



Data: 2017-10-28/29

Miejscowość: Koszalin

Dystans 42,2 km

Miejsce	Nr startowy	Nazwisko	Imię	Miejscowość	Klub	Rok urodzenia	M	K	Miejsce w kat.	1 okrążenie	2 okrążenie	3 okrążenie	4 okrążenie	5 okrążenie	CZAS Brutto	CZAS netto	czas na km					
1	232	PELO	ARTUR	STARNICE	1 LĘBORSKI BATALION ZMECHANIZOW	1978	1 M		M35 / (1)	00:26:56	1	00:54:04	1	01:22:49	1	01:51:12	1	02:20:46	1	01:50:04	<b>01:50:03</b>	00:04:02
2	109	HURYN	EWA	SZCZECIN	Polmotor Subaru Team	1973		1 K	K40 / (1)	00:29:35	4	00:58:57	4	01:28:37	3	01:58:25	2	02:29:06	2	02:00:21	<b>02:00:20</b>	00:04:16
3	713	KOCIUBA	PRZEMYSŁAW	SZCZECIN	TT Szczecin	1989	2 M		M25 / (1)	00:29:23	2	00:58:27	2	01:27:58	2	01:58:41	3	02:31:32	3	02:07:28	<b>02:07:18</b>	00:04:27
4	180	WUJDA	MIROSLAW	DEBNO	Erni rulez	1975	3 M		M40 / (1)	00:30:24	7	01:00:33	6	01:30:51	6	02:03:01	5	02:36:41	4	02:09:58	<b>02:09:53</b>	00:04:30
5	233	PISKORZ	SZYMON	RYMAŃ	KP PAP GRZYFICE	1985	4 M		M30 / (1)	00:31:17	11	01:03:14	12	01:36:01	12	02:07:16	12	02:39:16	9	02:13:09	<b>02:13:02</b>	00:04:35
6	714	MOSEK	RADOSŁAW	ROSNOWO		1980	5 M		M35 / (2)	00:31:23	14	01:02:28	11	01:34:06	10	02:05:53	9	02:38:45	6	02:13:08	<b>02:13:05</b>	00:04:35
7	125	MIERZWA	WITOLD	DARŁOWO	Darłowo	1974	6 M		M40 / (2)	00:29:27	3	00:58:37	3	01:28:43	4	02:01:20	4	02:36:56	5	02:14:03	<b>02:13:57</b>	00:04:36
8	196	MAŁACHOWICZ	ŁUKASZ	LĘBORK		1986	7 M		M30 / (2)	00:30:45	8	01:01:53	8	01:33:33	9	02:05:41	7	02:38:47	8	02:14:43	<b>02:14:39</b>	00:04:37
9	410	KALETA	SEBASTIAN	KOSZALIN	CSSP Koszalin	1976	8 M		M40 / (3)	00:32:25	17	01:04:31	15	01:36:47	15	02:09:15	13	02:42:32	11	02:15:43	<b>02:15:19</b>	00:04:38
10	235	STARSZAK	MARCIN	OSIEK NAD NOTECIĄ	Klub Biegowy TSK Orzeł Osiek	1982	9 M		M35 / (3)	00:31:07	9	01:01:54	9	01:33:16	8	02:05:50	8	02:38:46	7	02:16:08	<b>02:15:52</b>	00:04:39
11	147	SZABUNKO	JAROSŁAW	TRZECHEL		1975	10 M		M40 / (4)	00:30:10	6	01:01:03	7	01:32:51	7	02:06:43	11	02:41:39	10	02:17:44	<b>02:17:39</b>	00:04:41
12	666	SAJKO	BARTOSZ	DARŁOWO	Żyj z Energią	1985	11 M		M30 / (3)	00:33:36	26	01:06:20	18	01:39:28	16	02:12:46	16	02:46:26	13	02:18:47	<b>02:17:45</b>	00:04:43
13	130	MEDEIKIS	ALGIRDAS			1979	12 M		M35 / (4)	00:31:18	12	01:03:38	14	01:36:43	14	02:11:32	15	02:48:14	16	02:26:37	<b>02:26:35</b>	00:04:54
14	218	MORGIEWICZ	PIOTR	GRZYFICE	RUN GRYP GRZYFICE	1966	13 M		M50 / (1)	00:33:23	24	01:06:41	20	01:40:56	20	02:16:36	19	02:52:53	19	02:27:49	<b>02:27:23</b>	00:04:56
15	126	NIERADKA	IWONA	GDYNIA		1991		2 K	K25 / (1)	00:31:23	14	01:03:16	13	01:36:10	13	02:10:20	14	02:46:47	14	02:27:28	<b>02:27:25</b>	00:04:55
16	201	RAJKOWSKI	TOMASZ	SŁUPSK		1980	14 M		M35 / (5)	00:32:36	19	01:05:55	17	01:39:56	17	02:15:59	18	02:52:10	17	02:27:54	<b>02:27:38</b>	00:04:56
17	972	MYNARSKI	SYLWESTER	BIELSKO-BIAŁA	Daleko jeszcze?	1972	15 M		M45 / (1)	00:35:44	42	01:09:18	31	01:43:46	30	02:18:37	26	02:54:06	20	02:28:45	<b>02:27:59</b>	00:04:57
18	163	PODWALSKI	ADAM	KOSZALIN		1981	16 M		M35 / (6)	00:33:28	25	01:06:37	19	01:40:52	19	02:15:37	17	02:52:14	18	02:28:40	<b>02:28:26</b>	00:04:57
19	168	ZWOLIŃSKI	JAN	WIERCISZEWO	TKKF Koszalin	1968	17 M		M45 / (2)	00:34:47	32	01:08:20	27	01:41:52	22	02:17:28	20	02:54:35	22	02:30:42	<b>02:29:33</b>	00:05:00
