | Goleniów (POL)                    | G (52)  | 401   | 104          | 0:17:42(405) | 0:33:08(408) | 0:48:38 |
| 432   | 657   | SZARAPANOWSKI Damian  | 1978  | M-30  | Lubrza (POL)                      |         | 402   | 160          | 0:18:00(448) | 0:33:23(428) | 0:48:38 |
| 433   | 22    | WIŚNIEWSKI Czesław    | 1951  | M-60  | Maratończyk Team Szczecin (POL)   |         | 403   | 12           | 0:18:15(479) | 0:33:35(442) | 0:48:39 |
| 434   | 564   | KOPAŃSKI Andrzej      | 1968  | M-40  | Goleniów (POL)                    | G (53)  | 404   | 105          | 0:17:10(327) | 0:32:59(392) | 0:48:39 |
| 435   | 970   | GORZKA Michał         | 1982  | M-30  | Goleniów (POL)                    | G (54)  | 405   | 161          | 0:18:05(454) | 0:33:41(452) | 0:48:39 |
| 436   | 236   | ZALEWSKI Józef        | 1942  | M-70+ | Insko (POL)                       |         | 406   | 2            | 0:17:37(392) | 0:33:11(415) | 0:48:41 |
| 437   | 227   | SZUMILAS Paweł        | 1977  | M-30  | OSOM! Runners (POL)               |         | 407   | 162          | 0:17:17(344) | 0:33:09(410) | 0:48:41 |
| 438   | 147   | SAUK Marcin           | 1975  | M-30  | Szczecin (POL)                    |         | 408   | 163          | 0:18:32(512) | 0:33:51(474) | 0:48:41 |
| 439   | 379   | SKRYPLONEK Łukasz     | 1982  | M-30  | Nowogard Julia Team (POL)         | G (55)  | 409   | 164          | 0:17:40(400) | 0:33:23(429) | 0:48:42 |
| 440   | 288   | GOŚCIŁO Arkadiusz     | 1976  | M-30  | Szczecin (POL)                    |         | 410   | 165          | 0:17:19(346) | 0:33:11(413) | 0:48:42 |
| 441   | 97    | DĄBROWSKI Jerzy       | 1950  | M-60  | Szczecin (POL)                    |         | 411   | 13           | 0:18:03(453) | 0:33:28(433) | 0:48:42 |
| 442   | 267   | KULA Sambor           | 1975  | M-30  | Świnoujście (POL)                 |         | 412   | 166          | 0:18:10(469) | 0:33:44(462) | 0:48:45 |
| 443   | 460   | SKRZYPCZAK Sebastian  | 1978  | M-30  | 12bz (POL)                        | S (57), | 413   | 167          | 0:18:29(511) | 0:34:05(487) | 0:48:45 |
| 444   | 186   | CIEMNA Joanna         | 1974  | K-40  | Wolin (POL)                       | 31      | 5     | 0:17:53(423) | 0:33:25(430) | 0:48:48      |         |
| 445   | 788   | FRANZ Manuela         | 1971  | K-40  | Bergen auf Rügen, LAV (GER)       | 32      | 6     | 0:17:28(375) | 0:33:02(399) | 0:48:50      |         |
| 446   | 586   | DEMIASZKIEWICZ Artur  | 1984  | M-30  | Szczecin (POL)                    |         | 414   | 168          | 0:18:03(451) | 0:33:39(449) | 0:48:51 |
| 447   | 237   | MATUSZEWSKI Piotr     | 1985  | M-20  | MORO TEAM (POL)                   | S (58), | 415   | 87           | 0:18:41(546) | 0:34:12(494) | 0:48:51 |
| 448   | 313   | MUSIAŁ Ela            | 1982  | K-30  | BKS Maniak Wolin (POL)            | 33      | 11    | 0:18:34(520) | 0:33:58(479) | 0:48:51      |         |
| 449   | 370   | STĘPIŃSKI Mirosław    | 1976  | M-30  | Gryfice (POL)                     |         | 416   | 169          | 0:17:37(393) | 0:33:14(418) | 0:48:52 |
| 450   | 757   | SAŁATA Wojciech       | 1989  | M-20  | BRĄCZEWO (POL)                    |         | 417   | 88           | 0:17:40(401) | 0:33:15(420) | 0:48:52 |





| Miej. | Numer | Nazwisko i imię            | Rocz. | Kat. | Klub-Miasto-Kraj                  | K/M           | M/Kat | 3.84 km | 6.98 km      | Wynik        |         |
|-------|-------|----------------------------|-------|------|-----------------------------------|---------------|-------|---------|--------------|--------------|---------|
| 517   | 318   | MOMOT Przemysław           | 1989  | M-20 | Goleniów (POL)                    | G (63)        | 471   | 104     | 0:17:50(418) | 0:33:58(481) | 0:50:11 |
| 518   | 601   | OTŁOWSKI Mikołaj           | 1996  | M-20 | Drawsko Pomorskie (POL)           |               | 472   | 105     | 0:17:39(397) | 0:33:46(467) | 0:50:13 |
| 519   | 865   | PLUTO-PRĄDZYŃSKI Paweł     | 1986  | M-20 | PAZIM TEAM (POL)                  |               | 473   | 106     | 0:17:34(390) | 0:33:47(469) | 0:50:14 |
| 520   | 435   | ANDRZEJCZAK Adrian         | 1993  | M-20 | Szczecin (POL)                    |               | 474   | 107     | 0:19:40(662) | 0:35:06(557) | 0:50:15 |
| 521   | 952   | WOJCIECHOWSKA-HRYCYK Agata | 1968  | K-40 | Kołobrzeg (POL)                   |               | 47    | 8       | 0:18:18(488) | 0:34:17(503) | 0:50:15 |
| 522   | 301   | STANKIEWICZ Grzegorz       | 1974  | M-40 | Szczecin (POL)                    |               | 475   | 119     | 0:18:19(492) | 0:34:17(504) | 0:50:19 |
| 523   | 935   | CZABAN Ryszarda            | 1967  | K-40 | Resko (POL)                       |               | 48    | 9       | 0:18:08(466) | 0:34:05(488) | 0:50:21 |
| 524   | 498   | ROGOWSKA Justyna           | 1986  | K-20 | Mordor (POL)                      |               | 49    | 17      | 0:18:35(523) | 0:34:41(529) | 0:50:22 |
| 525   | 497   | OPŁOTNY Michał             | 1986  | M-20 | Mordor (POL)                      |               | 476   | 108     | 0:18:35(525) | 0:34:41(530) | 0:50:22 |
| 526   | 921   | MIGDAŁ Piotr               | 1989  | M-20 | KS HANZA Goleniów (POL)           |               | 477   | 109     | 0:18:50(562) | 0:34:56(543) | 0:50:22 |
| 527   | 590   | POSACKA Maria              | 1989  | K-20 | Nowogard (POL)                    |               | 50    | 18      | 0:18:07(461) | 0:34:17(505) | 0:50:24 |
| 528   | 421   | LEWANDOWSKI Grzegorz       | 1975  | M-30 | Goleniów (POL)                    | G (64)        | 478   | 186     | 0:17:58(441) | 0:34:10(492) | 0:50:25 |
| 529   | 389   | SZYMAŃSKI Marcin           | 1983  | M-30 | BŁĘKIT PNIĘWO (POL)               |               | 479   | 187     | 0:17:21(351) | 0:33:45(463) | 0:50:26 |
| 530   | 445   | VAN WIJGERDEN Johan        | 1995  | M-20 | HOLSTAR Pęzino (POL)              |               | 480   | 110     | 0:18:17(484) | 0:33:45(465) | 0:50:26 |
| 531   | 136   | BĘGOWSKI Marek             | 1975  | M-30 | Kamień Pomorski (POL)             |               | 481   | 188     | 0:17:58(438) | 0:34:33(517) | 0:50:27 |
| 532   | 446   | VAN WIJGERDEN Andre        | 1970  | M-40 | HOLSTAR Pęzino (POL)              |               | 482   | 120     | 0:18:17(481) | 0:33:46(466) | 0:50:27 |
| 533   | 474   | WOJCIECHOWSKI Krzysztof    | 1968  | M-40 | Stargard Szczeciński (POL)        |               | 483   | 121     | 0:17:58(437) | 0:34:19(508) | 0:50:30 |
| 534   | 802   | SZWARC Rafał               | 1976  | M-30 | JW 3998 Szczecin (POL)            | S (69),       | 484   | 189     | 0:18:22(502) | 0:35:05(555) | 0:50:31 |
| 535   | 486   | JAKUBIAK Anna              | 1969  | K-40 | RAZ Szczecin (POL)                |               | 51    | 10      | 0:19:15(614) | 0:35:09(561) | 0:50:37 |