20	447	ŁUKASZEWSKI	SEBASTIAN	STARA DĄBROWA	TERMOORGANIKA - SZWLA	1979	18 M		M35 / (7)	00:32:18	16	01:02:06	10	01:35:38	11	02:06:11	10	02:46:01	12	02:29:55	<b>02:29:51</b>	00:04:58
21	222	CZAPLIŃSKI	JACEK	KOSZALIN	FREE BIRDS	1981	19 M		M35 / (8)	00:36:58	57	01:12:09	51	01:47:21	48	02:23:12	41	02:58:48	35	02:31:53	<b>02:30:23</b>	00:05:01
22	369	PUDEŁKO	ROMAN	CHROCINA		1988	20 M		M25 / (2)	00:33:23	24	01:08:15	26	01:42:55	27	02:18:49	27	02:55:34	25	02:30:51	<b>02:30:43</b>	00:05:00
23	230	MICHAŁSKI	JANUSZ	WINOUJCIE		1966	21 M		M50 / (2)	00:37:34	61	01:12:33	54	01:47:25	49	02:22:43	38	02:58:18	33	02:33:04	<b>02:31:15</b>	00:05:03
24	133	BROWARSKI	MARIUSZ	POZNAŃ	BIEGACZ POLSKI	1974	22 M		M40 / (5)	00:32:52	21	01:07:14	25	01:41:42	21	02:18:28	25	02:55:20	24	02:31:25	<b>02:31:17</b>	00:05:01
25	789	PIETRYKOWSKI	ROBERT	SZCZEBRZESZYN	rozbiegany zamość	1979	23 M		M35 / (9)	00:36:02	47	01:10:35	42	01:45:05	36	02:20:30	29	02:56:34	26	02:33:19	<b>02:31:28</b>	00:05:03
26	588	SIERACKI	PAWEŁ	KOSZALIN		1988	24 M		M25 / (3)	00:36:13	48	01:11:11	45	01:46:01	41	02:21:50	32	02:58:10	31	02:32:36	<b>02:31:29</b>	00:05:02
27	198	JENERALSKI	MŁOSZ	TUCHOLA		1978	25 M		M35 / (10)	00:35:04	34	01:08:54	30	01:42:54	26	02:18:00	23	02:54:20	21	02:33:53	<b>02:32:11</b>	00:05:04
28	145	MILACHOWSKI	SEBASTIAN	NOWINY		1984	26 M		M30 / (4)	00:36:35	52	01:12:06	49	01:47:07	47	02:22:26	36	02:58:07	30	02:33:27	<b>02:32:26</b>	00:05:04
29	500	WALKOWIAK	ARTUR	ZAWADZKIE	Mafia Team Lubliniec	1972	27 M		M45 / (3)	00:32:01	15	01:06:49	22	01:42:31	24	02:17:50	22	02:54:53	23	02:33:44	<b>02:33:28</b>	00:05:04
30	170	PILCZYŃSKI	ZBIGNIEW	SŁUPSK		1963	28 M		M50 / (3)	00:35:01	33	01:09:30	33	01:44:54	34	02:20:44	30	02:56:59	28	02:34:13	<b>02:34:06</b>	00:05:05
31	110	VAIDELINSKIEWE	KRISTINA			1982		3 K	K35 / (1)	00:31:16	10	01:04:56	16	01:40:06	18	02:17:45	21	02:56:58	27	02:36:14	<b>02:36:13</b>	00:05:07
32	101	BLONSKI	ROMAN	GDYNIA	Akademia Marynarki Wojennej	1992	29 M		M25 / (4)	00:29:47	5	00:59:13	5	01:30:16	5	02:04:01	6	02:46:54	15	02:37:11	<b>02:37:08</b>	00:05:09
33	197	ŁOPIŃSKI	PIOTR	DREZDENKO	FSD	1980	30 M		M35 / (11)	00:35:05	36	01:09:55	38	01:45:11	37	02:20:58	31	02:58:15	32	02:37:40	<b>02:37:12</b>	00:05:10
34	969	GORSZKA	DAMIAN	SZCZECIN	Wieczorne Bieganie w Szczecinie	1997	31 M		M20 / (1)	00:32:48	20	01:06:57	24	01:42:24	23	02:20:17	28	02:58:28	34	02:37:29	<b>02:37:22</b>	00:05:09
35	20	ADAMELAK	KRZYSZTOF	DARŁOWO	Grupa Lotnicza Darłowo	1975	32 M		M40 / (6)	00:35:24	39	01:09:43	35	01:44:13	32	02:22:25	35	03:00:26	36	02:38:25	<b>02:37:35</b>	00:05:11
36	123	ŚWIŚT	JOANNA	GRYFINO	Running Queen	1985		4 K	K30 / (1)	00:36:42	54	01:11:35	47	01:46:50	46	02:23:11	40	03:00:52	37	02:38:50	<b>02:37:51</b>	00:05:11
37	966	KORZYSTKO	BARTOSZ	WIDWIN	parkrun ŚWIDWIN	1982	33 M		M35 / (12)	00:34:26	31	01:08:54	30	01:43:24	28	02:18:28	25	02:57:25	29	02:38:08	<b>02:38:03</b>	00:05:10
38	203	WIELEWSKI	WALDEMAR	GDĄŃSK	Grupa Trójmiasto	1969	34 M		M45 / (4)	00:35:58	46	01:10:52	43	01:45:26	39	02:22:11	33	03:00:57	38	02:41:37	<b>02:40:50</b>	00:05:15
39	146	RYBACKI	DAWID	BOŻEPOLE WIELKIE	Szybka Kolej Miejska	1983	35 M		M30 / (5)	00:36:30	51	01:11:00	44	01:46:04	42	02:22:49	39	03:02:53	41	02:43:40	<b>02:41:43</b>	00:05:18