| 536   | 805   | MICHALAK Boguś             | 1972  | M-40 | MOREpracownia.pl (POL)            |               | 485   | 122     | 0:19:32(645) | 0:35:22(574) | 0:50:38 |
| 537   | 822   | KONIECZNY Roger            | 1980  | M-30 | Kamień Pomorski (POL)             |               | 486   | 190     | 0:19:04(589) | 0:35:01(550) | 0:50:39 |
| 538   | 595   | TUMANOWICZ Artur           | 1982  | M-30 | DRUŻYNA GRODU TRZYGŁOWA (P        |               | 487   | 191     | 0:17:37(394) | 0:34:11(493) | 0:50:40 |
| 539   | 511   | CIEŚŃSKI Dawid             | 1993  | M-20 | Goleniów (POL)                    |               | 488   | 111     | 0:17:51(420) | 0:33:41(453) | 0:50:42 |
| 540   | 302   | KACZMARCZYK Agata          | 1987  | K-20 | SZWLA - Stargard Szczeciński (POL |               | 52    | 19      | 0:18:41(545) | 0:34:41(527) | 0:50:43 |
| 541   | 746   | SZYMCZYSZYN Lidia          | 1977  | K-30 | KB HERMES GRYFINO (POL)           |               | 53    | 22      | 0:18:25(507) | 0:34:42(532) | 0:50:43 |
| 542   | 198   | JAZ Małgorzata             | 1970  | K-40 | KM TEAM (POL)                     |               | 54    | 11      | 0:19:00(578) | 0:34:55(541) | 0:50:45 |
| 543   | 295   | ZAJĄC Roman                | 1975  | M-30 | Puszczyc Bukowy (POL)             |               | 489   | 192     | 0:18:10(470) | 0:34:41(531) | 0:50:46 |
| 544   | 720   | LISIŃSKI Andrzej           | 1982  | M-30 | Kamień Pomorski (POL)             | S (70),       | 490   | 193     | 0:17:51(419) | 0:33:44(461) | 0:50:46 |
| 545   | 529   | TEKLAK Krzysztof           | 1967  | M-40 | KLĄ ZABIEGANI CZĘSTOCHOWA (P      |               | 491   | 123     | 0:18:32(514) | 0:34:53(538) | 0:50:47 |
| 546   | 819   | WALCZAK Agnieszka          | 1978  | K-30 | Puszczyc Bukowy (POL)             |               | 55    | 23      | 0:18:11(473) | 0:34:42(533) | 0:50:47 |
| 547   | 465   | MARZEC Łukasz              | 1979  | M-30 | DBWD WKP-W Stargard Szczeciński   | S (71),       | 492   | 194     | 0:19:02(582) | 0:35:01(549) | 0:50:47 |
| 548   | 1005  | ZABOROWSKI Marcin          | 1978  | M-30 | Szczecin (POL)                    |               | 493   | 195     | 0:18:43(550) | 0:35:02(552) | 0:50:47 |
| 549   | 1003  | SAWICKI Krzysztof          | 1989  | M-20 | Szczecin (POL)                    |               | 494   | 112     | 0:18:26(508) | 0:34:36(521) | 0:50:48 |
| 550   | 157   | TOMCZYK Maciej             | 1992  | M-20 | FC Aquila Szczecin (POL)          |               | 495   | 113     | 0:18:54(571) | 0:35:11(562) | 0:50:49 |
| 551   | 518   | ZAWALSKI Krzysztof         | 1978  | M-30 | RAZ Szczecin (POL)                |               | 496   | 196     | 0:19:22(634) | 0:35:20(572) | 0:50:49 |
| 552   | 357   | LIS Jan                    | 1966  | M-40 | Goleniów (POL)                    | G (65)        | 497   | 124     | 0:18:37(529) | 0:34:35(518) | 0:50:51 |
| 553   | 372   | JAROSŁAWSKA Sandra         | 1990  | K-20 | Uniwersytet Szczeciński (POL)     | G (66)        | 56    | 20      | 0:18:25(506) | 0:34:37(522) | 0:50:54 |
| 554   | 373   | STERNA Piotr               | 1991  | M-20 | Police (POL)                      |               | 498   | 114     | 0:18:24(504) | 0:34:36(520) | 0:50:54 |
| 555   | 725   | GREGOREK Przemysław        | 1984  | M-30 | Goleniów (POL)                    | S (72),G (67) | 499   | 197     | 0:18:52(567) | 0:34:58(545) | 0:50:54 |
| 556   | 642   | SZWED Paweł                | 1995  | M-20 | Żółwia Błoc (POL)                 | G (68)        | 500   | 115     | 0:19:50(678) | 0:36:09(618) | 0:50:54 |
| 557   | 777   | MASŁO Robert               | 1987  | M-20 | Monar Grabowo (POL)               |               | 501   | 116     | 0:18:17(482) | 0:34:29(515) | 0:50:54 |
| 558   | 792   | MACIĄG Bartłomiej          | 1995  | M-20 | Goleniów (POL)                    | G (69)        | 502   | 117     | 0:19:50(677) | 0:36:09(619) | 0:50:55 |
| 559   | 388   | KUROWSKI Sebastian         | 1982  | M-30 | RUNGRYF Gryfice (POL)             | S (73),       | 503   | 198     | 0:18:05(455) | 0:35:02(551) | 0:51:00 |
| 560   | 695   | STARUCH Darek              | 1970  | M-40 | Choszczno (POL)                   |               | 504   | 125     |              | 0:35:35(585) | 0:51:00 |
| 561   | 1011  | GRODZICKI Sebastian        | 1980  | M-30 | JW 3294 (POL)                     | S (74),       | 505   | 199     | 0:18:52(565) | 0:35:00(546) | 0:51:01 |
| 562   | 1012  | MAKAREWICZ Tomasz          | 1977  | M-30 | JW 3294 (POL)                     | S (75),       | 506   | 200     | 0:18:52(566) | 0:35:00(547) | 0:51:01 |
| 563   | 228   | NALEWAJ Robert             | 1984  | M-30 | Szczecin (POL)                    |               | 507   | 201     | 0:19:07(597) | 0:35:17(569) | 0:51:06 |
| 564   | 692   | GRZELAK Marcin             | 1976  | M-30 | Wieczorne Bieganie w Szczecinie ( |               | 508   | 202     | 0:19:22(633) | 0:35:26(577) | 0:51:07 |
| 565   | 900   | BARTNIK Krzysztof          | 1992  | M-20 | Szczecin (POL)                    |               | 509   | 118     | 0:20:12(713) | 0:35:49(600) | 0:51:08 |
| 566   | 886   | GRENDZIAK Anna             | 1976  | K-30 | Szczecin (POL)                    |               | 57    | 24      | 0:20:12(712) | 0:35:49(599) | 0:51:08 |
| 567   | 772   | STĘPIEŃ Robert             | 1976  | M-30 | AKADEMIA BUDO SZCZECIN (POL)      |               | 510   | 203     | 0:18:57(573) | 0:35:16(567) | 0:51:08 |
| 568   | 831   | MAJKOWICZ Mirek            | 1980  | M-30 | Koszalin (POL)                    |               | 511   | 204     | 0:18:35(521) | 0:34:53(539) | 0:51:09 |
| 569   | 960   | SNOPEK Norbert             | 1974  | M-40 | AKADEMIA BUDO SZCZECIN (POL)      |               | 512   | 126     | 0:18:56(572) | 0:35:16(568) | 0:51:13 |
| 570   | 740   | STEPANIUK Artur            | 1980  | M-30 | Szczecin (POL)                    |               | 513   | 205     | 0:19:37(653) | 0:35:45(595) | 0:51:14 |
| 571   | 790   | KOWALCZYK Stanisław        | 1956  | M-50 | świdwin (POL)                     |               | 514   | 47      | 0:18:52(564) | 0:35:04(554) | 0:51:16 |
| 572   | 544   | SZEKIETA Arkadiusz         | 1969  | M-40 | RUNGRYF Gryfice (POL)             |               | 515   | 127     | 0:18:51(563) | 0:35:17(570) | 0:51:19 |
| 573   | 67    | KMIECIK Mirosław           | 1961  | M-50 | Szczecin (POL)                    |               | 516   | 48      | 0:19:09(600) | 0:35:27(578) | 0:51:19 |
| 574   | 936   | CZABAN Jan                 | 1966  | M-40 | Resko (POL)                       |               | 517   | 128     | 0:18:09(468) | 0:34:30(516) | 0:51:22 |
| 575   | 676   | JAKUBOWSKI Jan             | 1955  | M-50 | Szczecin (POL)                    |               | 518   | 49      | 0:18:36(528) | 0:35:04(553) | 0:51:23 |
| 576   | 459   | AMROŻY Stanisław           | 1975  | M-30 | DBWD WKP-W Stargard Szczeciński   | S (76),       | 519   | 206     | 0:19:06(595) | 0:35:31(581) | 0:51:23 |
| 577   | 651   | ZYCH Paweł                 | 1989  | M-20 | HQ MNC NE (POL)                   | S (77),       | 520   | 119     | 0:19:39(658) | 0:36:01(613) | 0:51:24 |
| 578   | 638   | STRONIKOWSKI Kamil         | 1979  | M-30 | Szczecin Biega (POL)              |               | 521   | 207     | 0:19:52(681) | 0:35:59(609) | 0:51:25 |
| 579   | 1008  | KWIATKOWSKI Szymon         | 1977  | M-30 | Szczecin (POL)                    |               | 522   | 208     | 0:18:53(569) | 0:35:18(571) | 0:51:25 |
| 580   | 1010  | TRYBUCHOWSKI Krzysztof     | 1981  | M-30 | Resko (POL)                       |               | 523   | 209     | 0:19:04(587) | 0:35:25(576) | 0:51:26 |
| 581   | 216   | BEDNARSKA Paulina          | 1984  | K-30 | Stargard Szczeciński (POL)        |               | 58    | 25      | 0:19:12(607) | 0:35:34(583) | 0:51:27 |
| 582   | 321   | ZAWADZKI Henryk            | 1968  | M-40 | Przeclaw (POL)                    |               | 524   | 129     | 0:18:33(515) | 0:34:51(536) | 0:51:28 |



| Miej. | Numer | Nazwisko i imię       | Rocz. | Kat. | Klub-Miasto-Kraj                  | K/M     | M/Kat | 3.84 km      | 6.98 km      | Wynik        |         |
|-------|-------|-----------------------|-------|------|-----------------------------------|---------|-------|--------------|--------------|--------------|---------|
| 649   | 351   | STOŁOWSKA Karolina    | 1987  | K-20 | DARK RUNNERS (POL)                | 72      | 23    | 0:19:00(576) | 0:36:05(616) | 0:53:15      |         |
| 650   | 781   | DOMAŃSKI Mikołaj      | 1991  | M-20 | Monar Grabowo (POL)               | 578     | 133   | 0:20:19(730) | 0:37:31(699) | 0:53:19      |         |
| 651   | 693   | KUZA Urban            | 1972  | M-40 | MIERZYN_NIGHTHAWK (POL)           | 579     | 141   | 0:19:50(680) | 0:36:39(654) | 0:53:22      |         |
| 652   | 477   | BORKO Daniel          | 1980  | M-30 | Świnoujście (POL)                 | 580     | 234   | 0:20:09(705) | 0:37:07(683) | 0:53:23      |         |
| 653   | 775   | CIEŚLAK Rafał         | 1995  | M-20 | Goleniów (POL)                    | G (78)  | 581   | 134          | 0:19:49(676) | 0:36:56(669) | 0:53:23 |
| 654   | 84    | GRZELAK Sebastian     | 1963  | M-50 | Goleniów (POL)                    | S (93), | 582   | 54           | 0:18:48(558) | 0:35:54(604) | 0:53:24 |
| 655   | 874   | WIŚNIEWSKA Nina       | 1979  | K-30 | Pyrzyce (POL)                     | 73      | 33    | 0:19:08(599) | 0:36:30(642) | 0:53:26      |         |
| 656   | 520   | BUKOWSKA Agnieszka    | 1984  | K-30 | Project Run Bene Sport Szczecin ( | 74      | 34    | 0:19:37(655) | 0:36:32(646) | 0:53:26      |         |
| 657   | 440   | NOWAK Dorota          | 1973  | K-40 | Szczecin (POL)                    | 75      | 15    | 0:19:13(608) | 0:36:28(636) | 0:53:27      |         |
| 658   | 232   | TARGOŃSKA Alicja      | 1983  | K-30 | Szczecin (POL)                    | 76      | 35    | 0:20:16(724) | 0:37:12(685) | 0:53:27      |         |
| 659   | 585   | BANACH Tadeusz        | 1971  | M-40 | Warszawa (POL)                    | 583     | 142   | 0:19:03(584) | 0:36:33(647) | 0:53:29      |         |
| 660   | 304   | KOSZTOWNY Dariusz     | 1986  | M-20 | Kocham Szczecin (POL)             | 584     | 135   | 0:19:13(610) | 0:36:46(661) | 0:53:33      |         |
| 661   | 609   | FILIP Jerzy           | 1990  | M-20 | Stargard Szczeciński (POL)        | 585     | 136   | 0:18:24(505) | 0:36:02(614) | 0:53:33      |         |
| 662   | 258   | POZDROWICZ Marcin     | 1978  | M-30 | Poznań (POL)                      | 586     | 235   | 0:20:00(690) | 0:37:01(677) | 0:53:33      |         |
| 663   | 264   | POZDROWICZ Paweł      | 1955  | M-50 | Ińsko (POL)                       | 587     | 55    | 0:19:09(604) | 0:35:15(566) | 0:53:34      |         |
| 664   | 48    | REINHOLD-KURLEJ Anna  | 1971  | K-40 | KB HERMES GRYFINO (POL)           | S (94), | 77    | 16           | 0:19:45(669) | 0:36:56(670) | 0:53:35 |
| 665   | 139   | KAMIŃSKA Adriana      | 1986  | K-20 | BBL TEAM POLICE (POL)             | 78      | 24    | 0:19:15(616) | 0:36:27(635) | 0:53:40      |         |
| 666   | 160   | ŁEMPKOWSKA Beata      | 1973  | K-40 | BBL TEAM POLICE (POL)             | 79      | 17    | 0:19:17(622) | 0:36:28(637) | 0:53:41      |         |
| 667   | 430   | KURZYŃSKI Krzysztof   | 1967  | M-40 | Pyrzyce (POL)                     | 588     | 143   | 0:20:53(790) | 0:38:14(744) | 0:53:42      |         |
| 668   | 689   | REKOWSKI Adam         | 1958  | M-50 | PLK S.A. Centrala (POL)           | 589     | 56    | 0:19:33(649) | 0:36:33(649) | 0:53:44      |         |
| 669   | 390   | SZYMAŃSKA Anna        | 1958  | K-50 | KS HANZA Goleniów (POL)           | G (79)  | 80    | 4            | 0:19:08(598) | 0:36:22(628) | 0:53:44 |
| 670   | 701   | CHMIELEWSKI Janusz    | 1954  | M-60 | BBL TEAM POLICE (POL)             | 590     | 17    | 0:19:20(628) | 0:36:36(652) | 0:53:45      |         |
| 671   | 88    | PAWELEC Artur         | 1972  | M-40 | Goleniów (POL)                    | 591     | 144   | 0:20:46(777) | 0:37:57(729) | 0:53:45      |         |
| 672   | 204   | ŁOPACIŃSKI Marcin     | 1974  | M-40 | Stargard Szczeciński (POL)        | 592     | 145   | 0:19:38(656) | 0:36:51(666) | 0:53:45      |         |
| 673   | 392   | OSTASZEWSKI Paweł     | 1975  | M-30 | Goleniów (POL)                    | G (80)  | 593   | 236          | 0:19:59(688) | 0:37:24(694) | 0:53:45 |
| 674   | 341   | LEWANDOWICZ Anna      | 1987  | K-20 | RUNGRYF Gryfice (POL)             | S (95), | 81    | 25           | 0:18:39(536) | 0:36:31(644) | 0:53:45 |
| 675   | 217   | WEREMIJ Sławomir      | 1973  | M-40 | Świnoujście (POL)                 | S (96), | 594   | 146          | 0:19:48(675) | 0:36:48(663) | 0:53:45 |
| 676   | 890   | WOLIŃSKA Irena        | 1964  | K-50 | Wolin (POL)                       | 82      | 5     | 0:19:32(646) | 0:36:42(658) | 0:53:47      |         |
| 677   | 220   | SOWISZ Danuta         | 1971  | K-40 | RAZ Szczecin (POL)                | 83      | 18    | 0:20:13(714) | 0:37:16(688) | 0:53:47      |         |
| 678   | 231   | STROJNY Wojciech      | 1967  | M-40 | Z WIATREM (POL)                   | 595     | 147   | 0:20:41(766) | 0:37:19(691) | 0:53:48      |         |
| 679   | 50    | CELOCH Marta          | 1982  | K-30 | Kamień Pomorski (POL)             | 84      | 36    | 0:19:46(674) | 0:36:41(657) | 0:53:48      |         |