40	103	CZUCHWICKI	WACŁAW	ZBĄSZYŃ	Jaskiniowiec Rajewo	1988	36 M		M55 / (1)	00:39:42	88	01:15:31	67	01:52:03	60	02:29:29	54	03:07:08	43	02:44:15	<b>02:41:53</b>	00:05:19
41	131	ZENTELIS	ZENTELIS			1980	37 M		M35 / (13)	00:36:26	49	01:11:28	46	01:46:46	45	02:23:21	45	03:02:06	39	02:42:46	<b>02:42:15</b>	00:05:17
42	2001	DZIAŁOŚZYŃSKI	GRZEGORZ	SADKI	TSK ORZEŁ OSIEK	1974	38 M		M40 / (7)	00:34:22	30	01:08:46	28	01:44:30	33	02:22:29	37	03:02:19	40	02:43:24	<b>02:43:00</b>	00:05:18
43	330	WILKOWSKI	KRZYSZTOF	KOSZALIN		1979	39 M		M35 / (14)	00:35:57	56	01:12:09	51	02:23:16	139	03:01:41	124	03:45:39	114	02:45:00	<b>02:43:31</b>	00:05:20
44	191	CZAJA	KAMIL	SZCZECIN		1983	40 M		M30 / (6)	00:38:55	80	01:16:25	73	01:54:00	68	02:32:38	63	03:10:58	53	02:47:04	<b>02:45:29</b>	00:05:23
45	185	MALEC	MARIUSZ	STARGARD	Klub Morsów MIEDWIANIE	1973	41 M		M40 / (8)	00:37:04	59	01:13:22	58	01:49:35	53	02:26:53	48	03:07:15	44	02:46:49	<b>02:45:59</b>	00:05:23
46	138	POCHEĆ	MAREK	MRZEŻYNO	JW 3937 Mrzeżyno	1975	42 M		M40 / (9)	00:38:25	69	01:15:26	66	01:52:44	62	02:30:45	57	03:09:13	48	02:47:05	<b>02:46:00</b>	00:05:23
47	319	JAKUBEK	ZBIGNIEW ZIBI	GDĄŃSK		1971	43 M		M45 / (5)	00:39:30	83	01:18:13	85	01:59:01	86	02:36:00	71	03:13:57	61	02:50:02	<b>02:48:48</b>	00:05:27
48	161	DATA	DARIUSZ	KOSZALIN	FREE BIRDS	1976	44 M		M40 / (10)	00:40:52	102	01:20:10	100	01:59:25	87	02:37:41	76	03:16:12	65	02:50:30	<b>02:48:59</b>	00:05:28
49	105	PIWOWARSKI	DARIUSZ	SZCZECIN	Wieczorne Bieganie w Szczecinie	1975	45 M		M40 / (11)	00:38:25	69	01:16:33	75	01:54:12	69	02:32:47	65	03:11:34	55	02:49:28	<b>02:49:12</b>	00:05:26

Miejsce	Nr startowy	Nazwisko	Imię	Miejscowość	Klub	Rok urodzenia	M	K	Miejsce w kat.	1 okrążenie	2 okrazenie	3 okrazenie	4 okrazenie	5 okrazenie	CZAS Brutto	CZAS netto	czas na km
50	210	ROKOSZ	RADOSŁAW	KOSZALIN	JW 1223	1986	46 M		M30 / (7)	00:35:05	36 01:09:40	34 01:44:58	35 02:22:15	34 03:05:22	42 02:50:53	<b>02:49:52</b>	00:05:28
51	205	SADEK	JAROSŁAW	PILA	Jarek Sadek - Polska	1966	47 M		M50 / (4)	00:39:37	86 01:18:18	86 01:56:46	74 02:35:24	69 03:13:29	59 02:51:03	<b>02:51:03</b>	00:05:29
52	155	SROKA	ROBERT	TRZEBIATÓW		1976	48 M		M40 / (12)	00:38:30	72 01:15:35	68 01:53:51	67 02:32:34	61 03:12:36	57 02:52:44	<b>02:51:41</b>	00:05:31
53	555	STEPINSKI	MIROSLAW	KRYFICE	RunGryf	1976	49 M		M40 / (13)	00:36:36	53 01:13:02	56 01:49:52	55 02:28:12	52 03:09:41	50 02:52:19	<b>02:52:19</b>	00:05:30
54	178	DUDA	ANDRZEJ	KOŁOBRZEG		1966	50 M		M50 / (5)	00:35:19	37 01:10:10	41 01:46:24	43 02:25:29	47 03:09:19	47 02:52:35	<b>02:52:35</b>	00:05:31
55	107	KURLEJ	MARIUSZ	GRYFINO	KB HERMES GRYFINO	1968	51 M		M45 / (6)	00:39:51	91 01:17:27	81 01:59:33	89 02:39:27	85 03:17:22	68 02:54:09	<b>02:52:48</b>	00:05:33
56	190	KAZIMIERSKA	ŻANETA	KAZIMIERSWOLIN		1972		5 K	K45 / (1)	00:38:06	64 01:14:37	64 01:52:47	63 02:32:53	66 03:13:41	60 02:55:09	<b>02:53:42</b>	00:05:34
57	531	MAJEWSKI	MACIEJ	POZNAŃ	łazarz poznań	1966	52 M		M50 / (6)	00:34:12	28 01:09:51	37 01:45:22	38 02:24:35	46 03:08:38	45 02:54:27	<b>02:54:19</b>	00:05:33
58	144	WARDYN	MICHAŁ	KOSZALIN		1995	53 M		M20 / (2)	00:38:41	77 01:13:30	60 01:48:55	52 02:27:17	49 03:09:03	47 02:55:24	<b>02:54:30</b>	00:05:35
59	14	TCHÓRZEWSKI	MAREK	KOSZALIN		1968	54 M		M45 / (7)	00:36:29	50 01:13:26	59 01:50:56	57 02:30:23	56 03:11:42	56 02:55:26	<b>02:54:54</b>	00:05:35
60	169	HERMAN	PAWEŁ	MRZEŻYNO		1974	55 M		M40 / (14)	00:34:13	29 01:10:10	41 01:47:48	50 02:27:29	50 03:11:25	54 02:55:37	<b>02:55:12</b>	00:05:35
61	215	GAWRYSIAK	MARIUSZ	BYDGOSZCZ		1964	56 M		M50 / (7)	00:36:48	55 01:12:14	53 01:48:42	51 02:27:42	51 03:10:29	51 02:56:56	<b>02:56:01</b>	00:05:37
62	612	DRZEWIECKI	ARKADIUSZ	ŚWIDOUJCIE	Biegacze ŚŚWINOUjcie	1966	57 M		M50 / (8)	00:38:45	78 01:16:20	72 01:55:30	72 02:35:47	70 03:16:53	66 02:58:01	<b>02:56:39</b>	00:05:38
63	181	DĄBROWSKI	KRZYSZTOF	GDĄNSK	Nadmorski Biegacz	1987	58 M		M30 / (8)	00:32:36	19 01:06:55	23 01:42:51	25 02:23:17	44 03:08:39	46 02:57:16	<b>02:56:59</b>	00:05:37
64	226	SOBOLEWSKI	DARIUSZ	POZNAŃ	Vege Runners	1970	59 M		M45 / (8)	00:40:17	96 01:15:57	69 01:52:58	64 02:32:37	62 03:18:52	71 02:59:43	<b>02:57:39</b>	00:05:41
65	242	WUJTIUK	PIOTR	SZCZECINEK	Czwórka Szczecinek	1975	60 M		M40 / (15)	00:35:55	45 01:12:38	55 01:51:17	58 02:32:30	59 03:12:51	58 02:58:20	<b>02:57:59</b>	00:05:39
66	164	DOMITRZ	KASIA	DARŁOWO	Żyj z Energią Darłowo	1979		6 K	K35 / (2)	00:38:28	71 01:19:16	91 01:57:03	75 02:36:17	72 03:20:22	77 02:59:06	<b>02:58:06</b>	00:05:40
67	600	KOWALSKI	ŁUKASZ	GDYŃIA	CompleXsports	1980	61 M		M35 / (15) N / 1M	00:41:41	110 01:20:16	101 01:58:35	84 02:37:53	78 03:17:43	69 03:00:05	<b>02:58:30</b>	00:05:41
68	112	GŁOWACKI	TOMASZ	KROTOSZYŃ		1969	62 M		M45 / (9)	00:39:42	88 01:18:07	83 01:57:53	82 02:38:24	81 03:18:53	72 03:00:21	<b>02:58:52</b>	00:05:42
69	194	KŁOSOWSKI	KAROL	KRAKÓW	Los Trepos Companieros	1980	63 M		M35 / (16)	00:38:38	76 01:15:16	65 01:53:18	66 02:32:34	61 03:17:14	67 03:00:15	<b>02:59:00</b>	00:05:42
70	204	BOROWSKI	DARIUSZ	PRZECHELEWO	Florian Chojnice	1965	64 M		M50 / (9)	00:44:05	120 01:23:39	110 02:02:50	104 02:41:37	88 03:20:52	79 03:00:56	<b>02:59:10</b>	00:05:43
71	114	DORSZ	BEATA	SOPÓT	MAMY TO!	1972		7 K	K45 / (2)	00:39:24	81 01:17:42	82 01:57:10	76 02:38:23	80 03:20:02	74 03:00:31	<b>02:59:22</b>	00:05:42
72	916	MĄSZOTA	FRANCISZEK	BARTOSZYCE	Bartoszyce	1974	65 M		M40 / (16)	00:40:06	94 01:19:54	96 01:59:29	88 02:39:56	86 03:20:51	78 02:59:55	<b>02:59:39</b>	00:05:41
73	217	KOWALCZYK	SEWERYN	SZCZECINEK	Team Biegowy Szczecinek	1993	66 M		M20 / (3)	00:37:34	61 01:13:34	61 01:52:40	61 02:32:30	59 03:14:34	63 03:01:09	<b>02:59:48</b>	00:05:43
74	334	KRACZKOWSKI	PRZEMYSŁAW	KOSZALIN		1979	67 M		M35 / (17)	00:40:55	103 01:20:59	104 02:00:52	96 02:41:15	87 03:21:31	82 03:01:00	<b>02:59:55</b>	00:05:43
75	188	MIELCZAREK	KRYSTIAN	DOLICE		1987	68 M		M30 / (19)	00:41:12	104 01:20:22	102 01:58:39	85 02:39:06	83 03:20:21	76 03:02:15	<b>03:01:19</b>	00:05:44
76	321	KRASON	ZBIGNIEW	ZŁOCIENIEC		1967	69 M		M50 / (10)	00:40:40	100 01:18:37	87 01:57:32	79 02:37:57	79 03:19:29	73 03:03:40	<b>03:01:48</b>	00:05:46
77	224	ŻMUDA	DARIUSZ	GRYFICE		1969	70 M		M45 / (10)	00:38:28	71 01:16:18	71 01:55:16	71 02:36:43	73 03:21:03	80 03:04:25	<b>03:03:00</b>	00:05:48
78	182	CHUDY	HENRYK	SŁAWNO	ks olszewski i synowie slawsko	1955	71 M		M60 / (1)	00:35:39	41 01:12:10	52 01:49:47	54 02:30:07	55 03:14:33	62 03:06:10	<b>03:06:02</b>	00:05:50
79	990	MOKSA	DARIUSZ	SIANÓW		1990	72 M		M25 / (5)	00:33:11	22 01:06:45	21 01:43:35	29 02:23:16	43 03:10:35	52 03:06:53	<b>03:06:12</b>	00:05:51