| 680   | 92    | JERZYK Adrian         | 1971  | M-40 | Szczecin (POL)                    | 596     | 148   | 0:19:31(642) | 0:36:40(655) | 0:53:50      |         |
| 681   | 978   | SZEJBA Bartłomiej     | 1975  | M-30 | Szczecin (POL)                    | 597     | 237   | 0:19:15(615) | 0:36:53(667) | 0:53:55      |         |
| 682   | 949   | KOZAK Dariusz         | 1968  | M-40 | Goleniów (POL)                    | G (81)  | 598   | 149          | 0:18:46(557) | 0:36:10(621) | 0:53:56 |
| 683   | 633   | MIKULIN Marcin        | 1980  | M-30 | RUNGRYF Gryfice (POL)             | 599     | 238   | 0:20:03(693) | 0:37:03(680) | 0:53:57      |         |
| 684   | 401   | NAROŻNIAK Marek       | 1965  | M-40 | M@rek Gryfice (POL)               | 600     | 150   | 0:20:02(691) | 0:37:02(679) | 0:53:57      |         |
| 685   | 977   | ROGAŁA Bartosz        | 1983  | M-30 | Wołczkowo (POL)                   | 601     | 239   | 0:18:38(533) | 0:36:09(617) | 0:53:58      |         |
| 686   | 194   | SZCZYGIĘŁ Paweł       | 1987  | M-20 | Stargard Szczeciński (POL)        | 602     | 137   | 0:19:45(672) | 0:36:57(674) | 0:53:58      |         |
| 687   | 992   | WARCHOŁ Katarzyna     | 1985  | K-20 | (POL)                             | 85      | 26    | 0:20:10(707) | 0:37:26(696) | 0:54:00      |         |
| 688   | 614   | STAŃCZYK Małgorzata   | 1974  | K-40 | Nowogard (POL)                    | 86      | 19    | 0:19:09(603) | 0:36:46(662) | 0:54:00      |         |
| 689   | 632   | KRÓL Kamila           | 1982  | K-30 | Stargard Szczeciński (POL)        | 87      | 37    | 0:20:54(796) | 0:38:10(741) | 0:54:03      |         |
| 690   | 653   | JĘDRO Jacek           | 1968  | M-40 | Ronin Team Czerwieńsk (POL)       | 603     | 151   | 0:20:32(755) | 0:37:24(695) | 0:54:03      |         |
| 691   | 410   | KOWALCZYK Marcin      | 1976  | M-30 | Szczecin (POL)                    | 604     | 240   | 0:21:12(816) | 0:38:09(739) | 0:54:04      |         |
| 692   | 694   | AFELTOWICZ Anna       | 1971  | K-40 | Recz (POL)                        | 88      | 20    | 0:19:33(651) | 0:36:57(673) | 0:54:05      |         |
| 693   | 96    | GÓRNICZ Paweł         | 1974  | M-40 | Szczecin (POL)                    | 605     | 152   | 0:19:19(627) | 0:36:32(645) | 0:54:05      |         |
| 694   | 953   | SAWENKO Władysław     | 1980  | M-30 | RURZYCA (POL)                     | G (82)  | 606   | 241          | 0:20:15(719) | 0:37:40(709) | 0:54:06 |
| 695   | 702   | CHMIELEWSKA Agnieszka | 1974  | K-40 | BBL TEAM POLICE (POL)             | 89      | 21    | 0:19:41(664) | 0:36:58(675) | 0:54:07      |         |
| 696   | 833   | STRZEBOŃSKI Piotr     | 1981  | M-30 | Goleniów (POL)                    | 607     | 242   | 0:19:09(601) | 0:36:49(664) | 0:54:10      |         |
| 697   | 745   | STĘPNIAK Kamil        | 1979  | M-30 | Mierzyn (POL)                     | 608     | 243   | 0:19:00(579) | 0:36:18(626) | 0:54:11      |         |
| 698   | 508   | PIETRAS Franciszek    | 1960  | M-50 | Świnoujście (POL)                 | 609     | 57    |              | 0:37:34(702) | 0:54:13      |         |
| 699   | 251   | BRZEZIŃSKA Anna       | 1979  | K-30 | Wieczorne Bieganie w Szczecinie ( | 90      | 38    | 0:20:19(731) | 0:37:28(697) | 0:54:13      |         |
| 700   | 754   | KORDAS Antoni         | 1971  | M-40 | Rudzianka (POL)                   | 610     | 153   | 0:19:38(657) | 0:37:17(689) | 0:54:15      |         |
| 701   | 479   | ĆWIERZONA Robert      | 1972  | M-40 | Pyrzyce (POL)                     | 611     | 154   | 0:20:53(789) | 0:38:13(743) | 0:54:16      |         |
| 702   | 875   | GOLJANEK Ewa          | 1982  | K-30 | Kołobrzeg (POL)                   | 91      | 39    | 0:20:15(722) | 0:37:12(686) | 0:54:17      |         |
| 703   | 187   | DUSZA Barbara         | 1974  | K-40 | Karnice (POL)                     | 92      | 22    | 0:19:57(685) | 0:37:07(684) | 0:54:17      |         |
| 704   | 57    | HATOWSKI Ryszard      | 1953  | M-60 | KB HERMES GRYFINO (POL)           | 612     | 18    | 0:19:04(586) | 0:36:30(641) | 0:54:18      |         |
| 705   | 184   | PAŁOSZ Daniel         | 1973  | M-40 | Wolin (POL)                       | 613     | 155   | 0:19:13(609) | 0:36:44(660) | 0:54:18      |         |
| 706   | 789   | KALBARCZYK Jolanta    | 1976  | K-30 | Kamień Pomorski (POL)             | 93      | 40    | 0:20:48(782) | 0:37:42(712) | 0:54:19      |         |
| 707   | 768   | JUDEK Krzysztof       | 1953  | M-60 | Mierzyn (POL)                     | 614     | 19    | 0:19:14(612) | 0:36:54(668) | 0:54:20      |         |
| 708   | 103   | WYREMBSKI Grzegorz    | 1985  | M-20 | Goleniów (POL)                    | G (83)  | 615   | 138          | 0:20:08(704) | 0:37:29(698) | 0:54:22 |
| 709   | 451   | DIETEL Gerd           | 1959  | M-50 | msv Molln (GER)                   | 616     | 58    | 0:20:24(738) | 0:37:51(719) | 0:54:23      |         |
| 710   | 207   | KOŁODZIEJCZYK Anna    | 1989  | K-20 | Szczecin (POL)                    | 94      | 27    | 0:20:21(735) | 0:37:52(722) | 0:54:24      |         |
| 711   | 652   | ZYCH Zenon            | 1962  | M-50 | SZCZECIN :) (POL)                 | 617     | 59    | 0:20:24(736) | 0:37:52(724) | 0:54:26      |         |
| 712   | 840   | ŁAWRYNOWICZ Konrad    | 1975  | M-30 | SZCZECIN :) (POL)                 | 618     | 244   | 0:22:03(858) | 0:38:22(747) | 0:54:34      |         |
| 713   | 210   | DĄBROWSKA Małgorzata  | 1964  | K-50 | Stare Czarnowo (POL)              | 95      | 6     | 0:19:22(632) | 0:37:04(682) | 0:54:37      |         |
| 714   | 778   | MARCZYK Dawid         | 1989  | M-20 | Monar Grabowo (POL)               | 619     | 139   | 0:20:35(760) | 0:38:36(763) | 0:54:44      |         |

| Miej. | Numer | Nazwisko i imię           | Rocz. | Kat.  | Klub-Miasto-Kraj                  | K/M            | M/Kat | 3.84 km      | 6.98 km      | Wynik        |         |
|-------|-------|---------------------------|-------|-------|-----------------------------------|----------------|-------|--------------|--------------|--------------|---------|
| 715   | 69    | BAK Andrzej               | 1969  | M-40  | Szczecin (POL)                    | 620            | 156   | 0:19:15(613) | 0:37:02(678) | 0:54:47      |         |
| 716   | 126   | ŻEBROWSKI Ireneusz        | 1962  | M-50  | Stargard Szczeciński (POL)        | 621            | 60    | 0:20:08(703) | 0:37:41(711) | 0:54:49      |         |
| 717   | 923   | KONECKI Krzysztof         | 1971  | M-40  | Wolni Biegacze Szczecin (POL)     | 622            | 157   | 0:20:10(708) | 0:37:15(687) | 0:54:49      |         |
| 718   | 242   | CZARNECKA Teresa          | 1984  | K-30  | Szczecin (POL)                    | 96             | 41    | 0:20:25(743) | 0:38:01(732) | 0:54:51      |         |