80	400	TARASIEWICZ	DOROTA	KOSZALIN	Fabrykajocypoci.pl	1983		8 K	K30 / (2)	00:38:33	74 01:16:52	78 01:56:09	73 02:36:51	75 03:20:03	75 03:07:42	<b>03:07:11</b>	00:05:52
81	777	JAKUBOWSKI	ZBIGNIEW	GOWINO	Drużyna Radoc Biegania	1964	73 M		M50 / (11)	00:38:09	65 01:16:26	74 01:57:23	78 02:37:48	77 03:21:12	81 03:08:06	<b>03:07:46</b>	00:05:53
82	511	PĄGOWSKI	ANDRZEJ	WROCŁAW		1973	74 M		M40 / (17)	00:40:43	101 01:21:11	105 02:01:46	101 02:43:03	91 03:25:59	86 03:09:19	<b>03:08:15</b>	00:05:55
83	129	DAROWSKI	DARIUSZ	KSIĘGINICE	366 Witunia	1972	75 M		M45 / (11)	00:35:47	43 01:09:49	36 01:44:09	31 02:23:16	43 03:15:26	64 03:11:10	<b>03:09:30</b>	00:05:57
84	118	AUGUSTYNIAK	MIROSLAWA	GDYŃIA	Mamy To!	1976		9 K	K40 / (2)	00:39:37	86 01:19:20	92 02:00:08	94 02:43:05	92 03:26:54	90 03:10:44	<b>03:09:36</b>	00:05:57
85	214	MALKIŃSKI	JOZEF	BYDGOSZCZ	RWT BYDGOSZCZ	1957	76 M		M60 / (2)	00:37:02	58 01:14:04	63 01:53:17	65 02:38:27	82 03:25:59	86 03:11:19	<b>03:10:26</b>	00:05:57
86	165	WOJCIECHOWSKI	PIOTR	KOSZALIN		1985	77 M		M30 / (10)	00:34:03	27 01:09:30	33 01:45:41	40 02:29:22	53 03:18:23	70 03:13:07	<b>03:12:24</b>	00:06:00
87	223	ISZCZAK	KAZIMIERZ	SZCZECIN		1974	78 M		M40 / (18)	00:40:29	97 01:20:01	97 02:00:42	95 02:42:05	89 03:26:29	88 03:14:20	<b>03:12:46</b>	00:06:02
88	151	KONCZAK	MAGDALENA	SZCZECINEK		1986		10 K	K30 / (3)	00:38:10	66 01:17:11	80 01:57:16	77 02:39:27	85 03:24:43	84 03:13:36	<b>03:13:25</b>	00:06:01
89	11	OSKIERKO	ROMAN	LUBSKO	NIEZRZESZONY	1961	79 M		M55 / (2) N / 2M	00:38:54	79 01:19:53	95 02:00:54	97 02:44:40	96 03:29:10	92 03:13:46	<b>03:13:36</b>	00:06:01
90	228	POBŁOCKI	JAN	GDĄNSK	Grupa Trójmiasto/ Spartanie Dzi	1957	80 M		M60 / (3)	00:45:03	126 01:28:13	123 02:10:10	121 02:52:37	108 03:34:18	101 03:17:03	<b>03:14:35</b>	00:06:06
91	404	SZTYBOR	JOANNA	GDĄNSK	Trener Lokalny	1977		11 K	K40 / (3)	00:39:30	83 01:18:13	85 02:02:30	103 02:48:59	102 03:31:53	95 03:16:30	<b>03:15:16</b>	00:06:05
92	200	CHWIEJ	MARCIN	WINOUJCIE	MISIEK BIEGA	1982	81 M		M35 / (18)	00:35:28	40 01:09:59	39 01:46:36	44 02:33:36	67 03:26:05	87 03:16:29	<b>03:15:39</b>	00:06:05
93	221	DUDZIK	FRYTARDA	KOSZALIN	GIT EKIPA	1986		12 K	K30 / (4)	00:39:48	89 01:19:28	93 01:59:39	91 02:43:06	93 03:28:38	91 03:15:49	<b>03:15:44</b>	00:06:04
94	520	JABLŃSKA	ELŻBIETA	ŚWINOUJCIE	parkrunŚŚWINOUjcie	1965	13 K		K50 / (1)	00:41:13	105 01:20:49	103 02:01:13	99 02:46:39	101 03:33:00	99 03:18:40	<b>03:18:11</b>	00:06:08
95	135	WAGNER	JOLANTA	WARSZAWA		1966	14 K		K50 / (2)	00:44:09	121 01:26:24	122 02:09:20	114 02:52:46	109 03:36:37	104 03:21:17	<b>03:19:09</b>	00:06:12
96	45	WALIŃSKA	AGNIESZKA	SŁUPSK	BBL	1973	15 K		K40 / (4)	00:39:51	91 01:19:13	90 02:02:22	102 02:46:26	100 03:32:55	97 03:21:06	<b>03:20:09</b>	00:06:11
97	132	VANSEVICIUS	PETRAS	SIAULIAI	Begimo klubas	1957	82 M		M60 / (4)	00:41:26	109 01:23:29	108 02:07:19	109 02:51:05	104 03:36:14	103 03:21:06	<b>03:20:31</b>	00:06:11
98	156	ROLBIECKI	ADAM	KOSZALIN		1977	83 M		M40 / (19)	00:38:11	67 01:16:40	76 01:57:49	80 02:43:51	94 03:31:34	94 03:23:25	<b>03:22:43</b>	00:06:15
99	10	KANIGOWSKI	GRZEGORZ	GDĄNSK		1980	84 M		M35 / (19)	00:38:32	73 01:18:58	88 02:01:11	98 02:46:23	99 03:34:13	100 03:23:29	<b>03:22:56</b>	00:06:15
100	136	ZALEWSKI	MATEUSZ	MIEDZYWODZIE		1984	85 M		M30 / (11)	00:35:51	44 01:11:38	48 01:51:26	59 02:35:00	68 03:26:45	89 03:24:35	<b>03:23:10</b>	00:06:16
101	225	ILASZ	STANISŁAW	POZNAŃ	Przymierze Wojowników	1976	86 M		M40 / (20)	00:40:17	96 01:16:53	79 01:58:24	83 02:42:45	90 03:32:59	98 03:25:24	<b>03:23:22</b>	00:06:17
102	16	SIKORSKI	WITOLD	ROSNOWO	KB RUN 42	1961	87 M		M55 / (3)	00:41:13	105 01:20:49	103 02:01:45	100 02:46:00	97 03:32:54	96 03:25:02	<b>03:23:39</b>	00:06:17
103	115	PIECHOTA	ROBERT	KOSZALIN		1970	88 M		M45 / (12)	00:35:20	38 01:13:47	62 01:55:07	70 02:36:51	75 03:30:43	93 03:24:20	<b>03:23:40</b>	00:06:16
104	102	PUŚCIAN	KRZYSZTOF	MANOWO		1974	89 M		M40 / (21)	00:45:45	129 01:30:45	129 02:15:28	124 02:59:57	120 03:44:29	112 03:26:51	<b>03:24:28</b>	00:06:19
105	184	KWAK	SŁAWOMIR	WITNICA	EDYTA	1976	90 M		M40 / (22)	00:43:21	118 01:25:35	119 02:09:56	118 02:56:54	116 03:42:23	109 03:26:22	<b>03:24:50</b>	00:06:19
106	157	ZIÓŁKOWSKI	RAFAŁ	WINOUJCIE	Biegacze ŚWINOUjcie	1984	91 M		M30 / (12)	00:42:21	113 01:23:33	109 02:05:00	106 02:49:17	103 03:37:23	105 03:27:14	<b>03:26:23</b>	00:06:20
107	973	MYNARSKA	LIGIA	BIELSKO-BIAŁA	Daleko jeszcze?	1973		16 K	K40 / (5)	00:42:59	116 01:25:15	115 02:09:21	115 02:54:19	113 03:41:04	106 03:27:50	<b>03:27:0</b>	

Miejsce	Nr startowy	Nazwisko	Imię	Miejscowość	Klub	Rok urodzenia	M	K	Miejsce w kat.	1 okrążenie	2 okrazenie	3 okrazenie	4 okrazenie	5 okrazenie	CZAS Brutto	CZAS netto	czas na km
115	719	STĘPNIAK	GRZEGORZ	TRZEBIESZEWO	Klub Biegacza Kamień Pomorski	1972	96 M		M45 / (14)	00:43:47	119 01:26:13	121 02:07:49	110 02:53:03	110 03:42:09	108 03:41:45	<b>03:40:15</b>	00:06:41
116	139	BRYŁOWSKI	DAWID	KOSZALIN		1990	97 M		M25 / (6)	00:41:55	111 01:24:03	111 02:08:21	112 02:57:10	118 03:47:44	116 03:42:04	<b>03:40:15</b>	00:06:41
117	159	DUDZIAK	PIOTR	KOSZALIN	ROZBIEGANY KOSZALIN	1975	98 M		M40 / (24)	00:42:42	114 01:23:24	107 02:06:29	108 02:55:13	114 03:49:51	117 03:44:05	<b>03:41:42</b>	00:06:44
118	187	POLGUJ	PIOTR-ROMAN	SZCZECINEK	mkl_parkrun szczecinek	1947	99 M		M70+ / (1)	00:38:37	75 01:16:16	70 01:59:36	90 02:51:30	107 03:44:16	111 03:43:15	<b>03:42:13</b>	00:06:43
119	444	DAWIADOWSKI	MICHAŁ	NOWOGARD	Endorfina Nowogard	1978	100 M		M35 / (21)	00:46:45	137 01:32:41	135 02:19:40	130 03:05:55	128 03:54:51	124 03:43:20	<b>03:42:23</b>	00:06:43
120	177	PIETKO	JOANNA	KOSZALIN	Rozbiegany Koszalin	1968		20 K	K45 / (3)	00:45:59	131 01:30:35	127 02:18:00	129 03:04:40	127 03:52:06	121 03:44:04	<b>03:43:32</b>	00:06:44
121	166	WOLF	WERONIKA	SIANÓW	Tkkf Koszalin	1975		21 K	K40 / (6)	00:46:00	132 01:30:36	128 02:18:00	129 03:04:40	127 03:52:06	121 03:44:06	<b>03:43:34</b>	00:06:44
122	62	GÓRNOWICZ	ANDRZEJ	CHOJNICE	Florian Chojnice	1955	101 M		M60 / (5)	00:46:42	136 01:32:47	136 02:21:56	136 03:09:46	133 03:57:22	128 03:45:13	<b>03:43:45</b>	00:06:46
123	234	JANICKA	KATARZYNA	KOSZALIN	TKKF Koszalin / GIPOteam	1984	22 K		K30 / (5)	00:41:19	106 01:25:17	116 02:10:08	120 02:59:23	119 03:50:39	119 03:44:05	<b>03:43:59</b>	00:06:44
124	193	ZAKRZEWSKA	EWA	SITKOWKA-NOWINY		1987		23 K	K30 / (6)	00:44:52	124 01:28:40	124 02:12:58	123 03:01:25	122 03:46:00	112 03:46:00	<b>03:44:43</b>	00:06:47
125	158	RECZULSKI	JAKUB	TOMASZÓW MAZOWIECKI	Hufiec ZHP Ziemi Ostrzeszowskie	1992	102 M		M25 / (7)	00:37:39	62 01:16:52	78 02:00:01	92 02:51:21	106 03:50:14	118 03:46:25	<b>03:46:00</b>	00:06:47