| 719   | 999   | RYBICKI Krzysztof         | 1958  | M-50  | stargard szczeciński (POL)        | 623            | 61    | 0:19:43(667) | 0:36:56(671) | 0:54:52      |         |
| 720   | 878   | PROCHOTA Karol            | 1995  | M-20  | Goleniów (POL)                    | 624            | 140   | 0:21:20(827) | 0:38:58(785) | 0:54:59      |         |
| 721   | 841   | ŁACH Michalina            | 1996  | K-20  | Goleniów (POL)                    | 97             | 28    | 0:21:20(825) | 0:38:57(783) | 0:54:59      |         |
| 722   | 495   | PODHAJNY Ireneusz         | 1979  | M-30  | Szczecin (POL)                    | S (97),        | 625   | 245          | 0:19:42(666) | 0:37:56(727) | 0:55:00 |
| 723   | 72    | SZYMSKA Małgorzata        | 1981  | K-30  | Wieczorne Bieganie w Szczecinie ( | 98             | 42    | 0:20:15(721) | 0:37:39(706) | 0:55:01      |         |
| 724   | 368   | WARASZKIEWICZ Piotr       | 1973  | M-40  | Goleniów (POL)                    | G (84)         | 626   | 158          | 0:21:15(821) | 0:38:29(758) | 0:55:02 |
| 725   | 523   | BABIAK Piotr              | 1971  | M-40  | Szczecin (POL)                    | 627            | 159   | 0:19:40(660) | 0:37:21(692) | 0:55:03      |         |
| 726   | 516   | ROGIEN Arkadiusz          | 1971  | M-40  | Szczecin (POL)                    | 628            | 160   | 0:20:00(689) | 0:37:24(693) | 0:55:06      |         |
| 727   | 24    | CICHOCKI Jakub            | 1978  | M-30  | HKS Skaut Szczecin (POL)          | 629            | 246   | 0:20:18(727) | 0:37:45(714) | 0:55:07      |         |
| 728   | 719   | RUDA Andrzej              | 1976  | M-30  | DBWD WKP-W Stargard Szczeciński   | S (98),        | 630   | 247          | 0:20:18(728) | 0:37:40(708) | 0:55:07 |
| 729   | 165   | CYMER Robert              | 1974  | M-40  | Myślibórz (POL)                   | 631            | 161   | 0:20:06(699) | 0:37:32(701) | 0:55:08      |         |
| 730   | 616   | FIGURA Marek              | 1980  | M-30  | Kołobrzeg (POL)                   | S (99),        | 632   | 248          | 0:20:24(737) | 0:37:51(720) | 0:55:11 |
| 731   | 132   | ZIĘBA Krzysztof           | 1963  | M-50  | Szczecin (POL)                    | S (100),       | 633   | 62           | 0:20:21(734) | 0:37:41(710) | 0:55:12 |
| 732   | 773   | PODOLAK Izabela           | 1975  | K-30  | PAZIM TEAM (POL)                  | 99             | 43    | 0:20:45(774) | 0:38:14(746) | 0:55:19      |         |
| 733   | 404   | PASTOR Krystian           | 1982  | M-30  | Szczecin (POL)                    | 634            | 249   | 0:20:11(711) | 0:38:06(737) | 0:55:20      |         |
| 734   | 848   | JURCZAK Daniel            | 1984  | M-30  | Firmowe Zegarki/KS Hanza Goleni   | G (85)         | 635   | 250          | 0:19:33(650) | 0:37:58(730) | 0:55:23 |
| 735   | 965   | MAJCHRZAK Sławomir        | 1971  | M-40  | Goleniów (POL)                    | G (86)         | 636   | 162          | 0:20:06(700) | 0:37:38(705) | 0:55:23 |
| 736   | 575   | BOGACZ Radosław           | 1981  | M-30  | Szczecin (POL)                    | 637            | 251   | 0:20:36(762) | 0:38:27(755) | 0:55:23      |         |
| 737   | 536   | PLENZLER Joanna           | 1984  | K-30  | HKS Skaut Szczecin (POL)          | 100            | 44    | 0:20:50(786) | 0:38:25(751) | 0:55:24      |         |
| 738   | 453   | MAY Karl August           | 1941  | M-70+ | msv Molln (GER)                   | 638            | 4     | 0:20:16(725) | 0:37:44(713) | 0:55:27      |         |
| 739   | 359   | GRUDZIECKA Ula            | 1977  | K-30  | Fizjbiegacze Szczecin (POL)       | 101            | 45    | 0:20:25(739) | 0:37:52(723) | 0:55:28      |         |
| 740   | 292   | PETERSBURSKI Robert       | 1974  | M-40  | Szczecin Biega (POL)              | 639            | 163   | 0:20:25(740) | 0:37:51(721) | 0:55:29      |         |
| 741   | 433   | KIELING Anna              | 1962  | K-50  | Barwice (POL)                     | 102            | 7     | 0:20:27(747) | 0:38:06(735) | 0:55:32      |         |
| 742   | 161   | ŻEBROWSKA Agnieszka       | 1988  | K-20  | Stargard Szczeciński (POL)        | 103            | 29    | 0:20:44(772) | 0:38:30(759) | 0:55:35      |         |
| 743   | 763   | OSIŃSKA-MAJCHRZAK Monika  | 1981  | K-30  | RAZ Szczecin (POL)                | 104            | 46    | 0:20:45(776) | 0:39:09(794) | 0:55:38      |         |
| 744   | 755   | REKOWSKA Danuta           | 1961  | K-50  | Bezrzecze (POL)                   | 105            | 8     | 0:19:54(683) | 0:37:51(718) | 0:55:41      |         |
| 745   | 604   | ZIENTEK Piotr             | 1975  | M-30  | DBWD WKP-W Stargard Szczeciński   | S (101),       | 640   | 252          | 0:19:50(679) | 0:37:57(728) | 0:55:41 |
| 746   | 510   | IWANICKA Bożena           | 1956  | K-50  | Goleniów (POL)                    | 106            | 9     | 0:19:26(635) | 0:36:57(672) | 0:55:42      |         |
| 747   | 1061  | KOSIATY Artur             | 1974  | M-40  | Goleniów (POL)                    | G (87)         | 641   | 164          | 0:19:58(686) | 0:37:53(725) | 0:55:43 |
| 748   | 356   | KUK Karolina              | 1983  | K-30  | Stargard Szczeciński (POL)        | 107            | 47    | 0:20:18(726) | 0:38:02(733) | 0:55:43      |         |
| 749   | 716   | SOBANDA Dariusz           | 1966  | M-40  | Wołczkowo (POL)                   | 642            | 165   | 0:21:03(805) | 0:38:49(777) | 0:55:44      |         |
| 750   | 338   | PACZYŃSKI Paweł           | 1983  | M-30  | Wysoka Kamieńska (POL)            | 643            | 253   |              | 0:38:09(738) | 0:55:45      |         |
| 751   | 810   | GWOŹDZIK Kamil            | 1991  | M-20  | Gienio Team (POL)                 | 644            | 141   | 0:20:25(744) | 0:38:14(745) | 0:55:46      |         |
| 752   | 63    | GABRYCH Przemysław        | 1982  | M-30  | KBA "Ja Się Nie Ścigam" (POL)     | i (102),G (88) | 645   | 254          | 0:20:31(753) | 0:38:24(749) | 0:55:48 |
| 753   | 385   | SIWEK Magdalena           | 1983  | K-30  | Bezrzecze (POL)                   | 108            | 48    | 0:19:40(661) | 0:37:38(704) | 0:55:55      |         |
| 754   | 602   | RYCHLIK Patryk            | 1994  | M-20  | Drawsko Pomorskie (POL)           | 646            | 142   | 0:19:28(640) | 0:37:47(717) | 0:55:56      |         |
| 755   | 384   | GAJDIS Magdalena          | 1968  | K-40  | Resko (POL)                       | 109            | 23    | 0:21:03(806) | 0:38:46(774) | 0:55:56      |         |
| 756   | 114   | OPOLSKA Agata             | 1987  | K-20  | Szczecin (POL)                    | 110            | 30    | 0:21:05(809) | 0:38:42(770) | 0:55:57      |         |
| 757   | 117   | BATIN Patryk              | 1982  | M-30  | PGNIG (POL)                       | 647            | 255   | 0:20:54(794) | 0:38:48(776) | 0:56:06      |         |
| 758   | 546   | STRUŻYŃSKI Łukasz         | 1989  | M-20  | Spalam dwa pączki! (POL)          | 648            | 143   | 0:19:41(663) | 0:37:59(731) | 0:56:07      |         |
| 759   | 558   | JURGA Karol               | 1981  | M-30  | Goleniów (POL)                    | G (89)         | 649   | 256          |              | 0:56:07      |         |
| 760   | 249   | DYC Dariusz               | 1967  | M-40  | Goleniów (POL)                    | G (90)         | 650   | 166          | 0:21:04(808) | 0:38:38(767) | 0:56:18 |
| 761   | 639   | POSIECZEK Mariusz         | 1967  | M-40  | Goleniów (POL)                    | G (91)         | 651   | 167          | 0:21:12(815) | 0:39:00(786) | 0:56:19 |
| 762   | 274   | GUZIKIEWICZ Mirosław      | 1972  | M-40  | HANZA Goleniów (POL)              | 652            | 168   | 0:18:34(519) | 0:36:51(665) | 0:56:20      |         |
| 763   | 736   | CZERNIAKIEWICZ Aleksandra | 1982  | K-30  | HQ MNC NE (POL)                   | S (103),       | 111   | 49           | 0:20:20(732) | 0:37:55(726) | 0:56:22 |
| 764   | 475   | WOJCIECHOWSKA Wioletta    | 1969  | K-40  | Stargard Szczeciński (POL)        | 112            | 24    | 0:20:30(751) | 0:38:49(779) | 0:56:23      |         |
| 765   | 340   | IŻAKOWSKA Katarzyna       | 1988  | K-20  | Gryfice (POL)                     | 113            | 31    | 0:21:35(844) | 0:39:19(800) | 0:56:24      |         |
| 766   | 110   | BOROWSKI Grzegorz         | 1957  | M-50  | Stargard Szczeciński (POL)        | 653            | 63    |              | 0:38:26(752) | 0:56:25      |         |
| 767   | 843   | POŁCZYŃSKI Przemysław     | 1978  | M-30  | KBA "Ja Się Nie Ścigam" (POL)     | S (104),       | 654   | 257          | 0:19:31(641) | 0:38:10(740) | 0:56:27 |
| 768   | 43    | RAMUTKOWSKI Remigiusz     | 1979  | M-30  | Szczecin (POL)                    | 655            | 258   | 0:19:53(682) | 0:38:24(748) | 0:56:28      |         |
| 769   | 369   | KOŚCIELNIAK Robert        | 1986  | M-20  | Stargard Szczeciński (POL)        | 656            | 144   | 0:20:46(778) | 0:38:58(784) | 0:56:29      |         |
| 770   | 979   | GAWĘCKA Maja              | 1979  | K-30  | Goleniów (POL)                    | 114            | 50    | 0:20:53(792) | 0:38:47(775) | 0:56:30      |         |
| 771   | 612   | RATAJCZYK Maciej          | 1992  | M-20  | Goleniów (POL)                    | G (92)         | 657   | 145          | 0:20:04(697) | 0:37:47(716) | 0:56:30 |
| 772   | 650   | WRÓBLEWSKI Tomasz         | 1974  | M-40  | Stawoborze (POL)                  | 658            | 169   | 0:20:15(718) | 0:37:39(707) | 0:56:34      |         |
| 773   | 997   | WÓJCIK Katarzyna          | 1984  | K-30  | stargard szczeciński (POL)        | 115            | 51    | 0:21:13(817) | 0:39:26(804) | 0:56:34      |         |
| 774   | 17    | KILIAN Dariusz            | 1961  | M-50  | Parafia Załom (POL)               | 659            | 64    | 0:20:20(733) | 0:38:10(742) | 0:56:37      |         |
| 775   | 259   | CIEMNY Tadeusz            | 1950  | M-60  | Świnoujście (POL)                 | 660            | 20    | 0:20:30(752) | 0:38:40(768) | 0:56:38      |         |
| 776   | 381   | BRENDA Jarek              | 1967  | M-40  | UNITY LINE (POL)                  | 661            | 170   | 0:20:15(720) | 0:38:27(756) | 0:56:39      |         |
| 777   | 260   | CIEMNA Regina             | 1949  | K-60  | Świnoujście (POL)                 | 116            | 1     | 0:20:32(756) | 0:38:42(769) | 0:56:41      |         |
| 778   | 328   | ZIELIŃSKA Dominika        | 1980  | K-30  | RAZ Szczecin (POL)                | 117            | 52    | 0:20:16(723) | 0:38:25(750) | 0:56:48      |         |
| 779   | 947   | PANEK Alicja              | 1982  | K-30  | Gryfino (POL)                     | 118            | 53    | 0:20:34(759) | 0:38:28(757) | 0:56:51      |         |
| 780   | 332   | BRODOWIŃSKI Jacek         | 1976  | M-30  | 100 % EKIPA GRYFINO (POL)         | 662            | 259   | 0:20:34(758) | 0:38:27(754) | 0:56:52      |         |

| Miej. | Numer | Nazwisko i imię           | Rocz. | Kat. | Klub-Miasto-Kraj                  | K/M            | M/Kat | 3.84 km      | 6.98 km      | Wynik        |         |
|-------|-------|---------------------------|-------|------|-----------------------------------|----------------|-------|--------------|--------------|--------------|---------|
| 781   | 998   | LESZCZYŃSKA Małgorzata    | 1990  | K-20 | Szczecin (POL)                    | 119            | 32    |              | 0:38:37(765) | 0:56:53      |         |
| 782   | 583   | CHMIELEWSKA - USEWICZ Ewa | 1978  | K-30 | Browarek Team Police (POL)        | 120            | 54    | 0:20:42(769) | 0:38:35(762) | 0:56:54      |         |
| 783   | 832   | USEWICZ Maciej            | 1981  | M-30 | Browarek Team Police (POL)        | 663            | 260   | 0:20:43(770) | 0:38:36(764) | 0:56:56      |         |
| 784   | 631   | PAJĄK Krzysztof           | 1961  | M-50 | RUNGRYF Gryfice (POL)             | 664            | 65    | 0:20:02(692) | 0:38:05(734) | 0:56:57      |         |
| 785   | 284   | MALEWICZ Katarzyna        | 1996  | K-20 | SIS Szczecin (POL)                | 121            | 33    | 0:20:46(779) | 0:39:32(809) | 0:56:57      |         |
| 786   | 285   | MALEWICZ Adam             | 1968  | M-40 | HQ MNC NE (POL)                   | S (105),       | 665   | 171          | 0:20:47(780) | 0:39:32(810) | 0:56:58 |
| 787   | 59    | RYNKOWSKA Anna            | 1980  | K-30 | Szczecin (POL)                    | 122            | 55    | 0:21:16(824) | 0:39:16(799) | 0:56:58      |         |
| 788   | 293   | PŁOTKOWSKA Marta          | 1978  | K-30 | Wieczorne Bieganie w Szczecinie ( | 123            | 56    | 0:19:41(665) | 0:38:27(753) | 0:56:59      |         |
| 789   | 750   | JAREMA Jacek              | 1971  | M-40 | Kamień Pomorski (POL)             | 666            | 172   | 0:20:28(749) | 0:39:01(787) | 0:56:59      |         |
| 790   | 95    | KOREJWO Łukasz            | 1985  | M-20 | Szczecin (POL)                    | 667            | 146   | 0:20:09(706) | 0:38:34(760) | 0:57:00      |         |
| 791   | 239   | WACŁAWEK Ola              | 1980  | K-30 | Nutrillite Team (POL)             | 124            | 57    | 0:20:13(716) | 0:38:42(771) | 0:57:02      |         |
| 792   | 899   | FELISIAK Kamila           | 1979  | K-30 | Warnowo (POL)                     | 125            | 58    | 0:20:26(746) | 0:38:46(773) | 0:57:08      |         |
| 793   | 287   | KAMIŃSKA Magdalena        | 1982  | K-30 | PUM Szczecin (POL)                | 126            | 59    | 0:20:53(791) | 0:39:10(795) | 0:57:10      |         |