126	818	GODLEWSKI	GRZEGORZ	SZCZECIN		1980	103 M		M35 / (22)	00:48:13	143 01:38:42	147 02:34:14	147 03:39:24	155 04:49:51	155 03:49:01	<b>03:46:15</b>	00:06:51
127	322	RUTKIEWICZ	MAREK	NIEDZWIEDŹ	Stargardzki Klub Morsów Miedwia	1966	104 M		M50 / (12)	00:47:28	140 01:34:24	139 02:21:56	136 03:09:01	132 03:56:58	127 03:47:13	<b>03:46:16</b>	00:06:48
128	2002	KACPERSKI	SŁAWOMIR	SZCZECIN		1958	105 M		M55 / (4)	00:39:56	93 01:24:39	114 02:12:58	123 03:04:07	125 03:55:07	125 03:47:08	<b>03:47:06</b>	00:06:48
129	173	STEMPNIAK	ZBIGNIEW	HEL	REBELS LEGION TEAM	1976	106 M		M40 / (25)	00:45:16	128 01:30:04	126 02:17:38	125 03:07:04	130 03:57:29	129 03:50:36	<b>03:48:23</b>	00:06:53
130	195	GRABOWSKA	MAJA	OSTRZESZÓW		1993		24 K	K20 / (1)	00:40:30	98 01:18:59	89 01:57:53	82 02:44:08	95 03:52:48	123 03:53:05	<b>03:52:44</b>	00:06:57
131	183	SIEMIERNIK	DARIUSZ	KOSTRZYŃ NAD ODRĄ	1975	1975	107 M		M40 / (26)	00:43:21	118 01:25:35	119 02:10:04	119 03:00:50	122 03:59:18	133 03:54:21	<b>03:52:48</b>	00:06:59
132	229	MICHALSKA	AGNIESZKA	WINOUJCIE		1962		25 K	K55 / (1)	00:45:48	130 01:31:01	130 02:17:43	127 03:07:00	129 03:58:12	131 03:55:57	<b>03:53:36</b>	00:07:01
133	209	DYRCZ	MARIKA	SŁAWNO	Vege Runners	1981		26 K	K35 / (5)	00:49:30	149 01:36:41	142 02:26:01	141 03:15:54	138 04:06:48	136 03:56:46	<b>03:54:42</b>	00:07:02
134	212	WASZKIEWICZ	TADEUSZ	KOSZALIN		1952	108 M		M65 / (1)	00:41:25	107 01:24:12	112 02:09:41	116 03:00:07	121 03:55:39	126 03:54:59	<b>03:54:58</b>	00:06:59
135	199	SIWEK	KRZYSZTOF	ZŁOTY STOK		1967	109 M		M50 / (13)	00:45:05	127 01:29:25	125 02:17:39	126 03:07:11	131 04:04:00	134 03:56:20	<b>03:54:59</b>	00:07:01
136	231	MAJEWSKI	MARIUSZ	WINOUJCIE	Biegacze ŚWINOUJCIE	1977	110 M		M40 / (27)	00:41:26	109 01:22:59	106 02:05:21	107 02:55:17	115 03:58:12	131 03:55:57	<b>03:55:14</b>	00:07:01
137	202	AUGUSTYNIAK	RADOSŁAW	GDYNIA	Mamy To!	1973	111 M		M40 / (28)	00:46:13	133 01:33:34	137 02:21:31	133 03:16:19	141 04:06:48	136 03:58:44	<b>03:56:27</b>	00:07:05
138	700	MACIEJEWSKI	WOJCIECH	GOLENIÓW		1971	112 M		M45 / (15)	00:45:00	125 01:35:31	140 02:21:51	134 03:13:30	135 04:08:50	137 03:59:30	<b>03:57:49</b>	00:07:06
139	153	MALESZA-HOUSIN	JOANNA	KOSZALIN		1973		27 K	K40 / (7)	00:48:43	146 01:37:33	144 02:26:30	144 03:16:12	140 04:11:02	138 04:02:10	<b>04:01:34</b>	00:07:10
140	119	HAŁAJKO	MAGDALENA	KOSZALIN	Heisenberg Team	1982		28 K	K35 / (6)	00:48:44	147 01:37:34	145 02:26:29	143 03:16:12	140 04:11:04	139 04:02:10	<b>04:01:38</b>	00:07:10
141	15	KABATA	JACEK	MRZEŻYNO	JW 3937 Mrzeżyno	1972	113 M		M45 / (16)	00:46:39	135 01:31:54	133 02:20:58	131 03:15:26	137 04:11:28	140 04:10:25	<b>04:08:44</b>	00:07:21
142	128	DZIEDZIC	IZABELA	GDĄSK	366 Witunia	1982		29 K	K35 / (7)	00:46:38	134 01:31:53	132 02:20:59	132 03:15:26	137 04:11:29	141 04:10:25	<b>04:08:45</b>	00:07:21
143	12	GLADYSZ	LUKASZ	SZCZECIN	TT SZCZECIN	1981	114 M		M35 / (23)	00:47:28	140 01:32:20	134 02:22:53	137 03:19:08	142 04:12:57	142 04:12:57	<b>04:10:36</b>	00:07:25
144	983	MROCKOWSKI	MAREK	KOSZALIN	Rozbiegany Koszalin	1983	115 M		M30 / (13)	00:52:13	156 01:45:45	155 02:41:40	154 03:34:47	150 04:26:32	146 04:20:30	<b>04:17:59</b>	00:07:36