| 794   | 741   | OLBRACHT Rafał            | 1980  | M-30 | Goleniów (POL)                    | G (93)         | 668   | 261          | 0:19:05(592) | 0:37:31(700) | 0:57:10 |
| 795   | 684   | JAGIELSKA Alicja          | 1976  | K-30 | HQ MNC NE (POL)                   | 127            | 60    | 0:21:15(822) | 0:39:14(797) | 0:57:10      |         |
| 796   | 537   | JANECKI Andrzej           | 1946  | M-60 | Zielona Góra (POL)                | 669            | 21    | 0:20:13(715) | 0:38:43(772) | 0:57:11      |         |
| 797   | 491   | BRZUSZKIEWICZ Agata       | 1984  | K-30 | Goleniów (POL)                    | 128            | 61    | 0:20:26(745) | 0:38:38(766) | 0:57:12      |         |
| 798   | 339   | BIAŁAS Łukasz             | 1987  | M-20 | Gryfino (POL)                     | 670            | 147   | 0:21:33(839) | 0:39:16(798) | 0:57:13      |         |
| 799   | 201   | CHMELNIAK Marta           | 1977  | K-30 | Goleniów (POL)                    | G (94)         | 129   | 62           | 0:20:41(767) | 0:39:01(788) | 0:57:15 |
| 800   | 801   | LENART Ariel              | 1983  | M-30 | Zakład Karny Goleniów (POL)       | i (106),G (95) | 671   | 262          | 0:19:31(643) | 0:38:35(761) | 0:57:15 |
| 801   | 76    | SZYMAŃSKI Marek           | 1984  | M-30 | Kamień Pomorski (POL)             | 672            | 263   | 0:20:44(773) | 0:39:03(790) | 0:57:15      |         |
| 802   | 276   | SZUMIŁO Katarzyna         | 1989  | K-20 | Szczecin (POL)                    | 130            | 34    | 0:20:40(765) | 0:39:02(789) | 0:57:21      |         |
| 803   | 306   | CHUDZIAK Natalia          | 1990  | K-20 | Goleniów (POL)                    | G (96)         | 131   | 35           | 0:20:37(764) | 0:39:37(815) | 0:57:21 |
| 804   | 796   | MATUSZAK Anita            | 1975  | K-30 | Project Run Bene Sport Szczecin ( | 132            | 63    | 0:21:00(802) | 0:39:23(802) | 0:57:23      |         |
| 805   | 481   | SMAL Izabela              | 1984  | K-30 | RUNGRYF Gryfice (POL)             | 133            | 64    | 0:20:33(757) | 0:39:08(791) | 0:57:24      |         |
| 806   | 343   | SZATEWICZ Michał          | 1990  | M-20 | KS HANZA Goleniów (POL)           | G (97)         | 673   | 148          | 0:20:37(763) | 0:39:37(814) | 0:57:24 |
| 807   | 573   | LESIAKOWSKI Piotr         | 1979  | M-30 | Mierzyn (POL)                     | 674            | 264   | 0:21:51(851) | 0:39:34(812) | 0:57:24      |         |
| 808   | 655   | CACEK Maja                | 1970  | K-40 | Moryń (POL)                       | 134            | 25    | 0:21:33(840) | 0:39:54(821) | 0:57:25      |         |
| 809   | 591   | BATOCHIR Sarantuja        | 1958  | K-50 | 2men team (POL)                   | 135            | 10    | 0:21:41(845) | 0:39:53(820) | 0:57:29      |         |
| 810   | 531   | ANIOŁA-URBAŃSKA Elżbieta  | 1971  | K-40 | Szczecin (POL)                    | 136            | 26    | 0:21:27(837) | 0:39:33(811) | 0:57:29      |         |
| 811   | 167   | BALICKI Dariusz           | 1980  | M-30 | SKRZYWIENI GOŚCIE (POL)           | 675            | 265   | 0:20:45(775) | 0:38:57(782) | 0:57:30      |         |
| 812   | 118   | MÜLLER Falk               | 1962  | M-50 | JUST FOR FUN BERLIN (GER)         | 676            | 66    | 0:21:09(812) | 0:39:26(803) | 0:57:33      |         |
| 813   | 681   | LEŚNIEWSKA Julia          | 1976  | K-30 | Szczecin (POL)                    | 137            | 65    | 0:20:49(783) | 0:39:09(792) | 0:57:34      |         |
| 814   | 659   | KIJOWSKA Monika           | 1976  | K-30 | Szczecin (POL)                    | 138            | 66    | 0:20:50(785) | 0:39:09(793) | 0:57:34      |         |
| 815   | 958   | ZŁOTNICKA-BŁASZCZYK Marta | 1985  | K-20 | Gryfice (POL)                     | 139            | 36    | 0:20:36(761) | 0:39:12(796) | 0:57:37      |         |
| 816   | 869   | KOWALCZYK Paweł 2         | 1976  | M-30 | (POL)                             | 677            | 266   | 0:20:57(800) | 0:39:31(808) | 0:57:37      |         |
| 817   | 492   | IGNACIUK Robert           | 1962  | M-50 | Świnoujście (POL)                 | 678            | 67    | 0:21:27(835) | 0:39:51(819) | 0:57:41      |         |
| 818   | 664   | MANIECKA Anna             | 1971  | K-40 | HANZA Goleniów (POL)              | G (98)         | 140   | 27           | 0:21:15(819) | 0:39:29(806) | 0:57:45 |
| 819   | 964   | BONDAS Monika             | 1976  | K-30 | Biegam bo lubię (POL)             | G (99)         | 141   | 67           | 0:20:54(797) | 0:39:22(801) | 0:57:45 |
| 820   | 830   | ZAKENS Anna               | 1983  | K-30 | Babski Team Świnoujście (POL)     | 142            | 68    | 0:21:32(838) | 0:39:56(823) | 0:57:46      |         |
| 821   | 967   | STENCEL Romana            | 1977  | K-30 | Szczecin (POL)                    | 143            | 69    | 0:20:15(717) | 0:38:52(781) | 0:57:48      |         |
| 822   | 910   | CHALKIAS Agnieszka        | 1988  | K-20 | Szczecin (POL)                    | 144            | 37    | 0:21:11(813) | 0:39:30(807) | 0:57:51      |         |
| 823   | 661   | ROM Marcin                | 1978  | M-30 | MIERZYN_NIGHTHAWK (POL)           | 679            | 267   | 0:21:57(855) | 0:40:24(840) | 0:57:52      |         |
| 824   | 919   | SMAL Rafał                | 1979  | M-30 | Goleniów (POL)                    | G (100)        | 680   | 268          | 0:20:18(729) | 0:38:49(778) | 0:57:55 |
| 825   | 630   | BORKO-BUKAŁA Katarzyna    | 1978  | K-30 | Wolin (POL)                       | 145            | 70    | 0:21:50(849) | 0:40:22(839) | 0:58:05      |         |
| 826   | 577   | RAŁOWIEC Andrzej          | 1961  | M-50 | Gryfice (POL)                     | 681            | 68    | 0:20:03(695) | 0:38:06(736) | 0:58:08      |         |
| 827   | 859   | WACHOWSKA Małgorzata      | 1989  | K-20 | Firmowe Zegarki/KS Hanza Goleni   | 146            | 38    | 0:21:24(830) | 0:40:11(830) | 0:58:10      |         |
| 828   | 61    | OSSIŃSKA Katarzyna        | 1983  | K-30 | Goleniów (POL)                    | G (101)        | 147   | 71           | 0:21:24(831) | 0:40:11(829) | 0:58:16 |
| 829   | 81    | SAMULAK-ZIELIŃSKA Renata  | 1980  | K-30 | Szczecin (POL)                    | 148            | 72    | 0:21:26(833) | 0:40:12(831) | 0:58:21      |         |
| 830   | 881   | LISOWSKI Wojtek           | 1985  | M-20 | Goleniów (POL)                    | 682            | 149   | 0:21:14(818) | 0:39:55(822) | 0:58:23      |         |
| 831   | 563   | SZCZĘCH Mariusz           | 1984  | M-30 | PO-11 Międzyzdroje (POL)          | S (107),       | 683   | 269          | 0:20:52(787) | 0:39:28(805) | 0:58:26 |
| 832   | 145   | WNUK Maciej               | 1985  | M-20 | PO-11 Międzyzdroje (POL)          | S (108),       | 684   | 150          | 0:20:05(698) | 0:38:50(780) | 0:58:29 |
| 833   | 814   | OLEJNIK Marzena           | 1968  | K-40 | (POL)                             | 149            | 28    | 0:21:34(841) | 0:40:12(832) | 0:58:31      |         |
| 834   | 402   | LIPERTOWICZ Adrianna      | 1973  | K-40 | RUNGRYF Gryfice (POL)             | 150            | 29    | 0:20:41(768) | 0:39:43(816) | 0:58:31      |         |
| 835   | 466   | KACHNOWICZ-BUKAŁA Izabela | 1974  | K-40 | Gmina Goleniów (POL)              | G (102)        | 151   | 30           | 0:21:12(814) | 0:40:09(828) | 0:58:38 |
| 836   | 185   | KORZEB Zenon              | 1949  | M-60 | KB HERMES GRYFINO (POL)           | 685            | 22    | 0:22:19(870) | 0:41:02(854) | 0:58:39      |         |
| 837   | 386   | ZELEK-PAŁOSZ Magdalena    | 1976  | K-30 | Wolin (POL)                       | 152            | 73    | 0:21:49(848) | 0:40:21(838) | 0:58:42      |         |
| 838   | 470   | GIEDROWICZ Alicja         | 1966  | K-40 | Kamień Pomorski (POL)             | 153            | 31    | 0:21:04(807) | 0:39:51(818) | 0:58:49      |         |
| 839   | 660   | ROM Jan                   | 1952  | M-60 | MIERZYN_NIGHTHAWK (POL)           | 686            | 23    | 0:21:57(856) | 0:40:29(844) | 0:58:49      |         |
| 840   | 469   | SZYMCZAK Ewa              | 1980  | K-30 | Kartlewo (POL)                    | 154            | 74    | 0:20:54(795) | 0:39:45(817) | 0:58:51      |         |
| 841   | 83    | DUDA Marek                | 1975  | M-30 | Dobra Szczecińska (POL)           | 687            | 270   | 0:20:55(798) | 0:39:37(813) | 0:58:52      |         |
| 842   | 93    | JERZYK Katarzyna          | 1980  | K-30 | Szczecin (POL)                    | 155            | 75    | 0:21:08(811) | 0:40:12(834) | 0:58:53      |         |
| 843   | 644   | TROJECKA Agnieszka        | 1978  | K-30 | Goleniów (POL)                    | G (103)        | 156   | 76           | 0:20:32(754) | 0:40:06(827) | 0:58:55 |
| 844   | 455   | MOSCHET Ralf              | 1960  | M-50 | msv Molln (GER)                   | 688            | 69    | 0:22:40(882) | 0:41:01(852) | 0:58:55      |         |
| 845   | 399   | HARASZCZUK Krystian       | 1987  | M-20 | PetLovers (POL)                   | 689            | 151   |              | 0:40:16(835) | 0:58:55      |         |
| 846   | 985   | CHOMONT Rafał             | 1978  | M-30 | (POL)                             | 690            | 271   | 0:20:11(709) |              | 0:58:57      |         |



| Miej. | Numer | Nazwisko i imię               | Rocz. | Kat. | Klub-Miasto-Kraj                | K/M     | M/Kat | 3.84 km      | 6.98 km      | Wynik          |
|-------|-------|-------------------------------|-------|------|---------------------------------|---------|-------|--------------|--------------|----------------|
| 913   | 527   | DRABIK Sylwia                 | 1979  | K-30 | Stargard Szczeciński (POL)      |         | 96    | 0:22:52(887) | 0:44:03(892) | <b>1:05:41</b> |
| 914   | 364   | RAKOWSKA Aleksandra           | 1977  | K-30 | fol-tech team pl (POL)          | G (118) | 191   | 0:24:19(910) | 0:45:22(908) | <b>1:06:15</b> |
| 915   | 33    | PIECZEK Aleksandra            | 1980  | K-30 | Szczecin (POL)                  |         | 98    | 0:23:30(896) | 0:45:16(906) | <b>1:06:22</b> |
| 916   | 476   | BORKO Edyta                   | 1984  | K-30 | Świnoujście (POL)               |         | 193   | 0:23:39(904) | 0:45:01(905) | <b>1:06:43</b> |
| 917   | 375   | BIAŁOUS Iwona                 | 1973  | K-40 | fol-tech team pl (POL)          |         | 194   | 0:24:18(909) | 0:45:21(907) | <b>1:06:53</b> |
| 918   | 816   | STWORA-BALIK Magdalena        | 1977  | K-30 | RAZ Szczecin, SZWLA (POL)       |         | 195   | 0:23:38(902) | 0:45:00(903) | <b>1:07:00</b> |
| 919   | 457   | KASIŃSKA Zofia                | 1992  | K-20 | AMP Gryf Szczecin (POL)         |         | 196   | 0:22:32(879) | 0:44:57(902) | <b>1:07:11</b> |
| 920   | 738   | NAPIERAJ Katarzyna            | 1984  | K-30 | Lubczyna (POL)                  |         | 197   | 0:23:53(905) | 0:45:55(909) | <b>1:07:45</b> |
| 921   | 671   | KUROWSKA Beata                | 1987  | K-20 | Gryfice (POL)                   |         | 198   | 0:24:06(907) | 0:46:08(910) | <b>1:07:58</b> |
| 922   | 209   | RASZCZUK Renata               | 1970  | K-40 | Stare Czarnowo (POL)            |         | 199   | 0:23:58(906) | 0:46:16(911) | <b>1:08:43</b> |
| 923   | 524   | ROLLA Magdalena               | 1976  | K-30 | Warzymice (POL)                 |         | 200   | 0:25:44(916) | 0:47:36(913) | <b>1:09:08</b> |
| 924   | 528   | BRZOZOWA - LEWANDOWSKA Justyn | 1983  | K-30 | Goleniów (POL)                  |         | 201   | 0:25:55(917) | 0:48:01(916) | <b>1:09:40</b> |
| 925   | 256   | KALINKO Dorota                | 1971  | K-40 | Szczecin (POL)                  |         | 202   | 0:25:13(912) | 0:47:29(912) | <b>1:09:43</b> |
| 926   | 850   | JURCZAK Jarosław              | 1956  | M-50 | Firmowe Zegarki/KS Hanza Goleni | G (119) | 724   | 0:25:17(913) | 0:48:00(915) | <b>1:11:08</b> |
| 927   | 849   | JURCZAK Eulalia               | 1957  | K-50 | Firmowe Zegarki/KS Hanza Goleni | G (120) | 203   | 0:25:19(914) | 0:47:57(914) | <b>1:11:09</b> |
| 928   | 66    | MIKULSKA Marta                | 1984  | K-30 | Gryfino (POL)                   |         | 204   | 0:26:36(919) | 0:49:14(920) | <b>1:11:32</b> |
| 929   | 851   | KOPCEWICZ Józefa              | 1963  | K-50 | Firmowe Zegarki/KS Hanza Goleni | G (121) | 205   | 0:26:38(920) | 0:49:09(918) | <b>1:11:54</b> |
| 930   | 634   | MAZURKIEWICZ Renata           | 1967  | K-40 | UKL Ósemka Police (POL)         |         | 206   | 0:24:57(911) | 0:48:25(917) | <b>1:12:56</b> |
| 931   | 954   | PEŁKA-SAWENKO Agnieszka       | 1983  | K-30 | RURZYCA (POL)                   | G (122) | 207   | 0:27:32(921) |              | <b>1:13:12</b> |
| 932   | 299   | DULNY Jarosław                | 1974  | M-40 | Szczecin Biega (POL)            |         | 725   | 0:25:23(915) | 0:49:13(919) | <b>1:13:25</b> |
| 933   | 717   | SOBANDA Marcin                | 1994  | M-20 | Wołczkowo (POL)                 |         | 726   | 0:25:59(918) | 0:52:20(921) | <b>1:15:39</b> |
| 934   | 442   | ZWINDOWSKA Bogumiła           | 1967  | K-40 | Drawsko Pomorskie (POL)         |         | 208   | 0:28:11(922) | 0:53:31(922) | <b>1:15:46</b> |
| 935   | 487   | KASPERCZAK Agnieszka          | 1971  | K-40 | Szczecin (POL)                  |         | 209   | 0:30:15(923) | 0:57:11(923) | <b>1:24:44</b> |
| 936   | 490   | PRADO ALVARADO Katarzyna      | 1983  | K-30 | Szczecin (POL)                  |         | 210   | 0:30:15(924) | 0:57:11(924) | <b>1:24:45</b> |