145	796	SKIERKA	GRZEGORZ	SŁAWNO		1984	116 M		M30 / (14)	00:52:12	155 01:45:46	156 02:41:41	156 03:34:47	150 04:26:33	147 04:20:31	<b>04:17:59</b>	00:07:36
146	172	WOJANOWSKI	ZBIGNIEW	GRUDZIADZ	Biegam bo lubię	1957	117 M		M60 / (6)	00:44:51	123 01:31:35	131 02:26:20	142 03:21:01	144 04:19:58	143 04:22:24	<b>04:20:01</b>	00:07:38
147	108	KEMPCZYŃSKI	PIOTR	GDYNIA	Husaria RUN Gdynia	1973	118 M		M40 / (29)	00:48:37	145 01:37:00	143 02:27:05	145 03:21:01	144 04:21:18	144 04:28:36	<b>04:26:19</b>	00:07:47
148	17	STOSIO	KRZYSZTOF	KOSZALIN	100SIO.PL	1981	119 M		M35 / (24)	00:47:47	142 01:33:40	138 02:22:54	138 03:21:51	145 04:21:26	145 04:28:42	<b>04:26:23</b>	00:07:47
149	154	VENTRE	CARMELO	BERGAMO	Runners Bergamo	1966	120 M		M50 / (14)	00:47:32	141 01:39:53	150 02:35:50	151 03:29:41	147 04:31:09	148 04:32:58	<b>04:32:24</b>	00:07:53
150	189	GAWRONSKI	PAWEŁ	KOSZALIN	Ogień W Szopie	1989	121 M		M25 / (8)	00:46:52	138 01:35:52	141 02:29:41	146 03:28:11	146 04:32:33	150 04:36:02	<b>04:34:39</b>	00:07:58
151	999	BORYS	PRZEMYSŁAW	KOSZALIN	Biegnijmy.pl	1983	122 M		M30 / (15)	00:52:00	154 01:45:43	154 02:41:41	156 03:34:55	151 04:31:53	149 04:37:41	<b>04:35:09</b>	00:08:00
152	137	STRZELECKA-DRAGUN	HALINA	SŁUPSK	Integracyjny Klub Sportowy ZRYW	1955		30 K	K60 / (2)	00:49:14	148 01:40:18	151 02:35:16	150 03:34:16	148 04:37:35	151 04:41:00	<b>04:39:18</b>	00:08:05
153	124	HELLER	ZDZISŁAW	KOSZALIN	nierzeczony	1956	123 M		M60 / (7)	00:48:29	144 01:41:19	152 02:40:30	153 03:36:39	152 04:40:38	152 04:51:55	<b>04:51:35</b>	00:08:20
154	149	JAKUBCZYK	AGNIESZKA	SZCZEGolino	Rozbiegany koszalin	1987		31 K	K30 / (7)	00:50:15	153 01:38:53	148 02:35:02	148 03:36:42	154 04:48:00	154 04:56:52	<b>04:54:29</b>	00:08:27
155	127	DUDA	MARZENA	KOSZALIN		1975		32 K	K40 / (8)	00:49:57	151 01:39:39	149 02:35:11	149 03:36:42	154 04:47:58	153 04:56:52	<b>04:55:06</b>	00:08:27
156	910	SZEWCZYK	RAFAŁ	WARSZAWA	PRAMERICA	1975	124 M		M40 / (30)	00:49:51	150 01:41:21	153 02:37:42	152 03:46:17	156 04:54:31	156 04:56:52	<b>04:56:46</b>	00:08:27
157	122	KAPUŚCIŃSKI	ZBIGNIEW	SZCZECIN	Polmotor Subaru Team	1972										<b>DNF</b>	
158	160	SPLAWSKI	DANIEL	SZCZECIN		1986										<b>DNF</b>	
159	162	SZCZYGIEL	KRZYSZTOF	KOSZALIN		1969										<b>DNF</b>	
160	176	GRODZKI	TOMASZ	DARŁOWO	zsm darłowo	1974										<b>DNF</b>	
161	186	WYGRALAK	PIOTR	POZNAŃ	Drużyna Szpiku Poznań	1986										<b>DNF</b>	
162	207	FERENC	RAFAŁ	MIĄSTKO		1983										<b>DNF</b>	
163	211	KARCZ	ARTUR	MRZEŻYNO	Orzeł Mrzeżyno	1979										<b>DNF</b>	
164	213	LUPKE	MARCIN	DARŁOWO	Studio13 Darłowo	1990										<b>DNF</b>	
165	216	PEKAŁA	PIOTR	KOSZALIN	Rozbiegany Koszalin	1971										<b>DNF</b>	
166	220	LASKOWSKI	GRZEGORZ	BIESIEKIERZ		1987										<b>DNF</b>	
167	304	MISZCZYK	JAN	KOSZALIN	Rozbiegany Koszalin	1988										<b>DNF</b>	
168	333	HOLUBASZ	PAWEŁ	LEBORK	SIARA	1978										<b>DNF</b>	
169	696	KWIECINSKI	FELIKS	WOLIN		1991										<b>DNF</b>	
170	900	KRYSKE	BARTOSZ	BIAŁE BŁOTA	Spójnia Białe Błota	1985										<b>DNF</b>	
171	963	JANKOWSKI	JAKUB	BRWINÓW		1990										<b>DNF</b>	
172	974	JAROSZ	DARIUSZ	SUCHA KOSZALIŃSKA	TKKF Koszalin	1974										<b>DNF</b>	

Legenda: M - mężczyzna, K - kobieta

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